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February, 2023



# FEBRUARY



## AGCC – Presidents Report

By: David Tager (Muirhead)

Now that the December holidays are in the rear-view mirror, I hope you all had a wonderful festive season with family and friends! As we are in the second month of the New Year, and the third month of the membership year, your management team and the Board are already focused on making the 2022/23 season the best one yet. I hope you agree that we are off to a good start, given the many events offered including Kids' Week activities, a wonderful Hanukkah dinner, an elaborate Christmas Brunch and two New Year's Eve celebrations; a Masked Ball Dinner dance in the Clubhouse and a superb dining experience in the Oasis. I am also pleased to report that the feedback from members regarding the newly established chicken take-out dinner is "over the top." Your Board of Directors feel fortunate to be working with a management team who are both creative and very receptive to new ideas.

At this time, our sleeves are rolled up as the Board and Management have a number of important tasks that we are currently working on, which include:

**By-law Revisions:** We have begun an extensive review of the Club's By-laws, which were last up-

*(continued on page 2)*

## Aberdeen POA

By: Paul Green (Turnberry Isle)

The POA is the representative body for Aberdeen's 25 communities and the Club. Each of the communities within Aberdeen has elected officials serving on the POA Board who help the POA and its officers adhere to a transparent process in budgeting and financial matters, legal issues, operational and administrative oversight and annual goals. POA Board members bring back to their respective communities the decisions the POA Board has made to help keep Aberdeen a well maintained and safe environment, one that is a desirable place to live.

The Presidency of the POA brings with it many responsibilities that encompass a wide range of issues, decisions, problems looking for solutions, and an understanding of the complex operational activities of the POA. The POA is an organization that operates on a \$5.5 million budget and works on behalf of all Aberdeen residents.

Doug Chuka, the current President of the POA, was elected for a two-year term that started in March of 2022. Raised in a small rural New Jersey town, married to Ive Lloyd for 36 years, they have a daughter and one grandchild. They have been associated with Aberdeen since around 2000, first in Stratford for a few years and then in Muirhead, where they

*(continued on page 4)*

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**ABERDEEN POA...***(continued from page 1)*

now reside. I recently interviewed Doug for this article, to give residents an insight into Doug's work on behalf of the Aberdeen community, his background and volunteer involvement.

*Doug, how did you start your Aberdeen volunteer involvement and arrive where you are today?*

My Aberdeen volunteer involvement did not take what most would consider a traditional route. I never served on the Muirhead Board. I was asked to be the POA representative for Muirhead. After some time listening and learning about the POA, I was approached to be on the POA executive committee. From there, I became Vice President and now, honored to serve as President.

*You had an interesting 30 year career on the claims side of the insurance industry. As we all do, you probably bring that experience to your volunteer involvement?*

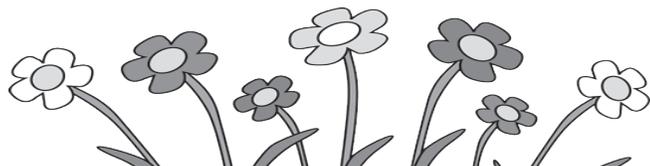
I had the ability to meet people across a wide range of diversity, demographics and personalities, in addition to handling complex issues that impacted lives. That experience has been helpful in working with the many dedicated people I interact with in my role as President of the POA. I told my fellow Board members, good or bad, I'll lay out the facts so we can work to successful conclusions on behalf of the community. The transparency of the POA's Board decisions has evolved and grown over the years and we'll continue that important organizational commitment.

*2022 a Challenging year?*

First, for any volunteer leader, governing during COVID was a challenge. We had to be creative and nimble to do the work required. The POA faced some critical organizational challenges. However, we were successful in keeping our community together.

*Hopes for 2023?*

I would like to think it will be a year of healing, that we engage more people to be involved in the POA's daily activities, to keep the organization vibrant, and, that working together we'll leave a positive legacy to keep Aberdeen a desirable place to live.



*Editor's Note - The Aberdeen Times welcomes human interest or feature articles. If you have an interesting story to tell, we would love to publish it.*



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## True Life Moment Invokes Great Visual

By: Maris Levy (Addison Green)

My husband worked in the New York City Garment Center. He dealt with numerous clients and continues to keep in touch with those with whom he developed a personal friendship. One of these friends is a woman named Claudia who lives in Seattle, Washington. Periodically, they converse on the phone to catch up on each other's health, family news and lives in general. He knew from their conversations that Claudia's daughter was getting married at the end of December, so he called to congratulate her and ask how the wedding went. She told him everything went well and that it was a beautiful affair. She then proceeded to tell him a story about one momentous interesting happening at the affair.

Claudia's daughter, the bride, has a very close friend who has a boyfriend that she's been dating for a number of years. Claudia knows her daughter's friend and her boyfriend quite well. As the story goes, the boyfriend, being a gentleman and a thoughtful guy, considered that it would be proper and really nice to ask the "Mother of the Bride" for a dance. So, when the band played music for a slow dance, he went over to Claudia and politely asked her to dance. Of course, she smiled and accepted his invitation. The only problem with his thoughtful invite is that Claudia is 5 foot 2 inches tall and he is 7 foot tall. Picture that!!! She said she didn't know where to put her hands! Now that's some hilarious visual to perceive!!! Oh yes, and she said her neck still hurts.



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## Bermuda Isle Buzz

By: Eliot Ostrow

**February 2023!!!** Hard to believe that another year has passed us by, and that most of our holiday guests have left us. It was great to have them here, and things seem eerily quiet with them gone. Now we can look forward to President's Day and Spring Break/Passover/Easter for our next large-scale "invasions."

Since we're a month into the new year, that means we're already into the "I *tried* to keep my New Year's resolutions...really I did" phase of 2023. I personally gave up on making New Year's resolutions many years ago. To paraphrase W.C. Fields in his (in)famous *Temperance Lecture*, "One must be careful in making resolutions, particularly New Year's resolutions. The trouble lies in the fact that we often put off making those resolutions until 2 a.m. New Year's morning. This is a bad time to think of reform." A wise man he was, indeed.

Here in Bermuda Isle, we wrapped up 2022 with a bang, and are moving ahead from there. We had our annual homeowners' meeting in December and elected our Board of Directors and our officers. We have a great blend of long-serving directors and new ones, ensuring continuity and institutional memory on one hand and fresh thinking on the other. I (Eliot Ostrow) remain President, with Leon Haimés and Bo Bosch as Vice-President and Treasurer, respectively, and Annette Pappas taking over as Secretary; Steve Chodos and Harvey Schwartz remain on the Board as directors-at-large.

On the infrastructure side, we put in our new RFID tag entry system, so we no longer need to use clickers to open the gates. It seems to be a big hit with the community. Thanks to Leon Haimés

(continued on page 8)

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**BERMUDA ISLE BUZZ...**(continued from page 6)

and Harvey Schwartz (and others) for making the transition go so smoothly. We also redid a sizable portion of our sidewalks in late 2022, which makes walking safer and more pleasant. Harvey Schwartz spearheaded that project with his usual eye to detail. Coming soon will be the repainting and renumbering of our mailboxes, as well as the power washing of our sidewalks, driveways, and walkways. As the year goes on, we plan to renovate and spruce up our pool area, including a long-overdue update to our bathrooms that will make them accessible to all our residents and guests.

We've also returned to a nearly full schedule of social events and activities. By the time you read this, we will have had our pool party/barbecue (if the weather cooperated) and restarted our monthly ladies' luncheons and men's dinners. We're finally having the chance to get to know all our new neighbors and make new friends; almost half of the homes in Bermuda Isle have changed hands since the COVID era began. Welcome to all of you!

Our merry band of writers for the *Bermuda Isle Buzz* column in the *Aberdeen Times* has dwindled from five to three. If anyone in the community

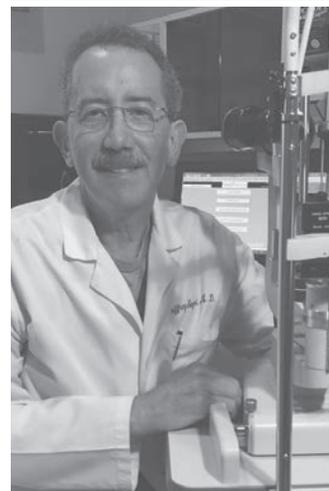
would be interested in sharing their thoughts with our Bermuda Isle neighbors and the greater Aberdeen community, either as an occasional thing or as part of our regular rotation, please let me know.

I hope your year is off to a great start, and that 2023 is full of good health, happiness and good times, and peace for all of us and for people everywhere.

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## Canterbury Communique

By: Dee Levy

Greetings from the Canterbury Community! Yes, it's February, a month filled with holidays and special events including Groundhog Day, Valentine's Day, Presidents Day, and Super Bowl Sunday. Not to be forgotten is Black History Month, a national holiday, whose theme for 2023, "Black Resistance", reviews how African Americans have fought repression from America's earliest days. As Venus Williams said, "You have to believe in yourself when no one else does-- that makes you a winner right there."

In continuing with our focus on famous Floridians, who have spent a significant amount of time living in Florida and/or shaping events in the state, we have chosen to highlight Zora Neale Hurston. An author, folklorist, and anthropologist, her works focused on African American culture and the rural south. The novel "Their Eyes Were Watching God" is considered one of the most important and enduring books in the canon of African American literature.

Zora Neale Hurston was born in Alabama in 1891, but at a young age moved to Eatonville, Florida (the first black-incorporated municipality established by African American freedmen) where the family flourished. She earned an associate degree from Howard University and later attended Barnard College where she graduated with a bachelor's degree in anthropology. While in New York City, she joined and became a central figure in the black cultural renaissance which was taking place in Harlem.

In 1937, Hurston wrote what would become her most famous work, "Their Eyes Were Watching God". Using her hometown of Eatonville as the setting, she explored the lives of Black Americans in the south, providing insight into the experiences of southern Black women. Her aim was to create a socially and emotionally realistic picture of life in her home state of Florida. She sought to present the world as she saw it, but was criticized by some who felt that she glossed over the racism and suppression Black Americans faced. They also believed that her portrayal of Southern Black dialects and folkways furthered racial stereotypes.

In writing "Their Eyes Were Watching God," Hurston used her personal experiences and research as a guide. The all-black Eatonville in the book is the

same town in which she grew up. The hurricane and devastation she describes is that of the 1928 hurricane, which ravaged coastal and inland areas of Florida and brought torrential rains that broke the dikes of Lake Okeechobee, causing massive flooding and loss of life.

When first published, the book was poorly received and subsequently out-of-print for almost thirty years. Hurston was virtually unrecognized until Alice Walker wrote in her essay "Looking for Zora," that the Black community's rejection of Hurston was like "throwing away a genius." "Their Eyes Were Watching God" was reissued in 1978 and has since become a highly acclaimed and widely read novel. Interestingly, the book is read in high schools throughout the US, and was also chosen by the Palm Beach County Literary Coalition in their "Read Together Program" in 2004.

Zora Neale Hurston suffered a stroke in 1959 and died of heart complications the following year. Poor and relatively unknown at the time of her death, she is now, posthumously, considered an important voice in the literary world of the Harlem Renaissance and an inspiration to future generations. She was inducted into the National Women's Hall of Fame in 1994. Eatonville and Ft. Pierce hold annual festivals celebrating her life, and her house in Ft. Pierce has been designated a National Landmark.

In closing, we extend Kudos to the Board and to all those involved with the completion of the roofing project. To all our Aberdeen friends and neighbors, we wish you good health, happiness, and success in all your endeavors. Stay Well...Stay Safe and have a great month!

All those would like to join us  
for the upcoming celebration  
of the "38 Club" (born 1938),  
please call Anne Slakter at  
560-509-7776 or Dee Levy at  
561-336-3582.

## Bob's Musings

By: Bob Marsey (Dorchester)

One of my friends, Zvi Zeitlin, was a professor of violin at the Eastman School of Music, a division of the University of Rochester. He was the top professor in his field.

He was born in Russia and immigrated to what was then called Palestine at age 2. He had to leave Russia because his father's politics offended the Russian government. In Palestine, he took up the violin and, by the time he was 11, he earned a scholarship to Julliard in NYC. In fact, at that time, he was the youngest scholarship student at Julliard studying violin.

His father was a physician who had a small laboratory connected to his office in Rochester. Zvi was concerned that he might not be successful as a violinist. So, as a backup, he studied to become a chemist. In his father's lab, he conducted chemical experiments. One day, while waiting for an experiment to be complete its reaction, he studied his music. His father came into his office and noticed the smell of something burning. Zvi's experiment had caught on fire and smoke was filling up the office. It was at that point that Zvi realized that music was his only calling.

During the many years of our friendship, Zvi told me several stories about his students. One of those stories is about a very accomplished female student who wanted Zvi to help her prepare for a concerto competition. She wanted him to teach her how to play a particular piece of music. Zvi asked her if she knew anything about the composer of the piece she wanted to play. She answered no. He then asked her if she knew anything about what was going on in the world at the time the piece was composed. She again replied, no.

Zvi ripped up the music and told her to come back when she did know something about the composer and something about the time, in which he lived and wrote the piece.

When Zvi related that story to me, he asked me if I was uncomfortable with what he had done. I said I think you were very mean. He then went on to tell me that she did come back with a great deal of knowledge about the composer and the world he lived and wrote in and was eventually hired by a major American orchestra. She has had two violin teachers since leaving Eastman, but Zvi's picture is the one inside her violin case.

You can Google Zvi Zeitlin if you're interested in more of his accomplishments.

## Small World II

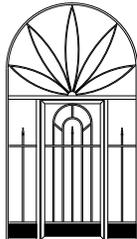
By: Janet Friedman (Hamptons)

### PART I

I have been teaching now for several years and am one of five teachers involved in an experimental non-graded program in New York City. It is a wonderful experience. At the beginning of my 4th year, I am given a student teacher. This teacher is a woman much older than I. She will be with me for a term. At first, I am very happy to have help. In this teaching situation I have children in my area ranging from 5 to 9 years old. I can use all the help I can get.

However, from the very beginning, there are many problems. This woman has absolutely no patience. She is not kind and does not know how to speak to children. She is not even considerate with me. She criticizes what I am wearing! (The nerve. I always thought I dressed ok). She does not like the car I drive! (What? I never even noticed what she drove...and what does she care anyway?) There are a million things she is only too happy to tell me that she disagrees with. It's unbelievable. This is not going to

*(continued on page 11)*



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**SMALL WORLD II...**(continued from page 10)

be an easy situation...and it is not! As the term goes on, I realize that she reminds me of my mother!! My mother was a very difficult woman. Well...I've been handling my mother for 24 years. I think I can handle this woman for 1 term.

By the time the term is over, I cannot stand another minute of this obnoxious person. I am only too happy to see her walk out the door and get out of my life! When she says good bye for the last time, she just has to make sure I know that my new haircut is very unbecoming!!! This whole experience with her has been worse than horrible!!!

**PART II**

Eight years later I am getting ready to send my second son to nursery school. There is a cooperative school in the area with which I have been involved. I was on the board when my first son attended and we both had a wonderful experience there. I am looking forward to this year and to being involved once again and making lots more new friends.

The school year is a big success. My son has been very happy in this class. I have had a good year too. I have been on the board again and have met a lot of very special people. I have met Jani. We have become best buddies. We share so many things... good and bad. We both love to cook and share tons of recipes. We both love art and are always running to museums in the city. We love to read and are always sharing books. Our kids and husbands have become good friends as well.

We both have very difficult mothers. We talk about them all the time. Jani has not spoken to her mother in years. She tells me that she knows her mother is more difficult than mine. That her mom is the most difficult woman in the world. She tells me about the horrible times she had growing up. I tell her about mine. I tell her about my horrible, obnoxious student teacher that I had so many years ago and how she reminded me of my mother.

**PART III**

Six years later I am getting ready for an art show in my home. My sister is an amazing artist and I have finally found a good use for the lonely hidden living room in my splanck! The splanck's empty living room is huge! We will display Laura's work there. Laura is just becoming known. She has basically invented a new art form. Several of her pieces have been

(continued on page 12)

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**SMALL WORLD II...**(continued from page 11)

accepted into the Smithsonian. We begin planning the show. I invite everyone I ever knew and tell them to bring all their friends as well. We have easels made in my family's steel shop. My sister brings all her pieces to my home, we display them and we are set! Cheese, crackers, wine.

The evening is a huge success. My sister sells every single piece except for the one she gives me. As everyone is leaving, my friend Jani comes up to me. She is with a woman who looks kind of familiar to me. She introduces me to her mother. I am so glad that they are on speaking terms again! I say hello and how nice it is to finally meet her and then her mom says, "Don't you recognize me?" "You do look familiar." I say. Then she says, "I was your student teacher about 20 years ago". OMG!!! OMG!!! My horrible student teacher is Jani's mother!!! WHAT ARE THE ODDS??? WHAT ARE THE ODDS??? I ask if she has been teaching all these years. She tells me she has. (OH NO, I think). But maybe I am not being fair. Maybe she changed and had become a good child advocate and teacher. After all, Jani is on speaking terms with her again. But as they are leaving, she says to me "You know you painted your house the wrong color!!! (You're kidding!!!) This

room should have a dark grey wall"...and on and on and on she goes. And...Jani was right!!! **Her mother is the most difficult woman in the world!**

**PART IV**

Some years later my husband and I are on our way to Jani and Larry's house. They are making a New Year's Day brunch to celebrate the engagement of their son Jason. As we enter their living room, we see my husband's first cousins Nancy and John there! We are so surprised to see them. They are so surprised to see us! "What are you doing here?" we ask. "We didn't know you knew Jani and Larry." "And we did not know you knew them either. It's our daughter Amy who just became engaged to their son Jason" they say. WHAT ARE THE ODDS??? WHAT ARE THE ODDS??? SO UNBELIEVABLE!!! Wait...WAIT... **This means that I am related to Jani's mother by marriage.** OMG OMG!!! She will be my cousin's grandmother-in-law! She will be at all our family functions!! I will have to invite her to my home when I make big family dinners! Who will I sit her next to? Who needs to have their whole life commented on and contradicted? I know...MY MOTHER!!!

We are all so connected. We may not know how. But we are. We need to respect and be kind to each other for the odds are always out there looking to catch **YOU!!** IT'S A SMALL WORLD AFTER ALL. IT'S a very small, small world.



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## Lancaster Lakes

By: Phyllis Arnauer

Fun, Friends, and February. Here we are in the shortest month of the year. Twenty-eight days to enjoy everything Aberdeen has to offer. On February 10 you can celebrate at the Valentine's Day Dinner Dance. During President's Week you can enjoy all the activities for your family, if they are visiting. The club's golf championships will take place February 20-26. Hopefully, the promises you made to yourself and others in January are taking shape. As I sit in my kitchen writing this, it is 42 degrees, windy, and cloudy. As a result, it is very hard to motivate myself to go to the gym. In my head, I hear the voice of January, "Move the body!" January has a really annoying voice! But I will bundle up and head out to walk on the treadmill while I watch Sunday Morning. In my note to the Lancaster community, I referenced the movie Groundhog Day and asked if you had any one day in your life that you would relive over and over, as in the movie. I did not receive any responses and I think I know why. If we have lived full and mostly happy lives, there are so many days we would love to experience over and over. I mentioned the premise to my daughter, and she immediately chose her wedding day and the three days when she gave birth to her children. Then she remembered the great joy and relief the day her oldest child was accepted into the college of his choice. There are just too many days of happiness to pick just one. How lucky to have so many of these memories.

As a wedding day goes, David's and mine was particularly rainy and dismal. However, that night I remember sitting on the bed in the Concourse Plaza Hotel in The Bronx counting all the checks and cash we had received! Tacky, right? But a memory to relive many times over! I remember my first time on an airplane heading to Montego Bay, Jamaica for our honeymoon. I can still feel the nervous excitement as the plane soared through the clouds. I relished the meal that was offered, a choice of chicken or beef. That meal was my distraction from nerves and anxiety. Do you remember when an actual meal was served on the plane? Then we landed on the tarmac and walked down the ladder onto the hot Caribbean ground. That was fifty-seven years ago and I would relive that bubbling, expectant, anticipatory feeling

over and over again. Of course, I was a naive and sheltered twenty-two-year-old who was never farther from home than Orchard Beach in the Bronx or the Museum of Natural History in Manhattan!

In addition to Valentine's Day, February offers other special days. Super Bowl LVII will be played on February 5, National Pizza Day is February 9, President's Day is February 20, and National Margarita Day is February 22. Make every day of the shortest month of the year count!

Lancaster Lakes welcomes these new residents and wishes them happy times at Aberdeen: Lawrence and Sue Bernstein, Elliot and Barbara Madans.

Jerry Levine celebrated his very special 90th birthday with friends and family. We wish him many happy years.

Happy February to all!

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## Ahoy From the Moorings

By: Carol Ruth Baldwin

### Second Generation Residents

In the Moorings, there is a special group of people. Like me, they moved here, some to live with their parents, and some who inherited their parents' homes, as I did. Stephanie and Larry Cohen are members of this group of "Second Genners", as they inherited Stephanie's parents' home. Larry recently became president of The Moorings HOA. Stephanie is on the board of the Social Travel Club, and works on the Welcoming Committee. Here is the story of Stephanie and Larry Cohen's journey to The Moorings.

My parents were Ethel and Hy Fialkow. Growing up in Natick, MA, I had an aunt and uncle that lived on our street and another set that lived in the next town over. They both retired and relocated to Delray Beach. When my parents were ready to retire, they decided they didn't want to recreate the same situation they had up north. They liked the convenience of having family nearby but preferred them to be not TOO close. They wanted their own set of friends, so they took a chance on a new community and an up-and-coming city called Boynton Beach.

I believe they read an ad in their local paper that offered a seasonal rental in Aberdeen. For two years they became snowbirds, renting a furnished unit in the Coves. In August, 1985, they jumped at the

*(continued on page 14)*

**AHOY FROM THE MOORINGS...***(continued from page 13)*

opportunity to own a new home and put down a \$1,000 deposit on an empty piece of land known as lot 75, bldg. 19, our current address in the Moorings. Even though my father passed away in February 2002, my mom continued to live here until she passed away in August 2016.

Our first child was born in July of 1985, and I remember our family visiting my parents during that winter when they rented in the Coves. Larry and I were impressed with the area and thought about the possibility of relocating to Florida someday. Over the next several winters, we would often visit my parents. It was the stereotypical Florida lifestyle. We had to be seated before 4:30 for the early bird dinner. They never turned the A/C on in the winter. When we complained, they would turn it on and put on their sweaters. As guests, our children had the back bedroom, and we shared a pull-out sofa bed with a steel bar that dug into our backs. Eventually, we did make the move to Florida. We left our jobs and relocated to Coral Springs, Florida in August, 1992.

For the next 30 years we continued in our careers in the healthcare and financial fields. Eventually, we became empty nesters, sold our home, and rented a condo on the intracoastal in Delray Beach. When my mom passed away, the house was left for me in her will, and we officially took ownership in June 2017. During Covid, we began remodeling our home from its 1986 origins to today's modern style, making it our own. We both retired at the end of 2020 and are enjoying the retired Florida lifestyle in our Moorings home.

*Answer to Jumble Puzzle on page 12*  
*("Coming year with new hopes")*

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**The Sunny Shores**

By: Estelle Morganstein

We were lucky a few weeks ago when we dodged the Storm of the Century and only had to endure some frigid temperatures here in Florida – who can remember the last time we turned on the heat – a distant memory for many of us of our former lives up north!

However, due to the storms we do experience, we all know what has been happening to our insurance rates. In fact, Florida has the highest insurance rates in the nation. We in The Shores are additionally concerned because our roofs are approaching the end of their useful life and will soon need to be replaced. For this reason, your HOA has set up two committees to investigate alternatives to these two major issues facing us in the coming year. These committees will be reporting back to the Board, which will review the options we have and respond accordingly.

If you are concerned about what is happening in our community, we encourage you to attend our monthly board meetings to keep abreast of the newest developments. In this regard, the Board voted to begin making the agenda for future Board meetings available to every homeowner via email. If you have not received the agenda for this month's meeting, please call your secretary Eileen Cowan at 561-732-8139 and give her your contact information.

On a different note, if you would like to reduce your car insurance bill, most insurance companies provide a small reduction if you can provide them with proof that you have completed a safe driving course being offered by AARP. One of these courses is being offered in our club house on February 7th. If you are interested in attending you will need to stop by the club house and pick up a registration form. They are available in the small meeting room behind Lisa's office. There is a \$15 charge to participate.

**NEIGHBOR NEWS**

Get well wishes to Eileen Cowan who is recovering from recent surgery.

If anyone still has their Christmas decorations up, you need to remove them – keep them somewhere safe for next season.

A reminder – when you have service people or guests visiting, please remind them that it is neither

*(continued on page 15)*

**THE SUNNY SHORES...**(continued from page 14)

safe nor courteous to have them park directly across from your neighbor's driveway. We are lucky here in Aberdeen East to have lots of greenspace between driveways for them to park without blocking the exit path for anyone trying to back out of their garage/driveway. As well, a reminder - please ask your visitors/service providers NOT to park on the grass. Doing this not only destroys the growth but can break the water sprinklers which costs us ongoing expense to replace. Thank you for your compliance.

**Sterling Lakes****What Does February Bring?**

By: Judy Lukow

This month we celebrate love. We have Valentine's Day and American Heart Month in the same month and that is no coincidence. Valentine's Day celebrates love for a person and American Heart Month reminds us to love our heart. What brings them both together is a red triangular shaped heart. There are many stories on how this heart shape became the symbol of romantic love and affection worldwide, dating back to the ancient Greeks and Romans. At the core of these stories is the shape looking like the heart. While the word "heart" represents love it also represents various emotions and meanings:

*Kindness:* He has a good heart

*At the center/core:* Let's get to the heart of the matter

*Courage:* She never lost heart while lost in the woods

*Soul:* Deep down in her heart she knew he was telling the truth

So, honoring the word heart with all its diversities, let's have a little heart-to-heart talk about our neighborhood, Sterling Lakes Estates.

**Honey Karasyk:** Last November Honey celebrated her 94th birthday with her children, grandchildren and great-grandchild. She's been living in Sterling Lakes since it was first built in 1994. I met Honey and had the opportunity to get to know a little something about her and wanted to interview her for my article. While I can write a book, I'll write about one of her accomplishments.

**The Refusnik Project:** Russia was persecuting

the Jews and was refusing to allow them to leave Russia. In the mid 1970's through the late 1980's there were campaigns to free USSR Jews. Honey worked with this campaign and helped save lives. One of the significant achievements of this campaign - they succeeded getting the Jackson-Vanik amendment to the Trade Act of 1974. This was instrumental in eliminating barriers to the emigration of Soviet Jewry. The amendment required that non-market economy countries comply with specific free emigration criteria as a prerequisite for receiving economic benefits in trade relations with the United States. While working to get the Jews out of Russia, once they were allowed to immigrate to the US, she also worked to get them housing, furnishings, food and jobs.

She's proud to say she believes. While her children helped her on her various projects in their home, they became more interested in Judaism. I was impressed with her kindness and determination to right a wrong affecting so many people. She is not a selfish person.

To a woman I admire, Belated Happy Birthday, Honey!

**A Bit of News**

**Herb and Carol Kayne:** Herb and Carol celebrated their 70th wedding anniversary! The two lovebirds went on a cruise for ten days thru the Panama Canal and they say they were probably the oldest couple aboard. They danced their bodies away and had a great time! The week before (that of Thanksgiving) their entire family of 20 spent the entire week with them here in Florida, which included 5 great grand-kids! They say, "Aren't we lucky? Who could ask for more."

Congratulations on your 70th Wedding Anniversary!

**Another Note:**

**Herb and Carol Kayne:** Like Honey Karasyk, Herb and Carol have been living in Sterling Lakes since our community first began. They also have a story to tell. They have worked many years bringing Lynn Conservatory Concerts to our Aberdeen Club and raised thousands of dollars for The Conservatory of Music Scholarship Fund.

We have some treasures here at Sterling Lakes!

## BBB Scam Alert

By: Laurie Wohl (Ashford)

### Don't be fooled by a fake package delivery scam

Online purchases and package deliveries skyrocket during the holiday season. Naturally, scammers use this opportunity to trick busy shoppers into giving out their personal information. Here's what you should know about a new twist on delivery scams.

#### How the scam works

You receive a text message from what appears to be a delivery driver looking for your home. It says something like this: "Hi! My name is Tony. I work for FedEx, and I'm trying to find your house. Please call me." If the message seems a little strange to you, trust your gut. It's a scam!

If you call the number, the scammer will ask you to confirm your personal details, including your name, address, and possibly even your credit card information. If you don't remember ordering anything that needs to be delivered, the caller may try to convince you the package is a gift from a friend or relative. According to BBB Scam Tracker reports, the callers are often friendly and professional, making the scam harder to spot.

Also, look out for text or email messages that ask you to reschedule a delivery or pay a small delivery fee. These messages often look legitimate - containing official logos and using professional language. But if you click, you may download malware onto your computer that gives con artists access to personal information and passwords.

In either case, the package doesn't exist. If you give up your personal information, it will be in the hands of con artists, and you'll be at risk of identity theft.

#### How to avoid delivery scams

- Keep track of your deliveries. Scammers hope you'll just assume they are talking about a package you ordered recently, without double-checking. It will be much harder for them to fool you if you know what packages you are expecting, from what companies, and when.

- Know delivery company policies. Delivery companies will never contact you with unsolicited calls or texts. Depending on how you signed up for

notifications, messages usually are posted within a secure online portal. Be leery of unsolicited messages, especially if you never signed up for text alerts.

- Never give sensitive personal information to strangers. If an unsolicited caller asks you for personal information, even if they claim to represent a company you trust, hang up and call the company using the official customer service number. Calling the company yourself is the best way to determine if the inquiry is legitimate or a scam.

## Coming Out to Grandma

By: Bea Lewis (Guest Columnist)

A dozen or so years ago, when it was weeks before my first-born grandchild went off to her freshman year of college, she called to say good-bye. "I'd like to visit with you before I leave," she said, "I have something to talk to you about."

I was delighted that she wanted to spend some of her busy time with me, but was curious about what she wanted to share.

Thoughts of possible topics swirled around in my head and as she walked up the driveway, I noted the serious look on her face.

"What's up," I asked, feeling somewhat nervous as to what she had to say. "I'll get right to the point," she whispered, finding it hard to look at me as she spoke.

"Grandma, I'm gay," she said, stuttering a two-word sentence. "I'm **gay**," she repeated, emphasizing the second of the two words, making sure I understood.

"This is probably hard for you to take, but I don't want to keep secrets from you - I'm a lesbian."

To put it mildly, I was shocked. I put down the glass of iced tea I was drinking, and began to quiz her with a million questions. "Sweetie, when did you first find out? Are you really sure?" My inquiries were nonstop.

My grandchild was "coming out," (this is the phrase that's used when someone has chosen to let others know that he or she is gay or lesbian)

Truth be told, I felt bewildered as to how I should respond. But looking at her serious expression, I knew that I needed to be supportive to such a sensitive piece of news.

Because I knew how difficult it was for her to tell me, I decided to speak from my heart and said, "You

*(continued on page 18)*

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**COMING OUT TO GRANDMA...***(continued from page 16)* are the love of my life, and whatever makes you happy, makes me happy, too.”

This beautiful young woman broke into a smile, and was obviously relieved. “I knew you would accept me no matter what.”

Theoretically, I’ve always felt it’s a good thing that our society has become more accepting of diversity – and that includes gays and lesbians, even transgender people. But on that day, I guess I talked the talk, but was not yet ready to walk the walk. It simply hit too close to home and I wasn’t sure that I could accept my granddaughter’s unexpected news.

We changed the subject to talk about other areas of her life, including her anxieties about going away to college, the goals she had scored in soccer, and the dreaded math courses she was taking to prepare for her SAT exams.

As she jabbered away, I began to understand that my granddaughter’s sexual orientation is only one small part of who she is, a tiny fraction of this fabulous young woman.

My first-born grandchild – the little girl with whom I spent hours playing make believe with her dolls had grown into a fabulous woman and felt comfortable enough to confide in me her much older (and slightly outdated) grandmother. Although complete acceptance took me time, I am now at peace with the fact that this wonderful child and millions of others can live their authentic selves.

**UPDATE:** My granddaughter is now married, and she and her lovely partner are expecting a baby in 2023 – and I will become a great-grandmother! What better news is that!



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## Marty's Recipes

By: Marty Hyman (Waterford)

### Beef Tenderloin with Sage Polenta & Tomato Confit



When most people think of a visit to Italy, destinations like Venice, Florence and Rome are among the first that come to mind. But there are other wonderful places to visit that are off the beaten path. One such enjoyable town is Stresa, a small town that overlooks the eponymous islands on Lake Maggiore in the Piedmont region in Northern Italy. It is around an hour by train, northwest of Milan, and less than an hour from the border with Switzerland.

Stresa's most famous visitor is probably Ernest Hemingway whose novel, Farewell to Arms, was published in 1929 and is partially set in Stresa. During World War One, Hemingway was an ambulance driver in Italy. In 1918 he was injured and allowed to convalesce in Stresa. He checked into room 106 (now known as the "Hemingway Suite") of the Grand Hotel des Iles Borromées. When he returned in 1948, he rather sweetly signed the guest book as simply "Ernest Hemingway (an

old client) ". Stresa has beautiful countryside, architectural gems and a mild climate that combine to make Stresa one of the most popular but less visited attractions in Italy. Stresa draws visits during spring and summer for the beauty of Lake Maggiore and its spectacular islands. Since the late 19th century Stresa has been renowned for its sophisticated atmosphere and genteel visitors, and today still enjoys an impressive roster of cultural, musical and meeting events.

Next door to the Grand Hotel is one of the best hotels in Stresa, right on the lake, the LaPalma. Its rooftop pool and cocktail lounge provide the best views of the lake and its islands. One of the features of La Palma is their excellent cuisine available to all guests. This recipe is similar to the one served in their award-winning restaurant, by chef Enrico Varalli.

#### For the Steak:

- 4- 4-oz beef tenderloin filets
- 1/4 tsp sea salt
- 1/4 tsp freshly ground black pepper

#### For the Tomato Confit:

1 cup Roma tomato concassé (In simplest terms, tomato concassé are small diced tomatoes with no skin and no seeds.)

- 2 tsp extra-virgin olive oil
- 1/2 tsp sea salt
- 1/4 tsp freshly ground black pepper
- 1 minced garlic clove

2 tsp chopped fresh thyme

#### For the Sage Polenta:

- 3 Tbsp finely minced onion
- 1 Tbsp unsalted butter
- 3 Tbsp soft corn, cut from the cob
- 1 1/4 cup 2% milk
- 1/4 cup polenta
- 1/4 tsp sea salt

Pinch freshly ground black pepper

1 tsp cane sugar

2 Tbsp grated Parmesan cheese

1 tsp chopped fresh sage

2 tsp chopped fresh chives

#### Instructions

#### For the Tomato Confit:

Preheat oven to 300F.

Toss all ingredients for Tomato Confit together

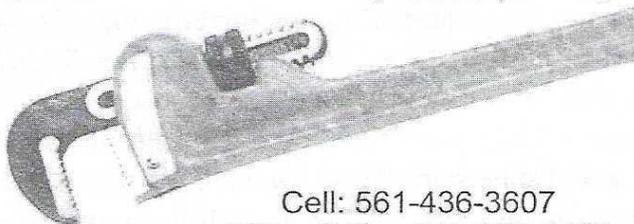
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**MARTY'S RECIPES...**(continued from page 19)

on a baking sheet. Roast for 20 to 30 minutes, or until cooked through and slightly golden in color.

**For the Tenderloin Steak:**

Preheat grill or broiler.

Lightly season beef tenderloin filets with salt and pepper. Grill tenderloin filets for 3 to 5 minutes on each side, or to desired doneness.

Slice beef tenderloin in ¼ inch slices.

**For the Sage Polenta:**

In a large saucepan, sauté the minced onions in butter over medium heat until translucent.

Add corn and sauté briefly, about 30 seconds.

Add milk and bring to a boil. Using a wire whip, lightly whisk in polenta, salt, pepper and sugar.

Cook until thickened, about 3 minutes.

Add cheese, sage and chives and stir until cheese is melted.

**To Plate:**

Spread 1/3 cup of the Sage Polenta on the plate. Arrange beef slices on top. The top with 1/3 cup Tomato Confit. Enjoy.

*Do you have a favorite recipe and story?*

*Email it to Marty at [jogvista@yahoo.com](mailto:jogvista@yahoo.com)*

**It's Happening At PAP**

By: Phyllis Hollander (Dorchester)

Thursday, December 8, 2022, was a landmark date for the Aberdeen Chapter of The Pap Corps. Our annual Card Party, held at Aberdeen Golf and Country Club, was a huge success! Over 200 people participated in a day filled with shopping, fun and table games. But the real success was the critical funds raised that day, to help University of Miami, Miller School of Medicine in its quest to eradicate cancer. Our fundraising helps support cutting edge research and treatments. Thanks to everyone who attended and helped us to reach our goals. It was wonderful to see so many new faces helping out at this event. Perhaps you would like to become a part of our very active chapter. Contact Anita Lippert or Karen Frent, Membership Co-Chairs.

Our fundraising committee has two events that are currently ongoing. There is still time to participate in our \$5,000 raffle. Only 100 tickets will be sold for the chance to win a significant amount of money, all for a good cause. Drawing will be held on January 20, 2023. Sponsorships are still available for Night at the Races, to be held on March 18, 2023. The event is sold out, but becoming a sponsor is a wonderful way to be a part of this very special evening. Sponsorships can be done as a group or on your own. Forms for all of our events are on line as well as in the clubhouse and fitness center.

Our tribute card chair, Janet Friedman, has outdone herself in ordering many gorgeous new tribute cards. These cards are the perfect way to let someone know you are thinking of them – whatever the reason. Call Janet at 561-777-8977 and she will gladly help you with your purchase.

So many of us shop on Amazon Prime. Did you know that you can choose the Pap Corps as your charity? It is another way to raise needed funds. Don't forget to do this the next time you shop.

An important part of being a member of Pap is the Referral Program. Should you need an appointment to see one of the many specialists at Sylvester, call Rita Zide at 561-736-1396. Rita will facilitate the referral through the Pap Corps and help begin the process.

Pap Specialty License Plate Voucher request flyers are available. The cost of the license plate is \$33, with

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The Aberdeen Chapter would like to thank Ann Haar for her many informative articles in the Aberdeen Times. Ann has done a wonderful job and deserves kudos for her ability to keep the Aberdeen community informed of all things relating to The Pap Corps.

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## Play Pickleball

By: Fran Shaller (Canterbury) with comments by Ward Jannuzzi, Aberdeen Pickleball Pro

Pickleball is a popular racquet sport that has taken the nation by storm, and Aberdeen is no exception. With its fast-paced action and easy-to-learn rules, pickleball has quickly become a favorite pastime for residents of all ages.

Aberdeen has a thriving pickleball community, with players of all skill levels coming together to compete and have fun. We have four well-maintained pickleball courts, which are always buzzing with activity. Two additional courts have recently been approved by the Board and construction will be scheduled soon. And, a new tennis pro, Ward Jannuzzi has come on board to lead our pickleball program. Ward stated, "Pickleball is a fast-growing fun sport that will be popular with all ages going forward. I have seen a trend toward younger players which I think will help the game grow."

One of the highlights of Aberdeen's pickleball scene is the Club's team, which recently competed

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**PLAY PICKLEBALL....**(continued from page 21)

in the Palm Beach Pickleball League. The team, captained by Deb Davis, and made up of skilled Aberdeen players, put up a valiant fight to ultimately come in second place, earning the respect and admiration of their opponents and fans alike.

The team’s success is a testament to the dedication and hard work of its members, as well as the strong pickleball community in Aberdeen. It’s no surprise that pickleball has become such a beloved pastime at the Club, with players of all ages and skill levels coming together to compete and have fun. Ward said, “Aberdeen has some very solid players as well as some new players that are eager to play and improve.”

Ward also said, “The Aberdeen pickleball program is growing in leaps and bounds. I believe it will continue doing well with the influx of new players as well as players transitioning from tennis.”

Whether you’re a seasoned pro or a beginner looking to try your hand at the sport, there’s a place for you in Aberdeen’s pickleball community. So, grab a paddle and get out on the court – you’ll be glad you did!

**Pickleball Givers and Takers**

By: Rodney “Rocket” Grubbs, a USAPA Legacy rated 5.0 player / Submitted by: Fran Shaller (Canterbury)

Givers versus Takers: It’s an age old debate where the givers usually come out on top and takers are generally frowned upon...or worse.

Sure, we hate it when our playing partner “takes” our shot away from us. Sure, we are upset when a “taker” moves our paddle in line so they can “take” the next open court. You get it. We’re not fans of takers. But today we’re here to talk about givers.

So, what does it mean to be a pickleball giver? It can have a lot of meanings. It can be something as simple as “giving” that close line call to your opponent. You’re pretty sure it was out, but only 99% sure. Some people will call it good sportsmanship. Me? I call it simply playing by the rules. If you don’t see it 100% out, you should always “give” that call to your opponent. A pickleball giver will play down a game or two to “give” their fellow pickleball players a chance to raise their games.

A pickleball giver will be the first one to spot a

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# What You Need to Know About Real ID and Travel

By: Christina Ianzito, & Jacquelyne Froeber, AARP; supplemented by Jon Shaw

## Travelers now have until 2025 to get the upgraded driver's licenses for security screening

The U.S. Department of Homeland Security (DHS) will begin enforcing the Real ID law on May 7, 2025. The new deadline follows a previous deadline of May 3, 2023, which was deemed unworkable in part due to the pandemic and its continued disruption of states' abilities to issue the Real ID-compliant driver's licenses. The DHS issued a statement on December 5, 2022, saying the new deadline will give state licensing agencies time to work through the backlogs created by the pandemic. The extension also gives the Transportation Security Administration (TSA) time to "implement innovations" to make the process as smooth as possible. If this sounds familiar, the enforcement date, first set for 2008, has been delayed multiple times.

Conceived as part of 2005 legislation in the wake of the 9/11 terrorist attacks, the Real ID law requires people to show security-enhanced IDs to pass through airport security checkpoints or to enter certain federal facilities, such as military bases, once the regulations begin to be enforced. Travelers will also be able to use passports or certain other federal documents as an alternative to a Real ID.

Sometimes called the State Star, because most states are marking their Real ID cards with a gold or black star in the top right corner, it must include an encoded "machine readable zone," like a passport's, with a person's scannable information. Many state driver's licenses already have this feature. The key thing that makes the card special is that the federal government requires you to provide certain identifying documentation to obtain one from your state.

The DHS has spent years on its Real ID public information campaign, but many people remain confused over how to get the cards and what they are. To get a Real ID, you need to present documents to your DMV proving your age and identity, Social Security number and address. That generally means bringing a birth certificate or passport, a Social Security card or tax form such as a W-2, and two proofs of address. If you've changed your name through marriage, you'll need a marriage certificate. Florida began issuing REAL

ID compliant credentials after January 1, 2010. The new credentials have a star in the upper right corner of the card, as shown in the sample license example on the right. Florida is a REAL ID compliant state and all Florida licenses should be accepted nationwide.

Although the Real ID is also a driver's license, the old-style driver's license is still lawful for driving and still available as an option in many states. Some, such as Arizona and Kentucky, are trying to make this clear by calling the Real ID a Travel ID. New Jersey continues to issue standard state licenses, which are marked with the words "Not for 'REAL ID' purposes."

After May 7, 2025, a regular driver's license won't be sufficient to get a passenger through security and onto a plane. The Real ID technically is not mandatory because you can instead use other approved documents, including a passport, passport card, U.S. military ID, Enhanced ID (offered in some states) or an ID from the federal government's Trusted Traveler Program, such as a Global Entry card.

For international travel, you'll still need a passport.



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**PICKLEBALL GIVERS AND...***(continued from page 22)*

person hanging around the courts, put a paddle in their hand, and “give” that new player a warm welcome as they step onto a court for the first time. That pickleball giver who welcomes that new player and gets them started right, is “giving” something far greater than just simple introductory pickleball lesson.

Above all other reasons, the biggest reason why the sport of pickleball has grown from 200,000 players 14 years ago, to over 5 million players today, is the social attraction. It is the warm, fuzzy feeling that is created when a person is invited and then made welcome on a pickleball court. The vast majority of today’s players are playing because they were invited by a friend or family member. And when they made it onto the court for the very first time, they left with new friends and relationships, plus a feeling of excitement to get back and play again. Pickleball creates an atmosphere where people feel welcome, people feel good being around other players, and people feel like they have a wonderful support system that simply wasn’t there before they took up pickleball.

So, when you are a pickleball giver, you are “giving” so much more than a simple pickleball lesson. This is what pickleball givers do. They give

the gift of pickleball to others and then pickleball does the rest. I’ve had players come up to me and tell me that pickleball literally saved their lives because of a depressing time they were going through. We’ve had many players share their weight loss or health journeys that were aided by playing pickleball. So mentally and physically, it gives and gives and gives in so many ways.

Maybe you’ll be a pickleball giver. The world is a better place because of you and because of pickleball.” Give it away today.

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## It's No Trick; Merriam-Webster Says 'Gaslighting' Is The Word Of The Year

The Associated Press

**“Gaslighting” — mind manipulating, grossly misleading, downright deceitful — is Merriam-Webster’s word of the year.**



Lookups for the word on merriam-webster.com increased 1,740% in 2022 over the year before. But something else happened. There wasn’t a single event that drove significant spikes in the curiosity, as it usually goes with the chosen word of the year.

The gaslighting was pervasive. “It’s a word that has risen so quickly in the English language, and especially in the last four years, that it actually came as a surprise to me and to many of us,” said Peter Sokolowski, Merriam-Webster’s editor at large, in an exclusive interview with The Associated Press ahead of Monday’s unveiling. “It was a word looked up frequently every single day of the year,” he said.

Merriam-Webster’s top definition for gaslighting is the psychological manipulation of a person, usually over an extended period of time, that “causes the victim to question the validity of their own thoughts, perception of reality, or memories and typically leads to confusion, loss of confidence and self-esteem, uncertainty of one’s emotional or mental stability, and a dependency on the perpetrator.”

Gaslighting is a heinous tool frequently used by abusers in relationships — and by politicians and other newsmakers. It can happen between romantic partners, within a broader family unit and among friends. It can be a corporate tactic, or a way to mislead the public. There’s also “medical gaslighting,” when a health care professional dismisses a patient’s symptoms or illness as “all in your head.”

Despite its relatively recent prominence — including “Gaslighter,” The Chicks’ 2020 album featuring the rousingly angry titular single — the word was brought to life more than 80 years ago with “Gas Light,” a 1938 play by Patrick Hamilton.

It birthed two film adaptations in the 1940s. One, George Cukor’s “Gaslight” in 1944, starred Ingrid Bergman as Paula Alquist and Charles Boyer as Gregory Anton. The two marry after a whirlwind

romance and Gregory turns out to be a champion gaslighter. Among other instances, he insists her complains over the constant dimming of their London townhouse’s gaslights is a figment of her troubled mind. It wasn’t.

The death of Angela Lansbury in October drove some interest in lookups of the word, Sokolowski said. She played Nancy Oliver, a young maid hired by Gregory and told not to bother his “high-strung” wife.

The term gaslighting was later used by mental health practitioners to clinically describe a form of prolonged coercive control in abusive relationships.

“There is this implication of an intentional deception,” Sokolowski said. “And once one is aware of that deception, it’s not just a straightforward lie, as in, you know, I didn’t eat the cookies in the cookie jar. It’s something that has a little bit more devious quality to it. It has possibly an idea of strategy or a long-term plan.”

Merriam-Webster, which logs 100 million page views a month on its site, chooses its word of the year based solely on data. Sokolowski and his team weed out evergreen words most commonly looked up to gauge which word received a significant bump over the year before.

They don’t slice and dice why people look up words, which can be anything from quick spelling and definition checks to some sort of attempt at inspiration or motivation. Some of the droves who looked up “gaslighting” this year might have wanted to know, simply, if it’s one or two words, or whether it’s hyphenated.

“Gaslighting,” Sokolowski said, spent all of 2022 in the top 50 words looked up on merriam-webster.com to earn top dog word of the year status. Last year’s pick was “vaccine.” Rounding out this year’s Top 10 are:

- “Oligarch,” driven by Russia’s invasion of Ukraine.
- “Omicron,” the persistent COVID-19 variant and the 15th letter of the Greek alphabet.
- “Codify,” as in turning abortion rights into federal law.
- “Queen consort,” what King Charles’ wife, Camilla is newly known as.
- “Raid,” as in the search of former President Donald Trump’s Mar-a-Lago home.

*(continued on page 26)*

**GASLIGHTING...***(continued from page 25)*

• “Sentient,” with lookups brought on by Google canning the engineer who claimed an unreleased AI system had become sentient.

• “Cancel culture,” enough said.

• “LGBTQIA,” for lesbian, gay, bisexual, transgender, queer or questioning, intersex, and asexual, aromantic or agender.

• “Loamy,” which many Wordle users tried back in August, though the right word that day was “clown.”

**Bridge - Try It, You'll Like It**

By: Lew Roth (Sheffield)

Defense ... Choosing the card when returning partner's suit.

As we have discussed before, it is very important to return partner's opening lead. However, the choice of which card to return is not always obvious. Let's look at a hand.

	North	
	♠ AK 6 4	
	♥ 4	
	♦ J 7 6 4	
	♣ A 5 3 2	
West		East
♠ 10 5 3		♠ Q 7 2
♥ K 10 7 6 2		♥ Q 8 5 3
♦ K 8 3		♦ 10 9 2
♣ Q J		♣ 10 9 6
	South	
	♠ J 9 8	
	♥ A J 9	
	♦ A Q 5	
	♣ K 8 4 7	

Let's say the opponents wind up in 3 No Trump. Your partner opens the 6♥. You, of course, play the Q and Declarer wins with the A. Using the Rule of 11, declarer can see that a hold-up will do him no good. Declarer plays the J♠ and plays low in Dummy so you win with the Q. What do you do next? Of course, you return your partner's suit. Now, the card you play is very important. If you lead the 8, Declarer will play the 9 and partner will win with the 10. So, partner now knows that the Declarer has the Jack. If you had the J, you would have played it. The question now is does the declarer have the J alone or does he have 2. If the J is alone, he can play his K and run all his hearts to set the contract. But, if the J is accompanied by a

lower heart, he had to get back to you so you can lead another heart through South.

The key here is let your partner know how many you have, so he can figure out how many the declarer has. How do we do that? Since you originally held 4 Hearts, the proper play is to return the 3, not the 8. Declarer will still play the 9 and partner will still win with the 10, but partner now knows that you started with 4, so he can lay down the K and the J will fall. Whoever said Bridge was an easy game?

But, interestingly enough, there's more here. So, partner knows you started with 4, but how many did partner start with? If he started with 4 also, it doesn't matter which of you has the lead ... but if he has 5 and you have 4, you must play so that he gets his last heart.

Partner has played his 6, and then his 10, and will now play his K. What will you play? You have played the Q and the 3, so you have to choose which of the 8 or 5 you will play next. If you play the 5, partner will win with the 7, but then your 8 will be the highest Heart and you will not be able to get back to partner. You must play the 8 first on the K, so that you can return the 5 to Partner's 7. Then he will win and be able to cash his last Heart the deuce. In this example it was important to play the correct Heart in every instance to achieve the maximum result.

Another interesting point in this example is how did partner know that you started with exactly 4 Hearts when you played the 3? If declarer had the 5 or the 8, he would have played it instead of the 9. Also, it's possible that you only had 2 Hearts. But, if that were the case, the declarer would have to hold 5 and he would have opened a Heart.

There are many clues that allow partner to read your return correctly. But you must play the right card and pay attention to what your partner plays. Also, the bidding auction will reveal clues, if you're alert enough to remember them.

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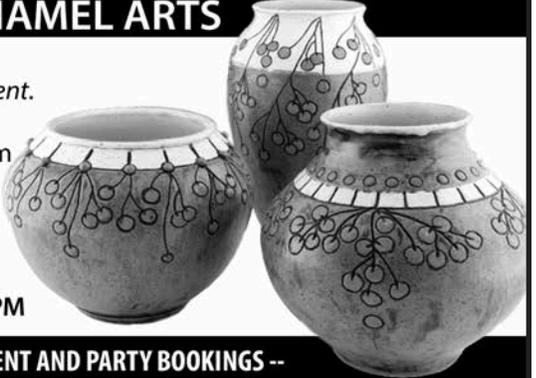


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March 16

April 27

May 11

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You can go online to make the reservations or call 561-735-9917.

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1:00 box lunch with cabaret seating

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## Did You Know: - Mounts Botanical Garden

By: Jon Shaw, Editor

There is a hidden gem where you can visit the oldest and largest botanical garden in Palm Beach County. It is located immediately west of Palm Beach International Airport on Military Trail, just north of Southern Blvd. Welcome to Mounts Botanical Garden! With a mission to “inspire and educate through nature” and a history spanning more than 40 years, Mounts Botanical is a 16-acre tropical oasis where you will see an acclaimed collection of 25 display gardens containing more than 6,000 species of tropical and sub-tropical plants, including Florida native plants, exotic and tropical fruit trees, ornamentals, herbs, palms, roses, cactus, succulents, bromeliads and much more.

Garden walkways are paved, providing easy access for all. Whether you’re planning an outing with family and friends, or just need an escape for yourself, Mounts Botanical is here to inspire, educate and surprise you with the wonders of nature.

*Stickwork*, one of the most popular exhibitions ever at Mounts Botanical Garden, has returned! This is the final massive outdoor sculpture by internationally acclaimed environmental artist Patrick Dougherty. Known for his *Stickwork* projects that combine both his carpentry skills and love of nature, Dougherty’s work evolved from single pieces on conventional pedestals to monumental scale environmental works that require saplings by the truckload. Over the last 30 years, he has built over 250 of these works from Scotland to Japan to Brussels, from Miami to Cincinnati, including a very popular exhibition at Mounts in 2019, which was known by two names—*Twisted* pre-opening, and *Cutting Corners*, during its year long run.

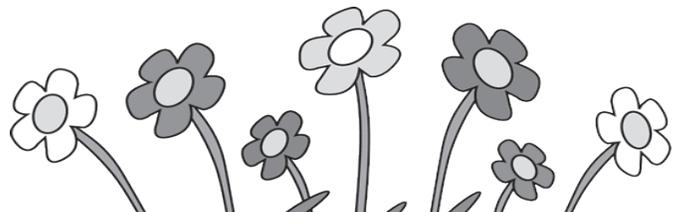
“Each one of Dougherty’s structures are completely original, as will be his final *Stickwork* at Mounts,” says Rochelle Wolberg, Curator-Director at Mounts. “These massive, all natural structures take three weeks to hand-assemble and will be an interactive and environmental experience, perfect for adults and children to wander through, admire,

and become part of a living art experience.” Wolberg adds, “So, this is truly a historic opportunity for art fans, garden lovers and inspired volunteers to be hands-on participants in working directly with this extraordinary artist to carefully shape saplings into a monumental piece of natural art!” During the construction of his final outdoor *Stickwork* sculpture, Dougherty was assisted by dozens of local volunteers as they constructed a massive all-natural structure using 30,000 pounds of live willow branches.

Visit [Mounts.org](http://Mounts.org) for more information about dates, times, special events, and admission fees.

### Attention Dog Owners!

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### ELECTED OFFICIALS' REPORTS

#### **SCHOOL BOARD VICE CHAIR KAREN BRILL**

- A new board member and re-elected incumbents have been sworn in.
- The new Canyon Middle School is on schedule.
- Today is the last day of school, everyone is looking forward to the winter break.
- Thanked Beth Rappaport and Steve Wallace for their hard work on the School District Boundary Committee.

### FIRST RESPONDERS' REPORTS

#### **PBSO CAPTAIN SHAWN EASTMAN**

- The department has been busy with holiday happenings, including Shop With A Cop, to help those in need to enjoy the holidays.
- The day after Thanksgiving went smoothly, with no serious car accidents in the area.
- There continues to be extra presence in the shopping plazas. Please do not leave purchases in plain sight within your vehicles.
- A Civilian Police Academy will be held from January 12, 2023 - February 16, 2023, where civilians can learn about the inner workings of PBSO.
- On behalf of Sheriff Bradshaw and all the men and women of the PBSO, Happy Holidays and be safe.

### SUPERINTENDENT OF SCHOOLS – STEVE WALLACE ON BEHALF OF MICHAEL J. BURKE

- The School Board has re-elected Frank A. Barbieri, Jr., Esq. as the School Board Chair and Karen Brill as the Board Vice Chair. The ceremonial swearing-in for newly elected District 7 Board Member Edwin Ferguson and recently re-elected Board Members Erica Whitfield - District 4, Marcia Andrews - District 6, and Board Vice Chair Karen Brill - District 3, occurred during a special meeting on November 22, 2022.
- For the seventh year, student artists entered the Superintendent's Greeting Card Contest to showcase their talent and creativity. Three winners were selected, one student each from the elementary, middle, and high school levels for their outstanding designs.
- Supt. Burke also shared the 2023 State Legislative Priorities in the areas of School Safety and Security, Students, Teachers and Staff, Finance, Pre-Kindergarten and After Care, and Accountability and Assessment.

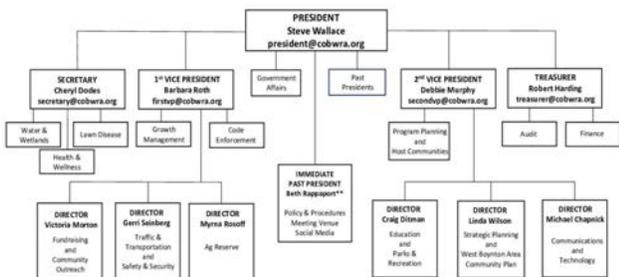
### PRESIDENT'S REMARKS – STEVE WALLACE

- Proudly reported that the BCC announced they are naming the MYRNA ROSOFF COMMUNITY MEETING ROOM in the new Canyon library in honor of long-time volunteer and COBWRA Past President Myrna Rosoff.
- The BCC will meet at the end of January to discuss how the proceeds of the County Bond Issue will be spent.
- Owners of the Brookside property want to lift the Ag Reserve conservation easement to build workforce and affordable housing next to the Delray Marketplace.
- Wished all a very happy holiday and reassured everyone that COBWRA will continue the work of representing the interests of the West Boynton area residents.

### GUEST SPEAKER – JESSICA RANSOM, DIRECTOR OF ART SERVICES, CULTURAL COUNCIL FOR PBC: "ARTWORK IN OUR COMMUNITY"

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FIRE



MOLD



LEAK



STORM

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Structural Drying



Water Extraction



Moisture/Leak  
Detection



Roof Leaks

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Mold Removal



Mold Testing



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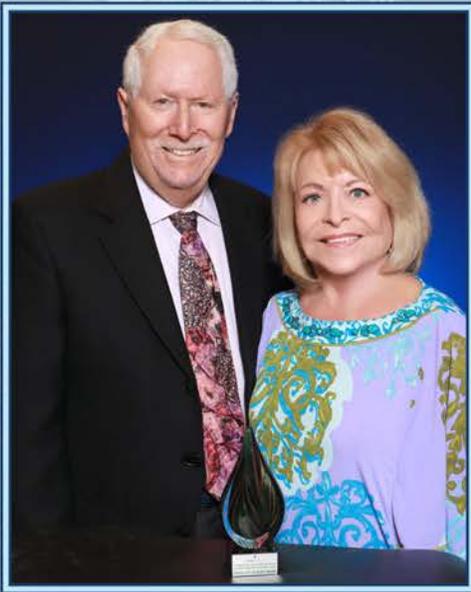
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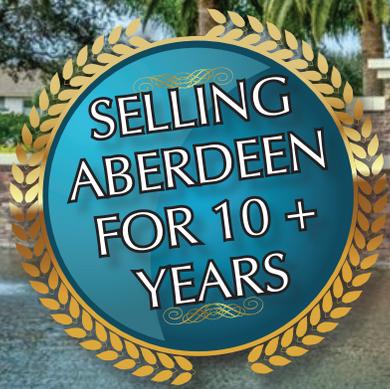
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