



Vol. 29, No. 3

SERVING ALL OF ABERDEEN - www.aberdeentimes.org

March, 2022



MARCH



All About Aberdeen Golf & Country Club

By: Dr. David Hollander (Dorchester)

Author Harkuri Murakami once wrote: "And once the storm is over, you won't remember how you managed to survive. You won't even be sure when, or whether, the storm is over. But one thing is certain. When you come out of the storm, you won't be the same person who walked in." What better way to describe these past 2 years, not only for me, but for Aberdeen and all its members.

As this is my penultimate president's report, I want to take this time to reflect on all we have accomplished despite the challenges that have been presented to us. Taking the role of President on March 12, 2020, day 1, the world stopped as COVID made its presence known to most of the country. Soon thereafter, in order to meet the challenges ahead, I put into place a COVID taskforce made up of the newly elected executive committee of the Board. This group had, in my previous 4 years on the Board rarely, if ever, met. As an aside, I hope that this group will continue to meet regularly in the future. With the collaboration of Fran Peck (Vice President), Larry Wolberg (Treasurer), Art Gold (Secretary), and management, we worked tirelessly with one goal in mind: do our best to maintain the health and safety of members

(continued on page 2)

Hampton News

By: John Pagliarini

New Plaza

According to a recent article in the P.B. Post, a retail plaza is planned for the vacant land at the northeast corner of Hagen Ranch and Boynton Beach Blvd. Plans call for four, one story buildings, to include a 40,000 square foot grocery (Whole Foods?) and 2-3 restaurants featuring outdoor dining. Construction could begin in April, pending permits and Commission approval.

Do you know your Declaration and By-Laws?

The Hampton Declaration states: "No Lot shall be leased during the first 18 months of ownership. Each lease shall be for a term of not less than 4 months and not more than 1 year. No lease shall automatically renew. No room (s) or other portion of a Lot shall be leased or listed in print, online or rented through a website."

In addition, our Hampton Bylaws provide for a procedure to recall a board member. Any director may be removed from office, with or without cause, and for any reason, upon the vote of a majority of all eligible Members at a special meeting of Members called at least in part for this purpose, by the written agreement or ballot of a majority of the entire membership, or as otherwise provided by Chapter 720, Florida Statutes, as amended from time to time.

Board News

(continued on page 4)

THE ABERDEEN TIMES HAS GONE DIGITAL!

VISIT US AT www.aberdeentimes.org

ABERDEEN TIMES

Editor.....	Ruth Krawitz
Assistant Editors	Leslie Roth
	Lew Roth
	Dee Levy
	Lou Levy
Treasurer	Lew Roth
Assistant Treasurer.....	Dan Stein
Business Manager	John Pagliarini
Director	Bea Lewis
Director	Janet Friedman
Director	Maris Levy
Director	Jon Shaw
Webmaster.....	Philip Levine

TO CONTACT THE ABERDEEN TIMES

FOR BUSINESS MATTERS:

JOHN PAGLIARINI
8230 Cassia Drive • Boynton Beach, FL 33472
561-596-1714

FOR EDITORIAL MATTERS:

RUTH KRAWITZ
7791 Bridlington Drive • Boynton Beach, FL 33472
561-734-5244

The *Aberdeen Times* is a publication of the ABERDEEN TIMES COMMUNITY MAGAZINE INC.

ALL ABOUT ABERDEEN...*(continued from page 1)*

and staff alike. Although many of you may not know them, I can attest that, without their thoughtful input, attention to detail and hard work, so much of what we accomplished would not have been done. Did we get everything right? Probably not. Could we have in hindsight done things and made decisions differently? Absolutely! Together, we looked at the challenges we had as opportunities. Our goal was to try and maintain a semblance of normalcy in a chaotic year.

Year 1 was difficult but we not only endured, we were able to adapt in order to offer services the best we could. Board members, staff and committee members all did their part to keep us going. Despite the shutdowns, service limitations, and health risks we faced, with everyone’s input, we kept moving forward while, at the same time, doing our best not to add financial burdens to members. Doing this at all times as safely and responsibly as possible.

The challenges we faced during the first year of my presidency seemed over as the vaccine made its appearance. Time now to move forward, new plans,

new ideas and new focus. Then, unexpectedly, the resignation of our GM/COO happened. A new challenge, but an opportunity for us to reimagine, refocus and set the new direction that was necessary and long overdue. Over the next 6 months, Board members, department heads and staff worked tirelessly, keeping the club running as seamlessly as possible. For those who did the hard work those 6 months, I cannot thank you enough. I do want to give a special thanks to my Vice President, Fran Peck. Having her by my side during this time was indispensable, not only for the progress we made this past year, but for all she has done for me and all who live here at Aberdeen.

The next big task was to seize the opportunity before us with the departure of our GM. After a lengthy search, with many qualified candidates, the Board unanimously agreed to hire our new GM/COO, Jeff Riegler. I believe I can speak for all on the Board and so many of you that we believe he is the right man to lead Aberdeen in the future. Only 5 months in, and we are already enjoying some of the changes he has helped implement, and that I and so many of you have been asking for:

- a) Leading the search for our new chef, Josh Giro and bringing Mohamed Rahgozar, our new director of food and beverages. I cannot be more pleased with the job they are doing, despite the difficulties that the pandemic has brought.
- b) Revamping the dining experience, including food service at the pool, something that was too long in instituting. Introducing a bar menu as well as offering multiple options for holiday events.
- c) Interacting with the membership, hearing their concerns, and bringing a can-do attitude with him.
- d) Empowering those working with and around him with the same can-do attitude, allowing them to excel at their jobs.

These are just a few of his early accomplishments. In conclusion, these past 2 years, on all levels, our lives were changed. I am reminded of a Maya Angelou quote:

“Without change, there would be no butterflies. We delight in the beauty of the butterfly but rarely admit the changes it had to go through to achieve its beauty.” We are going through that change. Don’t expect success overnight. Be patient. Change is hard; however, know that “The Good Life We Want and Deserve” will be getting better and better.



The "A" Team

Sheila Aron, Realtor®
Albert Aron, Licensed Agent
absheil@bellsouth.net

Call Sheila 561-870-4949
Your Preferred Resident Realtors

We don't just LIST homes WE SELL them
We accompany all SHOWINGS
Preferred by more Buyers and Sellers

Proven track record in SALES and LISTINGS in Aberdeen as the top agents since 2001

Powerful Professional Photography - Virtual Tour, Aerial Views, Property Images

We're the only Realtors that highlight our listings in the Sun Sentinel weekly - until we get you SOLD!

We LIVE, WORK & PLAY in Aberdeen Golf and Country Club

- ▲ Global Internet Advertising
- ▲ Advertising in Aberdeen Publications
- ▲ Weekly Advertising of homes in Sun Sentinel

Visit our Website:
www.AberdeenComeHome.com



HAMPTON NEWS...(continued from page 1)

All residents are reminded that you must have home insurance, type HO-3, and you must send a copy of the Declaration to our management company, Campbell Property Management, c/o Lisa Teets. Failure to comply is a finable offense.

Neighborhood News

Condolences to the Cuttler family on the passing of Matilda Cuttler, Sweetbay, Ct. on December 1, 2021. Services were held in Pinelawn, NJ. Known as Mad-dy, she and her husband were original residents of the Hampton since 1987.

Best of luck to former neighbors, Angelo & Amarys Fareta, who have moved to Plant City, Florida, and a hearty welcome to new neighbors, Mark & Fran Lerner, and Jeffrey & Andi Lipman.

Comment

As bad as the past two years have been with the ongoing pandemic, we made some progress in 2021, returning to some regular and normal activities. Of course, we are concerned about the Omicron variant, but there is hope in the New Year 2022, that we can regain many activities we put on hold. We are hopeful that 2022 will be a healthier year for all.

Sharing With Sheffield

By: Ruth Krawitz

With the coming of February, we speak the "language of love," How does one define LOVE? After all, there are many kinds of love ... love for a spouse or significant other, love for parents and siblings, love for children and grandchildren, love for friends, love for colleagues, for physicians, for helping "angels" in our lives. Then, how can we define it? Certainly, we can say it is an emotional response. We can admit that it makes us vulnerable. But I would like to make a connection with something more concrete; namely, KINDNESS, which is quoted in literature as one of the seven "Knightly Virtues." Think about all the love people have shown to you, or you to others, by thoughtful and memorable acts of kindness, and left their indelible marks on your life.

As a friend of mine put it, "We all have faced disappointment and pain in our lives, from failing a test to being left out of a group, losing dear ones, facing an illness, feeling betrayed by a mate or a friend, and the list goes on. In each instance, our pain is relieved and softened by acts of kindness, compassion, empathy and the understanding of the people around us. They are the

"angels" in our lives. They are our beloved teachers, along with those who hurt us, who taught us what not to do."

Many of the major religions speak of "loving kindness", quotes abound, such as that "acts of kindness are equal in weight to all the commandments" and one that offered, "My religion is kindness."

Confucius urged his followers to "recompense kindness with kindness". In a study of 37 cultures, 16,000 subjects were asked about their most desired traits in a mate. For both sexes, the first preference was kindness.

Quotes on this subject:

"Your luck is how you treat people." (Bridget O'Donnell)

"Kind words can be short and easy to speak, but their echoes are truly endless." (Mother Teresa)

"Three things in human life are important. The first is to be kind. The second is to be kind. The third is to be kind." (Henry James)

"There is no need for temples, no need for complicated philosophy. Our own brain, our own heart is our temple; the philosophy is kindness." (The Dalai Lama)

"You cannot do a kindness too soon, for you never know how soon it will be too late." (Ralph Waldo Emerson)

Dominic's III

Charleston Square
6566 Hypoluxo Rd.
SW Corner of Hypoluxo & Jog Rd.
561-641-1110



There is no Substitute for Quality and Great Service!!!

Early Bird Specials available daily from 4:00-6:00p.m.

*Prices and promotions subject to change without notice.

Visit our website dominics3.com

Please Like us on Facebook and follow us on Instagram

<p>50 % Off Any Dinner</p> <p>Buy one dinner entrée at regular price and get a 2nd entrée of equal or lesser value for 50 % off. Only at Dominic's III.</p> <p>One coupon per couple</p> <p><small>*Least expensive entree at table will be discounted. Upgrades xtra.</small></p>	<p>Dine in Only-With coupon Not valid with any other coupons or specials. Exp. 5/31/2022</p>
<p>\$2.00 Off Large Pizza</p> <p>Dine In or Take Out</p> <p>Cannot be combined with any other coupons or specials</p>	<p>Only at Dominic's III Exp. 5/31/2022</p>

THE MOST POPULAR, PREFERRED & PRODUCTIVE REALTORS IN ABERDEEN



*The only two names
you need for*

**PERFORMANCE
& RESULTS!**

....
**TEAM
SEIDLER-MOORE**



Susan Moore, P.A.

REALTOR®
SFR, CIAS

561.818.7880

susan.moorerealtor@gmail.com
www.susanmoorerealtor.com

Bonnie Seidler, P.A.

REALTOR®
CLHMS, CIPS, RSPS

561.290.9136

Bonnie@ChampagneParisi.com
www.BonnieSeidler.com

&

RE/MAX DIRECT

CHAMPAGNE & PARISI
REAL ESTATE

Aberdeen Residents **Bonnie Seidler, P.A. Realtor®** and **Susan Moore, P.A. Realtor®** are joining forces and combining their Superior Sales and Marketing Knowledge, Experience, Professionalism, Honesty and Integrity to bring you, our fellow Aberdeen residents,

THE BEST OF THE BEST!

- ✓ Over 35 Years of Combined Experience
- ✓ Top Producers Year After Year
- ✓ Custom Marketing Campaigns
- ✓ Two Dedicated Professionals That Care
- ✓ Local, National & International Buyers
- ✓ Selling the Aberdeen Lifestyle

WE ARE YOUR BUY-SELL SOLUTION!

Bermuda Isle Buzz

By: Ketly Blaise Williams

Changes! Get your changes here! Step right up and ask for the change du jour! That's what it's felt like for – EVER – with all the adjustments that have needed to be made worldwide, nationwide, statewide, and here at Aberdeen Golf & Country Club. Due to COVID and its' Co-vettes, we've all had to jump through hoops and make constant adjustments at every turn in a continual to keep everyone safe, while at the same time, trying to still find pockets of joy wherever possible.

With the incorporation of our lovely support staffers from South Africa, new personnel, new management, administrative re-organizations and amended policies and procedures – one thing Aberdeen has not been, is boring! And with Spring at our doorsteps, we get to witness not only the change in weather and foliage (well, sort of), but we also get to start anew...and anew...and anew!!! We should choose to look at any change as another opportunity to do better, feel better and just be better. Change is a constant in our lives. How we manage it and deal with it - makes all the difference!

Here on the 'Shoe of Bermuda Isle (that's short for Horseshoe Bay Road for those of you not familiar with the term of endearment for our one block neighborhood), we are no strangers to change. Some good, some sad and some just necessary. Our 2022 Board of Directors is picking up the baton where our previous Board left off by working tirelessly to make our piece of paradise a great place to be! One of our sad changes was having to say farewell to *Jerry Solomon* who passed away earlier this year. He and his wife, Arlene, were the very first residents of Bermuda Isle. Jerry and his affable personality will be sorely missed.

One of the happier changes has been getting to know *Sugar* – the new Shih-poo (a Shih Tzu and toy poodle mix) on the block! Her human, Lenore Schwartz, could not resist bringing her home, upon learning that Sugar and her late husband, Harvey, share the same birthdate! Is that fate or is that bashert? It's all good either way!

We welcome new neighbors, Ivan Lizardi and Angelica Canino, Rob and Jayne Novison and in-

vite all other families, friends, and acquaintances to drop by and enjoy some quality time with us as often as possible. After all, you only live once – and it might as well be here!

Canterbury Communique

By: Dee Levy

Greetings from the Canterbury Community! Yes, it's March, the third month in the Gregorian calendar...its name attributed to Mars, the Roman God of War. March, according to popular folklore, "comes in like a lion, out like a lamb." While many are of the opinion that the proverb refers to weather prediction, others believe that it has more to do with astronomy, namely Leo the Lion and Aries the Lamb. In early March, the lion is seen rising in the east, "coming in like a lion" and, at the end of the month, the lamb is setting in the west and, "going out like a lamb."

March holidays and notable days include Mardi Gras on Mar. 1st, Daylight Savings Time on the 13th, St. Patrick's Day on the 17th, and the Spring Equinox, heralding the first day of spring, on Mar. 20th. Not to be forgotten is International Women's Day, which celebrates the social, economic, cultural, and political achievements of women, and occurs annually on Mar. 8th. This year's theme #BreakTheBias marks the call for gender equality and a world free of bias, stereotypes, and discrimination. As Ruth Bader Ginsburg said, "*We should not be held back from pursuing our full talents, from contributing what we could contribute to society, because we fit into a certain mold, because we belong to a group that historically has been the object of discrimination.*"

The U.S. Mint announced in January that it has begun shipping out the first of the quarters featuring trailblazing American women, starting with Maya Angelou, renowned poet, writer, and activist. Part of the American Women Quarters Program, a four-year program celebrating the accomplishments and contributions of women, the Angelou coin is the first one of the five to be shipped through 2025. The obverse of each coin will maintain a likeness of George Washington, though slightly different from the one used in the previous quarter program.

In addition to Maya Angelou, winner of the Presidential Medal of Freedom in 2010, the other

(continued on page 7)

PROUDLY SERVING ABERDEEN RESIDENTS FOR OVER 20 YEARS!



Papa's PLUMBING
Don't Worry. Papa's Will Fix it Guaranteed!
 Family Owned and Operated Since 1993

- ALL RESIDENTIAL HOME REPAIRS
- WATER HEATER SPECIALISTS

License #: CFC1429108 561-514-8878
 561-732-0808

HTTP://PAPASPLUMBING.COM MIKE@PAPASPLUMBING.COM



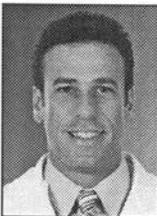
CANTERBURY COMMUNIQUE...*(continued from page 6)* distinguished American women being honored on the 2022 quarters include: Dr. Sally Ride- physicist, astronaut, educator and first American woman in space; Wilma Mankiller- first female principal chief of the Cherokee Nation; Nina Otero-Warren- a leader in New Mexico's suffrage movement, and the first female superintendent of Santa Fe public schools; and Anna May Wong- first Chinese American film star in Hollywood. All of the honorees have indeed inspired and paved the way for new generations of women as well as men. *"No country can ever truly flourish if it stifles the potential of its women and deprives itself of the contributions of half its citizens."* (Michelle Obama)

In closing, we extend a hearty welcome and *bien venue* to Suzanne and Luc Boudreaux from Canada and Mary Masucci from NJ. Canterbury is a great place to live, and we're sure they'll be happy here. We're also pleased to announce that Ellen Nesin and Fran Shaller have recently become full-time residents. Their outstanding service and contributions to the community are much appreciated. To all our Aberdeen friends and neighbors, we wish you good health and well-being in these stressful, pandemic times. Stay well...Stay Safe and Remember to *Spring Ahead* on Mar. 13th. Have an enjoyable month!

In support of our advertisers, feel free to CUT US UP and use the coupons! When you visit, let them know you saw it in THE ABERDEEN TIMES.

Editor's Note - The Aberdeen Times welcomes human interest or feature articles. If you have an interesting story to tell we would love to publish it.

Foot Care Center of Palm Beach



DR. IRA SPINNER D.P.M. FACFS
 • Board Certified Podiatrist
 • American Board of Podiatric Surgery
 • Fellow American College of Foot & Ankle Surgeons



DR. PAULA DeLUCA D.P.M.
 • Board Certified Podiatrist
 • American Board of Podiatric Surgery

STAFF PHYSICIANS:
 Delray Medical Center, Bethesda Memorial Hospital, J.F.K. Medical Center

CONSERVATIVE CARE:
 Diabetic feet, corns, calluses, fungal nails, neuropathy, arthritis

SURGICAL CORRECTION:
 Bunions, hammertoes, neuromas with early return to activity

HEEL PAIN:
 Conservative and surgical correction for permanent relief

WOUND CARE SPECIALIST:
 Specialized treatment for patients with acute and non-healing wounds

ALL INSURANCE PLANS ACCEPTED
Boynton Beach
734-4867
 10075 Jog Rd. (SW Corner Jog & Boynton Bch Blvd.)

March Moves In

By: Phyllis Arnauer (Lancaster Lakes)

Welcome to the merry month of March, unless we are in Camelot, where it is the merry month of May! In the Northeast and colder parts West, we would talk about March coming in like a lion and going out like a lamb, meaning wintry weather leading to spring and the blooming of crocuses and forsythia. I do miss seeing the little purple crocuses peeking out their heads from the snow-covered grass.

Daylight Savings Time starts on Mar. 13th, giving us more sunshine hours in which to do outdoor activities, and Spring officially begins on Mar. 20th. Purim and St. Patrick's Day come on Mar. 17th, and Mar. 21st is National Common Courtesy Day.

Hopefully, the angry lion known as the Pandemic is lessening, so that life can resume with some semblance of normalcy. Which got me thinking about what gave us, and continues to give us, a sense of accomplishment. Did you, your family and friends weather the storm of Covid? Can you feel positive about the outcome, knowing you did everything you could to accomplish it? That is a serious accomplishment, and all of us should feel good about that.

My train of thought continued to a less serious sense of accomplishment. For example, I have a friend who practices the following philosophy: if she does one thing each day, she can feel a sense of accomplishment. She did the laundry- done! Supermarket visit- done! Called to make a doctor's appointment- done! My list is slightly different: solved Wordle- done! Made a dinner reservation at the Club- done! Successfully found and watched a Netflix movie- done! I realize these actions are all very self-centered, so I offer additional opportunities to feel a sense of accomplishment. Make someone smile or laugh, provide aid where it is needed, lend a shoulder or an ear to someone who just needs to talk, be less judgmental, be more tolerant, and offer to help someone finish that last bit of wine or chocolate! Kidding?!

I have not shared a story involving my husband, David, for a while. However, last week as I was eating breakfast and watching the Today show,

David told me he was going to the pool. I said "Goodbye, and do you need anything if I go out." He responded, "I have everything I need." And I know what he means, which worries me somewhat! Thankfully, we are healthy, mobile, alert, and surrounded by wonderful friends who are like family. After six years at Aberdeen, we have made a life that is full, fun, and relatively free of worry, except when we stress about our family in New Jersey. No one has everything, and all of us can name many things we would love to have, but what a positive accomplishment to say, "I have everything I need." The Lancaster Lakes board reminds us that they are still looking for volunteers for a social committee. Also, you should have received your new Aberdeen directory. Stay well and safe my friends and neighbors.



Jeffrey E. Siegal M.D., P.A.

Board Certified Eye Physician and Surgeon
Fellow, American Academy of Ophthalmology



Specializing in

- Personalized Full Service Eye Care
- Crystalens™ Bifocal Implants
- Astigmatism surgery, minimizes need for eyeglasses after cataract surgery
- Lipiflow™ • Dry Eye
- Glaucoma Care
- In-Office Laser Surgery

Licensed Optician on staff, On-Site Optical Services.
Medicare Assignment & most insurances accepted.

Village at Floral Lakes
15340 Jog Road, Suite 210 Delray Beach, FL 33446
(561) 495-8558
Hours: M-F 8:45am-4:30pm
By appointment

House Hunters

By: Janet Friedman

My fiancé Stephen and I are looking for our first apartment. It is 1966. It is the year President Lyndon Johnson announces that the U.S. should stay in South Vietnam until Communist aggression there is ended. It is the year demonstrations are held across the U.S. against the Vietnam War; the year Batman premieres on ABC television. On March 4th, John Lennon comments in an interview published in the London Evening Standard, "We're more popular than Jesus now," sparking a controversy in the U.S. On April 18th the 38th Academy Awards ceremony hosted by Bob Hope announces the 2 best films, each respectively winning five and ten awards....The Sound of Music and Doctor Zhivago. It is the year of the groundbreaking for the World Trade Center. It is also the year I am getting married.

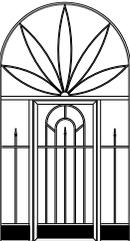
We have a price range for our first apartment. We are trying hard to stay within its limits. But it is not easy. Everything seems too expensive. All the beautiful apartments with the beautiful lobbies are way out of range for us. I am a new teacher in New York

City, making \$4400.00 a year. My fiancée has a really good job, and is making over \$7000.00! "Oh, if only we could make \$15,000.00 a year", we say, "We would be rich!!"

One day, we see an advertisement in the newspaper for apartments in a brand-new building. The price seems right. It's in a really good location. Right across the street from the Queens Botanical Garden. It's close to where we both work. We race over to see it. It is on the top floor of a three-story walk-up. (Hey, it's the penthouse!) It has one bedroom and one bathroom.

There is no beautiful lobby. Actually, there is no lobby at all. The stairs are there to greet you when you open the front door. Up and **up** and **up** we go. I am hardly winded when we reach the third-floor penthouse. We are both sweating! No big deal! The landlord lets us in. It is a nice new apartment. Sunny. There is a large living and dining area. Lots of windows. The kitchen is tiny, but that's ok. No counter space to speak of. I love to cook. I'll manage. There is no dishwasher. So what? We can do the dishes together. We'll bond! No big deal! There is no air

(continued on page 10)



Proudly offering quality
screen doors manufactured
by:

Pfeffer's
Custom
Aluminum
Products, Inc.



Thank you Aberdeen Residents
for your continued support!

What do we do?

- * Screen Doors and Entryways *
- * Re-screening and Repairs of all kinds! *
- * Sliding Glass Door repairs
and Screen Doors *
- * Window Repairs and Screens * Dog Doors *
- * Kickplate * Storm Doors *

FREE ESTIMATES
www.FLdoorandscreen.com
800-552-2173



GLO's Grill

BEST BURGERS IN TOWN!

**Same Owner
Just a new Name**

\$5 OFF
Purchase of
\$25 or more
One per table.
Not valid with other
offers or early bird.

15% OFF
Entire Bill
One coupon per table.
Not valid w/ any other offers
or early bird. Max. value \$8.99.

15% OFF
Entire Bill
One coupon per table.
Not valid w/ any other offers
or early bird. Max. value \$8.99.

5776 Jog Road
(Northeast corner of Jog & Lantana
Home Depot Shopping Ctr)

Early Bird Menu Available
4 to 5:30 pm Monday - Thursday
561.649.6761

HOUSE HUNTERS...*(continued from page 9)*

conditioning. It is August. So what? We'll manage. We'll get a fan!! "Where are the washer and dryer?" I want to know. We are told they are in the basement. HMMMMMMMMMMMM. Four flights up and down with laundry baskets. Three flights up with groceries. So, what. Good for my diet!

The price is right! \$146.00 a month. We'll take it!!

Yesterday evening I tuned into HGTV. House Hunters. There is a cute young couple. They just got engaged and are looking for a **HOUSE**. They have \$250,000.00 to spend! They can even go up to \$275,000.00 if they really like something. The realtor takes them to a gorgeous ranch. 2200 square feet. Of course, it is open concept. There are **no** steps at all! Three bedrooms and 2 baths!! There is a dishwasher **AND** central air-conditioning!! There is a laundry room right off the kitchen! The kitchen looks gorgeous to me. "Oh no," the cute young girl says. (The cute young guy is looking a little apprehensive). "The appliances are not stainless steel! We'll have to replace them all! And I don't like the granite countertops. I only like white marble. We'll have to replace them too. And the cabinets are not really my taste. They are too dark. I like white. I guess we'll have to redo the whole kitchen!!! (The cute young guy is looking very green around the edges. Is he aging right before my eyes? Oh no. That would be impossible, right?)

I think back to our first apartment. I remember how happy we were there, trekking and sweating up and down all the stairs. How we were always lugging laundry baskets up and down. How we carried bags and bags from the market when we were having a huge crowd for dinner (which we did all the time). I remember cooking for all the crowds in that tiny, tiny kitchen with hardly any counter space at all. I remember doing piles and piles of dishes for all our company. Washing, drying, putting away and bonding! I remember how hot it was in the summers with no air conditioning. How we bought a fan that did not really help much.

We had no amenities. Not one. **NONE**. But we had **EVERYTHING**.



Affordable Living Trusts

Now there's no excuse for you and your family not to benefit from the advantages of a Revocable Living Trust especially if you own your own home or condo.



Single Person..... **\$425**

Married Couple **\$525**

Plus Additional Incidental Costs

Robert D. Schwartz

Attorney At Law • Certified Public Accountant

Toll Free 1-866-34TRUST

1-866-348-7878

1901 S. Congress Avenue, #215, Boynton Beach, FL 33426
 2385 N.W. Executive Center Drive, Suite 100, Boca Raton, FL 33431
 2101 Vista Pkwy. South, West Palm Beach, FL 33411
 14255 US Hwy. 1, Suite 270, Juno Beach, FL 33408

(Available by Appointment)

Mr. Schwartz's qualifications Include:
 Graduate of Univ. of Florida College of Law w/honors
 Graduated Cum Laude from Florida State University
 National Speaker on Estate & Tax Planning

The hiring of a lawyer is an important decision that should not be based solely upon advertisement. Before you decide, ask me to send you free written information about my qualifications and experience.

NEED HELP WITH PAPERWORK?

DEBORAH REMSON

Personal Bookkeeping Assistance Services

- Bill Paying
- Balancing Your Check book
- Record Keeping
- Organizing Personal Paperwork

FREE CONSULTATION

(561) 969-3240

Cell (561) 818-5835

MEMBER OF
 AMERICAN ASSOCIATION OF
AADMM
 DAILY MONEY MANAGERS

References

It's Happening In Dorchester

By: Carol Baron & Iris LeVine

We have lost several of our neighbors, but are lucky enough to get new residents and welcome them to Dorchester. Among them we would like to welcome Donna and Melvyn Hodis and Kaye and Lou Kennedy, some of the folks who moved to Dorchester during the COVID pandemic. Donna and Mel moved here with their son and grandson in Feb. 2020, just in time for the pandemic lock-down. Originally from upstate NY, they lived in FL for a number of years. Mel is a pharmacist by training, but wound up in furniture business. Donna was an art teacher as well as mother to 3 children. Now they are proud grandparents of 7. They are all looking forward to having the opportunity to socialize and spend more time at the club.

Meanwhile Kaye and Lou Kennedy moved here in Aug. 2020 from Chesterfield, VA. They had a taste of the good life that FL offers from visiting their daughter who lives in Boynton Beach. So, when they each retired from the Department of Defense in

2013 (after 37+ years), moving to Florida was the natural next step. An avid golf player, Lou is thrilled to play several times a week. They both enjoy our fitness and aquatics facilities. In addition, they have visited the beaches and parks in P.B.C. along with their 2 Boykin Spaniels, marveling at the many birds and other forms of wildlife as they walk with them in our neighborhood.

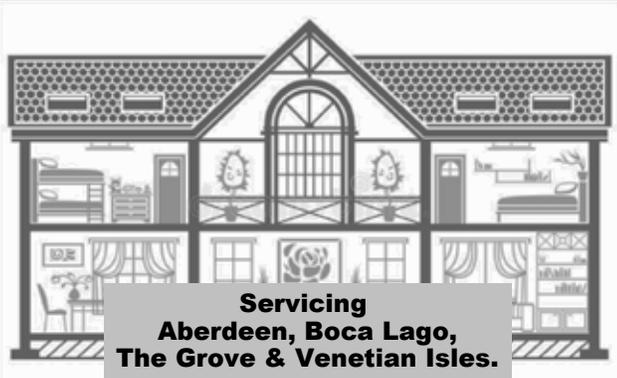
I get to meet many of our neighbors as they submit ARB forms to me ... as the Carpinello's, Michael and Joanne. So glad to help them with changes to their home.

Reminding all of our residents of the Dorchester annual meeting on Mar. 17th @ 6 PM @ the Rec Center. We welcome any resident who would like to be on our HOA BOD and help to keep our community on top here in Aberdeen. If you would prefer, please submit your proxy ASAP . We want and need your input.

To those who drive over 20 mph here, be careful. You are liable to lose your resident auto sticker which allows you to enter here through the automatic resident gate at the Estates Rd. entry. It is worth slowing down for all of our safety.

Hoping you all had a wonderful Valentine's Day with enough love to last all year long ... and be kind to yourselves and your neighbors.

Rosenberg & Son House Sitting
OVER 25 YEARS EXPERIENCE
TAKING CARE OF HOMES



Servicing
**Aberdeen, Boca Lago,
 The Grove & Venetian Isles.**

MARTY ROSENBERG
 Owner

**Don't leave your home unattended
 While your gone - Call me**

Mobile (248) 219-7805

**PLEASE
 SUPPORT OUR
 ADVERTISERS**

How to Access the Aberdeen Times on Your Computer

1. Enter the e-mail address:
<http://www.aberdeentimes.org>
2. Top right, click on: Print Edition
3. On your left, click on: Drawer file
4. Click on dir
5. Select month by clicking on month
6. Give a few minutes to upload
7. Scroll using mouse wheel or bar on the right
8. Enjoy reading the Aberdeen Times from anywhere in the world!

Support our Sponsors

Aberdeen Times

By: Estelle Morganstein (Shores)

This month's column is directed primarily to the many wonderful new residents that we have welcomed into The Shores over the last couple of years, but I am hopeful that many of our long-standing homeowners will also benefit from this information.

Like many other communities in southeast FL (and elsewhere in this great state), we were established to serve people 55+. Our homes are designed as one story in order to accommodate the present and future needs of our households, and, along with our actual abode, we have availability and access to varying amenities for everyone's enjoyment, both indoor and out. Our clubhouse complex consists of two buildings as well as several sports venues. One building houses a spacious lobby and large ballroom with an elevated stage and seating for approximately 175 people, with an attached kitchen, and is used for professional shows as well as for one-time events sponsored by our many clubs. The second building is where our office is located, as well as a small meeting room and a large card room, with an attached library.

Our sports facilities include a modest indoor gym with several exercise machine options, a beautiful outdoor pool area with a hot tub and space to BBQ. Also, 2 years ago, the Aberdeen East Villages determined to upgrade and enlarge all our outdoor game areas, including expanded pickleball courts, refurbished tennis, bocce, and shuffleboard sets and more, at considerable expense, all for the enjoyment of our residents and their guests. As well, our washrooms are constantly being upgraded as are our pool areas, and our Board strives to maintain and enhance our landscaping and entrances.

All of the above is scrupulously maintained by our onsite custodial staff, resident Club House Director, and property management company, overseen by a Board of Directors, known as the VOE (Villages of the East), which meets on the first Wednesday of each month at 9 AM in the Club House, and which consists of one representative from each of the 6 sub-communities which comprise Aberdeen East. We welcome attendance by

any and every resident who would like to become familiar with how our community operates, our budget process, and our decision-making mechanism.

I look forward to seeing both homeowners who have lived here for many years, and those who moved in more recently at our VOE meetings, and welcoming them personally. Our next meeting is scheduled for Mar. 2nd.

If you are celebrating Purim this month, chag sameach - and for everyone else, stay well and stay safe until we meet again.

Harbour Lights

By: Wendy Latman

Welcome springtime. Significant events in March include Daylight Savings Time on the 13th (set clocks back one hour), St. Patrick's Day on the 17th (stay off the roads), and the First Day of Spring on the 20th. Spring break across the country usually brings swarms of visitors to Florida, making for crowds in museums, on the beach, and heavy traffic on the roads as well as on sidewalks. But, hopefully, this dreaded virus will dissipate and allow everyone to feel free and safe to be amongst friends and tourists.

In continuing with this year's theme of interviewing residents.

Meet Vicky and Michael Morgan...

Better known as Vicky and Mike. Vicky and Mike relocated from West Bloomfield, Michigan to The Harbours at Aberdeen in August of 2020, smack in the middle of the pandemic. When asked what they liked about living here, they simultaneously replied, "We love the sunshine." They don't miss the Midwest and the cloudy, cold winters. Since settling in, they rescued a 10-year-old pup, named Diamond. Vicky can be seen pulling Diamond's cart and walking her dog very often on Parkwalk Drive.

Vicky has been a psychoanalyst and in private practice for close to 40 years. She is licensed in Michigan so she is able to continue working with Michigan resident patients via telehealth. She is hoping to wind down her practice in the near future and looks forward to retirement.

After a serious sudden cardiac event/medical episode, 4 years ago, Mike retired from working as

(continued on page 13)

HARBOUR LIGHTS...*(continued from page 12)*

an Art Director for advertising agencies in Detroit. He is looking forward to getting back into painting, and is honing his piano playing skills.

What they learned from the experience of Mike's illness is, "to live life to the fullest." That's when they decided to pick up and move to FL, which had been part of their plan for a long time. No time like the present to execute plans for the future. They took adversity and made it into a fresh start.

Between the two of them, they have three children and five grandchildren. All three of their children married doctors. Two of the children are teachers and one is a nurse.

Since moving here, they have both gotten involved in playing pickle ball. They joined several clubs, but most activities have been shut down because of Covid.

As a couple, they enjoy classical music, cooking and reading. Vicky enjoys a hobby of helping to save the Monarch butterflies by attracting the caterpillars with Milkweed plants. The chrysalis forms, which is the incubation of caterpillars, until they emerge as butterflies. Vicky has released over a dozen butterflies since living in Florida. I suggested they have a ceremonial release of the butterflies when the time

comes. Butterflies play a significant role in their lives. They were married at Butterfly Habitat in Michigan.

Please say hello to Vicky and Mike and Diamond when you see them.

Stay tuned for another Meet Your Harbours Neighbor next month. If you have a story of interest, or would like to volunteer to be interviewed, please call or text me at 561-699-5857 or email me at wlatman@bellsouth.net.

Welcome to the Aberdeen Times FREE SUBSCRIPTION

Please access our website: aberdeentimes.org and subscribe to future digital editions. Fill out the form on our website by providing your name, email, and community. A digital copy will automatically be sent to your email address every month.

Ray-Jack's Plumbing, Inc.

Ray Ritter
Owner Operated
LICENSED &
INSURED

Need a Plumber? Call Us!

All phases of plumbing



Cell: 561-436-3607
Office & Fax 561-965-1662

No extra charge for Saturday

Back Flows - Repair, install & certify

- Sewer & drain stoppage
- Hot water heaters
- Toilets
- Faucets
- Tubs & shower valves
- Leaks of all kinds
- Shut off valves

MAK
HANDYMAN ON DEMAND
35 YEARS OF EXPERTISE IN BUSINESS

RATED #1 HANDYMAN ON NEXT DOOR 5 YEARS IN A ROW
CALL TODAY FOR YOUR FREE ESTIMATE

DRYWALL REPAIRS
INTERIOR AND EXTERIOR PAINTING * MOLD REMOVAL
ELECTRICAL AND LIGHTING OF ALL KINDS
SECURITY CAMERAS RING * EQUIPMENT INSTALLED
DRYER VENT CLEANING
SPRINKLER PUMPS REPLACED
PLUMBING, TOILETS REPLACED
FANS INSTALLED
LIGHT FIXTURES
AC MAINTENANCE / REPAIRS

I Buy Cars For Cash

CALL TODAY
561-339-8633
Marc Kessler

REFERENCES AND TESTIMONIALS AVAILABLE UPON REQUEST

100% SATISFACTION
★★★★★
FIVE-STAR RATING!

Inspiration – Your Life is an Expression of Your Mind

By: Maris Levy (Addison Green)

Our minds determine and control our personalities, ambitions, successes, failures and the health and functions of our body organs. When we are happy within our minds, our bodies react with feelings of good health and abundant energy. When we are mentally stressed, our bodies react with feelings of fatigue that lead to the deterioration of our body organs. I often need to remind myself of the old saying, “I am the master of my fate.” It’s up to me to direct my mind to travel down the positive road.

The gym chain, Planet Fitness, is known for their motto, “We are a judgment-free zone.” This is an admirable aspiration, but, to my mind, it is a total misnomer. There is no such thing as a judgment-free zone, because we are always criticizing and judging ourselves. We are our own harshest critics. The result of our self-criticism can be detrimental to our self-esteem, but it can also have a positive side, pushing us to go beyond our comfort zone and venture to reach greater heights.

I admit that I am guilty of being overly hard and critical of myself. When I encounter a situation, project, or technological challenge, my first reaction is to shout out loud, “Don’t tell me I can’t do this.” I will then go forward and pursue a pressure-driven course. With my BFF, Google” by my side affording me confidence and knowledge, I forge forward, never looking back. I give my stubborn mind free rein to do its thing, and ultimately reach the successful completion of even my most challenging goals. And then I proudly say, “I came, I saw, I conquered.” I smile, relax and enjoy my moment of victory while complimenting my mind for its determination.

It is true that our minds express and determine who we want to be and who we truly are. Whether or not I like this fact, I am living proof of its veracity.

JUMBLE

Unscramble the words below to reveal the secret message. (Answer is on page 16).

vleo ildofar nda on onsw

--	--	--	--	--

We Have A Winner...

By: Carol Kayne (Sterling Lakes)

Dr. Mitchell Hantman, an Aberdeen outside golf member has made us proud by coming back to the United States with the Queen Victoria Jubilee Vase from The Royal & Ancient Golf Club of St. Andrews (The R & A) in Scotland under his arm.

How does one do that? Well, Mitch became a member of the R & A in 2014, (coincidentally the first year women were admitted to that club). This past September, he played in the Jubilee Vase as he had done five previous times. This tournament has been played each year on the 600 year old ‘Old Course’ since 1887 and attracts up to 430 players from as many as 130 different countries.

How difficult is this competition? In order to win “The Vase”, a player must win seven consecutive 18-hole matches over a 5 day period. Mitch won his final match and was declared the 2021 winner this past September 18th.

Who is this masked man? Dr. Mitchell Hantman is a retired dentist from Boca Raton and, according to a number of Aberdeen golf members I have spoken to, is not only one of the finest golfers here, but is also known as the finest gentleman of the game. It is a wonder that a golfer of his stature is willing to play with any member the pro shop teams him up with. But he does, and he does it graciously.

How did I get the pleasure of meeting Mitch for this article? Mitch’s mother, Roz, and I started kindergarten back in Brooklyn in 1936 and went through grammar school, high school and Brooklyn College together. We remain friends to this date. During a phone conversation, his mother rightfully bragged of his recent win. I thought this quiet man, who chose our Aberdeen Golf Course, of all the courses in Palm Beach County to play at, should speak volumes as to the quality of our course, and he should be recognized by all of Aberdeen’s residents for his recent accomplishment.

Mitchell was born on Long Island, New York and started playing golf at the ripe old age of 15 with his father and brother. Though his dad was not an accomplished player, he instilled the love of the game in his son. Mitch revealed to me that

(continued on page 15)

WE HAVE A WINNER...(continued from page 14)

he became completely enthralled with and reveres the game. Along with his dental practice, he became so involved with golf that he is now a long-time panelist for Golf Direct, one of the bibles of the game. He assists the magazine in ranking the Top 100 Golf Courses in America, as well as the best courses in each state, and is the magazine's Captain for the state of Florida. Mitch is married to his wife, Harlyne, and has two children and two grandchildren. Now retired, Mitch plays as often as he can at our golf club. If, by chance, you happen to meet him, congratulate him for his win at the Royal & Ancient Golf Club of St. Andrews (in Scotland) and thank him for making Aberdeen Golf and Country Club (in the United States) proud by his association with us.

**PLEASE SUPPORT
OUR ADVERTISERS**

Harvey Baron's Early Bird Special



Loxahatchee National Wildlife Refuge

By: Jon Shaw (Dorchester)

Adventure awaits just a few miles away where you can explore the Everglades. The entrance to the Loxahatchee National Wildlife Refuge is located just 2 miles south of Boynton Beach Blvd. off US Hwy 441. In 1986, the Refuge was renamed the Arthur R. Marshall Loxahatchee National Wildlife Refuge to honor former USFWS employee and noted S. FL conservationist, Arthur Raymond Marshall. The refuge is 145,189 acres of northern Everglades and cypress swamp, protecting the integrity of the remaining Everglades ecosystem. The refuge located wholly within Palm Beach County, consists of Everglades ecosystems including a mosaic of wet prairies, sawgrass ridges, sloughs, tree islands, cattail communities, and a 400-acre cypress swamp. These lands provide habitat — food, water, shelter, and space — for more than 250 species of birds, 60 species of reptiles and amphibians, 40 species of butterflies, and 20 types of mammals. The refuge also provides habitat and protection for endangered and threatened wildlife such as the American alligator, snail kite, and wood stork. Migratory birds such as Central and South American songbirds, elusive marsh birds, shorebirds, raptors, and waterfowl winter at the refuge, along with a great variety of year-round resident wading birds and other wildlife. Through refuge programs and facilities, visitors can enjoy a variety of educational and wildlife-oriented recreational opportunities such as guided birdwatching and interpretive wildlife tours.

If you haven't yet read *River of Grass* by Marjorie Stoneman Douglas, you should pick up a copy to learn about this vast ecosystem right in our backyard.

"There are no other Everglades in the world. They are, they have always been, one of the unique regions of the earth; remote, never wholly known. Nothing anywhere else is like them." - Marjory Stoneman Douglas

The refuge is a great place to take out-of-towners, as I have been there many times and always managed to see an alligator or two. Other reptiles found in the Refuge include turtles and tortoises, lizards and snakes. They are great at camouflaging themselves within their habitat, so keep a sharp eye out for them.

(continued on page 16)

LOXAHATCHEE NATIONAL...*(continued from page 15)*

When you first enter the refuge, there is a Visitor's Center on the right which is a great place to get started if it's your first time. You can learn about recent wildlife sightings and pick up additional information. Behind the Visitor's Center is an accessible 0.4-mile Cypress Swamp Boardwalk. But don't stop there. There are many different areas to discover. The Marsh Trail is an easy 1-mile walk with a viewing deck at the halfway point.



View of marsh from observation deck

Heading back to the main road and proceeding west, stop at the shelter that overlooks a lake, where you'll probably see an alligator and plenty of turtles.

Shelter for viewing overlooking lake

If not, hop back in the car and drive further west to the end point, where the Lee Road Boat Ramp provides access to kayaks and canoes and where you will definitely see alligators.



Alligator at boat ramp



For the more adventurous and the bicycle riders, north of Lee Road, visitors can walk or bike almost five miles of gravel trails next to wetlands, canals, and cypress swamp habitat. Hiking, bicycling, pet walking, and equestrian use are welcome on the 36 miles of trails on the perimeter levee. These trails are flat, packed gravel. A mountain or hybrid bike for all trails open to biking is recommended.

Always check the weather conditions before leaving home and dress appropriately for the day. This might include wearing a hat, sunglasses, long sleeves, long pants, and walking shoes. Bring plenty of water, sunscreen, insect repellent, and a first aid kit.

TIP:

If you still want more of an Everglade's experience, visit what is known as the Hillsboro Area. This involves getting back in the car and driving south on US Hwy 441 for approximately 12 miles to the very southern border of Palm Beach County. Just after you cross the Hillsboro Canal, turn west on Loxahatchee Road. If you take it all the way to the end, there is ample parking, and you can walk or bike ride the levee between the southern end of the Refuge and the northern edge of Water Conservation No. 2, located in Broward County. After a few minutes, you'll feel like you're in the middle of the Everglades.

(All photographs taken by Jon Shaw.)



Answer to Jumble Puzzle on page 14
("Love Florida and no snow")

Boynton Beach Home Watch

Give yourself peace of mind by having an insured Home Watch professional perform regular property inspections while you're away...



Sarah Kirkland
Owner
561-369-8726

Call for references and a free estimate,
And visit our website below :

Boyntonbeachhomewatch.com

*Trusted business owner in the community,
Caring for properties since 2009*

COMMISSION NEGOTIABLE!

FLORIDA'S #1 BROKER-ASSOCIATE IN THE ACTIVE ADULT COMMUNITIES!
CALL PAUL SAPERSTEIN, ESTATE SPECIALIST TODAY!

YOUR ABERDEEN MARKET REPORT!



SOLD
\$570,000

4 BD, 4 BA, 3,349 SF



SOLD
\$500,000

3 BD, 3 BA, 2,596 SF



SOLD
\$400,000

3 BD, 3 BA, 2,563 SF



SOLD
\$365,000

3 BD, 2 BA, 2,618 SF



PICTURE
YOUR PROPERTY
HERE NEXT!

IS YOUR HOME NEXT?

Property information herein is derived from various sources that may include, but not limited to, county records & the Multiple Listing Service. Although the information is believed to be accurate, it is not warranted and you should not rely upon it without personal verification. If your home is currently listed with a Realtor® this is not a solicitation.

DON'T BE LEFT BEHIND! PAUL DELIVERS RESULTS

Paul Saperstein

Broker-Associate

RANKED #68 IN THE USA FOR TRANSACTION SIDES

AS ADVERTISED IN THE WALL STREET JOURNAL BY REAL TRENDS

paul.saperstein@exprealty.com

Meet Paul Saperstein

→
SCAN ME WITH YOUR PHONE



FREE HOME VALUATION GO TO:
www.PaulSaperstein.com



DON'T MAKE A MOVE WITHOUT ME! CALL OR TEXT

561.220.6789

ABERDEEN EAST UPCOMING EVENTS



Back by Popular Demand

Sarge!

Sunday, February 27
8:00 p.m.

\$25pp—\$30 Guests/Walk-ins*
Limited Theatre Style Seating in the Ballroom

Join us for a night of incredible laughter with an extraordinary entertainer. Sarge delights audiences with humor that comes from a very personal place. And he is much more than a comedian. Sarge is a triple threat. A self-taught piano savant, an author and a motivational speaker. In addition to dead on impressions, this hysterical stand-up comedian also sings in his own voice and in a dozen others including Harry Connick Jr., Sammy Davis Jr., Lionel Richie and Stevie Wonder. He leaves his audience howling for more.



William Florian
Saturday, March 19
8:00 p.m.

\$20pp—\$25 Guests/Walk-ins
Theatre Style Seating in the Ballroom

Those Were The Days is an upbeat and energetic musical performance by *William Florian* and his band. The show consists of American hits of the 60's including songs performed as lead singer of the famous New Christy Minstrels, plus the music of Peter Paul and Mary, John Denver, Pete Seeger, The Mamas and The Papas, and originals presented with comedy and amusing stories, all in a wonderfully intimate show. William travels the globe spreading goodwill through his music!

Please visit the Aberdeen East Clubhouse Office Monday—Friday between 10:00 a.m.—3:00 p.m. to make your seat selection and receive your show tickets. Checks only, can be made payable to *Aberdeen East Clubhouse*.

*** If available, non-Aberdeen East guests may purchase tickets one week before each show.**

If you have questions, contact the Aberdeen East office at 561-734-0113.

YOUR LOCAL EXPERT and FRIENDLY NEIGHBOR at ABERDEEN

Luz Angela Agredo Real Estate Broker Associate



Available 24/7 in person and virtually

[angela.homes](#)

Angela Homes Real Estate

Luz Angela Agredo

Thinking of Selling or Buying? Let Us help!



BUYER
8954 Brittany Lakes Drive, Aberdeen Lakes
SOLD



SELLER
8017 Aberdden 202, Stratford at Aberdeen
SOLD



SELLER
6876 Bitterbush Pl, Aberdeen 3 - Cambridge
SOLD



SELLER
64 Via de casas norte Boynton Beach, FL 33426
SOLD

- 18 years of experience serving the South Florida market.
- More than 2000+ Homes Sold.
- Client focused, results driven
- Representing you in English, Spanish and Portuguese.

- Powerful marketing and innovative tools for maximum reach.
- Direct access to an international network of Buyers ready to close.
- World-class customer service at your fingertips.

Buying or selling is an emotional process we know that. We make your Real Estate experience an enjoyable and stress-free process.

Call us to discuss your real estate goals. We will work to make it a reality

Luz.Agredo@ExpRealty.com

Cell 561 305 0040

Contact me to learn what your home would sell for in today's market.

Marty's Recipes

By: Marty Hyman (Waterford)

Drop Meatballs

When we lived in South Philly, in a neighborhood known as the "South 9th Street Italian Market", there were no less than 46 restaurants within walking distance.

The Market runs along 9th Street from Wharton to Fitzwater Streets. The "Italian Market" began in the mid-to-late 1880s when Antonio Palumbo, an Italian immigrant, opened a boarding house in the neighborhood for other Italians. Businesses sprang up to serve this growing community and began to form the largest, outdoor, continuous market in the country.

Food stalls began to occupy the East side of 9th Street, where merchants sold fresh fish, fruit and vegetables. A number of butcher shops began to offer the highest quality cuts of meat. Cheese shops, restaurants and bakeries filled the West side of 9th Street.

Today, while the outdoor vendors and many of the original Italian businesses remain, the market has diversified to reflect new waves of immigra-

tion. The market boasts some of the most authentic Mexican fare in the city and the surrounding neighborhood is home to a number of Asian eateries and grocery stores, featuring delicacies such as Korean barbeque and Vietnamese Pho. Additionally, a number of unique gift and service providers provide a well-rounded shopping experience.

In the Market is a red gravy Italian-American restaurant named, "Villa Di 'Roma". From the faded black-and-white picture of the iconic Rocky Balboa that is hanging above the bar, a sure sign that you are solidly in South Philadelphia, to the authentic meatballs you will see Basil DeLuca, one of the three brothers who owns the Villa di Roma restaurant, making the day's meatballs. With the help of America's Test Kitchen, here is his iconic recipe for drop meatballs:

Ingredients

MEATBALLS:

- 22 square saltines
- 1 cup milk
- 2 pounds 85 percent lean ground beef
- 2 ounces Parmesan cheese, grated (1 cup)

(continued on page 21)



Lifestyles Senior Care Consultants

Overwhelmed with decisions? Unsure of what to do next?

Senior Care Management, Advocacy, & Much More

Help is one call away! 561-814-1801

FREE CONSULTATIONS

www.LifestylesSCC.com

MARTY'S RECIPES...(continued from page 20)

- 1 teaspoon garlic powder
- 1 teaspoon dried oregano
- 1 teaspoon salt
- ½ teaspoon pepper

GRAVY (SAUCE):

- ¼ cup extra-virgin olive oil
- 10 garlic cloves, peeled and smashed
- ½ teaspoon red pepper flakes
- 2 (28-ounce) cans crushed tomatoes
- Salt and pepper
- 3 tablespoons chopped fresh basil

METHOD**To Make the Meatballs:**

1. Place saltines into ziplock bag, seal, crush fine with rolling pin. You should have 1 cup.
2. Combine saltines and milk in a bowl and let sit for 5 minutes to soften.
3. Use fork to mash into a paste.
4. In a large bowl, add beef, Parmesan, garlic powder, oregano, and salt and pepper.
5. Add the saltine mixture and mix with your hands thoroughly combined.
6. Divide meat mixture into 24 scant 1/4 cup portions.
7. Roll portions between wet hands to form balls.

8. Transfer onto plate and cover with plastic wrap, refrigerate until ready to use. Meatballs can be refrigerated for up to 24 hours.

To make the Gravy (Sauce)

1. Combine oil and garlic in large Dutch oven.
2. Cook over low heat until garlic is soft and golden on all sides. 10-12 minutes, stirring occasionally.
3. Add pepper flakes and cook until fragrant, about 30 seconds, stir in tomatoes and 1 tsp. salt.
4. Nestle meatballs into sauce.
5. Bring to simmer over medium heat.
6. Cover and bake at 400° until the meatballs are cooked through and tender, about 40 minutes.
7. Let cool, uncovered, for 20 minutes.
8. Gently stir in basil and season with salt and pepper to taste.

Serve over al dente penne pasta.

Do you have a favorite recipe and story?

Email it to Marty at jogvista@yahoo.com

Sterling Lakes Estates

By: Judy Lukow

Holidays in March and a Hearty Welcome to Our New Neighbors

Don't forget to turn your clocks ahead Sunday morning 2:00am March 13th!

March has Holidays and, coincidentally, 2 of them are on the same day, March 17th, St. Patrick's Day, and Purim. The last time this happened was in 1984.

Both holidays confirm their religion has and will go on even under challenging times. Even as they are celebrated differently, on March 17th, you can get drunk and have cookies with your beer. Enjoy!

Our New Neighbors in Sterling Lakes

I'd like to introduce David and Diane Stein and their little dog Zoey. They celebrated their 1-year anniversary of moving into Sterling Lakes and becoming members of the Aberdeen Country Club, February 5th. They moved from West Orange, NJ and they are loving it here.

To speak to David, you'll find his enthusiasm and excitement contagious. He told me, "it may sound crazy", but every day he steps outside his

(continued on page 22)

COMPUTER-MARK

SERVING THE AREA OVER 15 YEARS

*** Call for FREE Fridge Magnet ***

CALL: **MARK SINGER**

Cell: 954-629-0978 Home: 561-732-7791

E-mail: computermark@live.com

- Fast Reliable Computer Repair
- New PC Set-up (in **HOME**)
- Modern Windows Training
- New Mac & I Phone Set-up (in **HOME**)
- Computer Tune-up
- FREE Phone Consultation
- Virus, Adware, Malware & Spyware Removal
- Many more services, Just **Call**

Microsoft, Cisco, A+, Apple Certified



STERLING LAKES ESTATES...*(continued from page 21)*

door in the morning to walk Zoey, he sees the sunrise and he says to himself, "another day in paradise." (Who else feels that way? I do.)

They knew of Aberdeen from Diane's mother, who lives in Lancaster. After deciding to retire and move to Florida this is where they wanted to live.

Their house was listed online and with only the pictures and talk with the Real Estate agent, they bought their house sight unseen. When they finally moved in it took their breath away, especially their view. The house was so much better in person and they are very happy living in their home.

They are so happy here that they got 2 other couples from where they lived in West Orange, to buy homes here too.

Here in Florida, David met long lost friends from his High School that live nearby and they're planning lunches.

David enjoys going to the board meetings and is very happy with our HOA. "Everyone here is very friendly."

David likes to visit outdoor places. Diane likes to play Mahjong, Canasta, and shop.

Their grandchildren love to visit them as they go to Disney World and other fun places. There's plenty of things that attract grandchildren here.

They both love socializing at the clubhouse and, as of this writing, they have reservations for 14 of their family members for the Valentine's Day dinner.

Welcome David and Diane!

Caring and Sharing

Carol and Mike Wallach:

In December, Mike and I spent two wonderful holiday weeks in both LA and Bend, Oregon. We visited our son and daughter-in-law in LA. After almost three years of searching and disappointments, they were finally able to purchase their first house.

Then we all traveled to Bend, Oregon to spend Christmas week with my daughter-in-law's family. We wore down coats and boots and walked in the snow. It's been a long time since we did that

(continued on page 23)



**YOUR FULL SERVICE
CONTRACT COMPANY**



(561) 966-8774
www.central-ac.com

ABERDEEN

BASIC PACKAGE COVERAGE

Air Conditioning (including compressor - up to 5 tons)	Included
Heating	Included
Thermostat/Humidistat	Included
Refrigerator	Included
Icemaker	Included
Cold Water/ Ice Dispenser	Included
Oven/Range (includes self-cleaning)	Included
Microwave Oven (built-in)	Included
Garbage Disposal (replacement -1/2 HP)	Included
Plumbing & Electric (2 Baths)	Included
Extended Plumbing	Included
Dishwasher	Included
Washer/Dryer	Included
Water Heater (up to 50 gallons)	Included

REPLACEMENT (SEE TERMS AND CONDITIONS)
Air Conditioner, Refrigerator, Dishwasher, Oven & Range, and Washer & Dryer. (excludes stack sets)

TOTAL BASIC PACKAGE \$225.00

THE WAY SERVICE WAS MEANT TO BE!
Providing quality service and customer satisfaction Since 1987!!

CAC also sells and installs
**New Air Conditioning Systems,
Hot Water Heaters and more**
Call for a
FREE ESTIMATE

AVAILABLE OPTIONS

Each Additional Bath	\$10.00
Freezer (separate)	\$25.00
Trash Compactor	\$15.00
2nd Refrigerator	\$25.00
Instant Hot	\$15.00
2nd Air Conditioner (up to 5 tons)	\$45.00
2nd Air Conditioner - Replacement (each additional - up to 5 tons)	\$45.00
2nd Water Heater (up to 50 gallons - each)	\$20.00
Water Heater - Replacement (up to 50 gallons - each)	\$35.00
Yearly A/C Check-Ups (each)	\$35.00

No Co-Pays

No Subcontractors

Unlimited Service Calls

◆ 2 HR. Time Spans for Regular Service Appointments
- No All Day Waiting!

- ◆ 35 Highly Trained Service Technicians
- ◆ On Call 7 Days / 24 Hours a Day
- ◆ Serving the Entire Tri-County Area
- ◆ State Regulated - Licensed & Insured
- ◆ New Fully Stocked Vans Equipped with Satellite Tracking Devices
- ◆ Large Parts Department



STATE OF FLORIDA LICENSE NO. 80228
CACO 32383 - CFC57183 - EC13006352

STERLING LAKES ESTATES...*(continued from page 22)*

and it was great!

To Everyone, we wish for you all to stay safe and healthy - Carol

Sounds like you all had a wonderful time making memories that will last a lifetime!

A Speedy Recovery

We wish Carol Adelman an easy and speedy recovery.

Some Sad News

It is with deep sadness that we inform you of the passing of Beverly Tesler. Beverly passed away on January 2nd. She was one of the original Sterlingites. May she rest in eternal peace.

Hadassah Happenings

**On Monday, March 14, at 4 pm
a Hadassah Parlor Educational
Program will present:**

**WHAT IS A HOLOCAUST
SURVIOR?? One Woman's Story.**

Join us on Zoom to hear Evelyn Grapek share her childhood memories of Nazi Germany and how she and her parents began a new life in America. Everyone is welcome and for information to connect to link, contact Marjorie Feldman at 561-523-1160.



Trust Your Precious Vacation With Our Travel Professionals

(877) 736-3880 or (561) 736-3880

Cruises-River Cruises-Escorted Tours-Resort Vacations

www.sandctravel.com

We have gone virtual but with same personal service and value that we have provided the Boynton Beach area for almost 30 years!

Aries Horoscope 2022

March 21 - April 20

According to Aries Horoscope 2022, the year will bring mixed results for you. In this year, Saturn, the Divine Justice, will be present in your tenth house during most of the year, which according to the Kaal Purush Kundli is the house of karma of the native. As a result of this, Aries natives will need to give up their lazy attitude and work extra hard to get success. Along with this, Mangal Dev or Planet Mars will also bring many important changes in your life this year. In the second half of the initial month i.e. January 16, the red planet Mars will enter Sagittarius, due to which you will be able to attain several auspicious results financially and a sense of positivity will be seen in the life of the people of Aries zodiac sign. But this time will prove to be very painful for the lovers. Because due to some misunderstanding with their beloved, there will be chances of disputes and distance.

However, according to the annual horoscope predictions, on the 13th of April, when Guru Jupiter will transit in its own zodiac sign Pisces, and it will enter the twelfth house of loss. As a result, Guru Jupiter will influence the students of this zodiac sign. Because students will be able to score good marks while gaining success in every exam.

Apart from this, from the beginning of the year until March 6, there will be a conjunction of Saturn and Mercury in Capricorn which falls in the tenth house of Aries natives and aspects the fourth house of domestic comforts and chest area. Due to this combination, you may face some health problems. However, during this time you are unlikely to have any major or serious disease. Despite this, you will need to take care of your health the most this year. Because after the initial time, from mid-May to August, the transit of Mars in your tenth house can disturb the digestive system. Therefore, avoid as much spicy food as possible by eating a balanced diet.

At the same time, the period from June 27 to August 10 will bring compatibility to your family life since the sign lord Mars will aspect the fourth house of domestic comfort and then on August 10, it will transit in the second house of the family

(continued on page 25)



Minuteman Press DELRAY BEACH
WE DESIGN, PRINT & PROMOTE...YOU!



10% OFF ANY T-SHIRT ORDER

24-SHIRTS MINIMUM.
Some restrictions may apply.

www.delray.minutemanpress.com
P: 561.495.7898 F: 561.495.8171
15108 Jog Road, Delray Beach, FL 33446

Law Office of
Sherilynne Marks, P.A.
100 E. Linton Blvd. Suite 304B
Delray Beach, FL 33483

Telephone: (561) 732-8323
www.SheriMarksLaw.com
SheriMarksLaw@yahoo.com

Wills: Single: From \$50, Married: From \$75
(Includes Free Living Will)

Ask us how you may be able to avoid Probate!

Revocable Living Trusts: Single From \$300
Joint From \$500 A/B From \$1,000
(Includes Free Living Will and Powers of Atty)

Fees Exclude Costs
Other Services: Probate

Free Consultations - By Appointment Only

The hiring of an attorney is an important decision that should not be based solely upon advertisements. Before you decide, ask us to send you free written information about our qualifications and experience.



HURRICANE DOOR SALE

GARAGE DOORS **GARAGE DOOR TUNE-UP**

Miami Dade Code
CALL FOR DISCOUNT PRICING

\$39⁹⁵

lubricate all moving parts, inspect rollers, hinges, tracks, cables, bottom rubber & exterior seal and opener adjustments.

Major Brands Carried:
Clopay® • Amarr® • LiftMaster®

PGT ENTRY DOORS & WINDOWS

THE DOORMAN OF SOUTHEAST FLORIDA

GARAGE DOOR & OPENER REPAIR

Serving Palm Beach & Broward Counties For Over 20 Years

wholesale to the public 940 Clint Moore Road • 561-272-3667
WWW.THEDOORMAN.NET • Lic. # U-20617 CC 07-FL-138-50-R

BROKEN SPRINGS REPLACED
SAME DAY SERVICE
NEW REMOTE CONTROLS
WIRELESS KEYPADS
KEYCHAIN REMOTES
OPENERS W/ BATTERY BACKUP
QUIETER VINYL ROLLERS



ARIES HOROSCOPE...*(continued from page 23)*

during this period. But the aspect of Saturn in the month of August can cause turmoil in your family life. Because during this time it is possible for you to argue with your family members, which will also increase your mental stress. Also, between mid-September to mid-November, the movement of planets will cause health problems to your father. If you are married, the first four months (January, February, March, and April) are going to be stressful for you. At this time, your egoistic confrontation with your spouse will be clearly visible. But after this, when the planet Venus transits in your own zodiac sign, there will be some improvement in the circumstances. With this, you can also plan to go on a trip, while improving your relationship with your partner.

**PLEASE SUPPORT
OUR ADVERTISERS**

**Considerations Before Deciding
On Your Next Car**

By: Murray Iseman (Addison Green)

The acquisition of a replacement vehicle is usually our second most expensive purchase. Most of us would rather visit the family dentist rather than an auto showroom. In 2022, there are unique, market dynamics that make this even more challenging.

1. As with most items, auto prices are greatly impacted by supply and demand. Given the limited supply of computer chips, new car supply is limited. Additionally, the introduction of sophisticated safety features feeds into consumer demand.

2. As new car prices climb, it pushes up the price of used cars. Rental companies, faced with low customer demand during Covid quickly shrunk fleet inventory. Now they are trying to keep pace up with their own market demand by increasing inventory by adding more new cars. Some are even

(continued on page 26)

ULTRA AIR CONDITIONING 

(877) 333.0189



REPLACEMENT SYSTEMS

- Other Brands Available Upon Request
- 2 Ton System- (15 Seer) Rheem \$3,250
- 2.5 Ton System- (15 Seer) Rheem \$3,350
- 3 Ton System- (16 Seer) Rheem \$3,450

WARRANTIES

10 years complete systems / 1 year first co Air-handler / 2 years labor all systems

Includes: Digital thermostat, flood safety device disconnect box, crane lift, hurricane straps, armaflex insulation, heater, permit fee, removal disposal of existing system, and labor

REPAIR DIAGNOSIS.....\$75
MAINTENANCE CHECK UP.....\$79

Other Services available upon request
Ductwork replacement, UV Light installation, duct cleaning, emergency water leaks

LIC: CAC1815439



CONSIDERATIONS BEFORE...*(continued from page 25)*

rumored to be buying late model, used cars.

BUYING A NEW CAR

1. This allows you to select the exact color and options you prefer. You get a factory warranty for a limited number of years and/or miles.

2. If financing, it offers the lowest interest rate.

3. New cars are most attractive to customers that plan to keep the car until it becomes unreliable or too expensive to maintain. You don't have to visit a showroom every 3-7 years. A new car may lose ½ its value in 3 years. Trading up every 3-4 years usually means you are giving up your ride just after it passed through its greatest time of depreciation. This is evident in your graph of the car's value over a 10-year period.

4. If you regularly change oil, MOST new vehicles will go over 100,000 miles without a major repair. Check Consumers reports to avoid vehicles that are not dependable. Some of those listed are surprising.

5. Sales Negotiations:

a. The dealer cost is often about 88% of sticker

price. But there are other factory incentives and bonuses. The dealer could probably sell cars all day at his invoice price and still cut a profit.

b. Until about a year ago, bargaining started with the invoice price and you haggled over the amount of your discount. Now it starts up to \$5,000 OVER sticker and the negotiation is to determine how much of that premium up-charge you can whittle down. There are some exceptions: your new car is at the end of a long run (it 1st hit the market 5 years ago undergoing minor updates); it is an "odd-ball" car (I know someone who bought a new Cadillac many years ago at a great price. Why? It actually had a manual transmission.)

c. The best price that the dealer will accept changes based on current market trends, area dealer inventory, factory incentives, popularity of the model you want, color (unpopular colors such as green, light blue, butterscotch or red), dealer added equipment and length of time your desired car has languished on the lot. Your negotiation power is minimal if you want a white SUV. (Look

(continued on page 27)

\$2500
CUSTOMER
REFERRAL REBATE



Quality SERVICE SINCE 1994
HOME WARRANTY PLANS
"YOU ONLY PAY FOR WHAT YOU NEED"®

\$2500
REBATE
FOR NEW CUSTOMERS

AIR CONDITIONING | APPLIANCES | PLUMBING | ELECTRICAL

THE BEST WARRANTY PLAN AT THE BEST PRICE!

SAME DAY SERVICE!

NO DEDUCTIBLES...NO SERVICE CHARGES

TWELVE (12) MONTHS OF SERVICE PLUS:
FREE TWO (2) ADDITIONAL MONTHS OF SERVICE FREE!
THAT'S 14 MONTHS OF COVERAGE

Email: support@qualityservicecares.com
2 HOUR SHOW-UP • LICENSED TECHNICIANS
Website: www.qualityservicecares.com

CALL 561.819.5103 FOR A FREE OVER THE PHONE ESTIMATE!

FLORIDA STATE CONTRACTOR LIC. #CGC1527218 | FLORIDA STATE WARRANTY #18854

CONSIDERATIONS BEFORE...(continued from page 26)

around and count them when waiting for a light.) Research Consumer’s Report, Car FOX, and Car Gurus to get an idea of what your neighbors are paying.

d. Be prepared that most electric or plug-in hybrid SUV’s will command the highest premium OVER sticker. If there is an exception, there must be a reason. Remember that old Chinese proverb, “There ain’t no free lunch.”

e. You will have the most bargaining power if you want an intermediate 4 door sedan model that is about to be phased out and replaced by a new one. Vehicles such as: Toyota Camry, Hyundai Sonata, Honda Accord or Kia Optima/K5 or Mazda 6 run for 4-6 years before replaced by new series.

f. Documentation fees are not required by law. They are just added expenses. Just state that you refuse to pay it. They may use the line that all customers must pay it. If they will not move, request that they lower the sale price by the doc fee and then add it back in.

g. Never mention that you are trading in the

old car. This sets up yet another variable, as you would be negotiating the price of both new and car. If asked, claim a neighbor wants it. A few days before you begin shopping, take the used car to CarMax. They will give you a written offer which is indicative of your vehicle’s wholesale price. AFTER you have agreed to the new car price, then announce that you want to see what the dealer will give you. Unless you have a really sharp car that the used car department needs, the offered trade value will usually be less than CarMax. If they will not meet that price, state that you will sell it to CarMax and come back later. At that point, they explain state sales tax is assessed against the difference between a new car & the trade. Thus, if the new car sells for \$35,000 and your trade is \$20,000 you pay sales tax on \$15,000. But should you sell the car outright, you pay tax on \$35,000. If sales tax is \$1,200, they will offer you \$18,800. Just explain that the CarMax offer is your car’s real value and has nothing to do with sales tax. You can always “think about it and get back to them later.”

h. Be aware that the dealer’s attack on your cash does not end when you have agreed to a sales price. The last stop, the “business office” is often the source of high profit. You have been exhausted by the back-and-forth antics of salesperson and manager. You have that “new car either” or can’t wait to drive it home. The salesperson in the business office will try to sell you: an extended warranty, insurance in the event your car is totaled and the settlement price is less than you owe, warranty for car’s electronics, lifetime oil changes, paint protection, direct your financing to his bank and glass etching. They often just discuss how your selection will: only cost a few extra dollars a month and increase the value of your “investment.” (In my opinion, the only way it can be considered an investment is to park it in a grandchild’s garage, cover it and put the key into a trust that will pass the ignition key onto your grandchild’s future grandchildren.)

i. There is no incentive for the dealer to offer you the lowest interest. Their referral fee may be impacted by the interest rate they get you to accept. Visit your local bank BEFORE ever entering the

(continued on page 28)



**Partners
in Motion**
PHYSICAL THERAPY

Together We Get Your Body Moving Again



Dr. Caryn Chomsky, PT, DPT, CLT
Doctor of Physical Therapy, Boston University
Certified Lymphedema Therapist

Conditions Treated:

Arthritis Axillary Web Syndrome Back and Neck Pain Balance Problems Fatigue/Pain from Cancer Treatments Foot/Ankle Injuries Joint/Muscle Pain and Discomfort	Lymphedema Neurological Impairments Parkinsons Pediatric Impairments Shoulder, Hip and Knee Pain Stroke Vertigo
--	---

Boynton Beach
6609 W. Woolbright Rd., Suite 420
Boynton Beach, FL 33437
(561) 200-4262
Shoppes at Woolbright

Lake Worth
8927 Hypoluxo Rd., Suite A 2
Lake Worth, FL 33467
(561) 469-1115
Town Commons

We accept Medicare and most major insurances, Personal Injury, Auto and Workman’s Comp

CONSIDERATIONS BEFORE...*(continued from page 27)*

dealership. Some banks may even give you a blank check made payable to the dealer that can be filled in up to the amount you and the bank agreed. Thus, when entering the business office, reveal your rate and agree to use their bank only if it represents enough of a savings.

ACCEPT THAT NO MATTER HOW WELL YOU PREPARE, YOU WILL NOT GAIN THE UPPER HAND. This is a happening that you go through perhaps once every 3-5 years. Whereas the dealership staff may participate in more closings in a day than what you may do over a lifetime. A best-case scenario is to avoid the major traps.

Next month will deal with used cars and leases.

You Hear About Essential Workers, But Nobody Talks About Farmworks

By: Darlene Tenes, AARP, Fall 2020

Professionally sidelines by shutdowns, Darlene Tenes uses her PR skills to deliver aid where it's needed most.

As an event planner, I've always had a million things going on. In February, I was organizing one trip to Cuba, another to Puerto Rico. And my dad was turning 90, so I was planning a big celebration for him.

That's when normal life started shutting down. Trips and trade shows got canceled. Events got bumped. My dad's birthday became a Zoom party. I suddenly had all this time, and I thought, *How can I use my skills?*

I saw that a local assemblyman was doing a food drive for farmworkers about 45 minutes from where I live. You hear about essential workers, but nobody talks about farmworkers, who toil from dawn to dusk to put food on our tables. In two hours, I had four cars filled with donations. The next day, I thought I could do more. So, I spread the word on social media and told all my friends; within 36 hours we had 90 vehicles and dozens of volunteers.

A friend who owns a construction company lent us two big trucks. People gave us paper towels,

(continued on page 29)

**CARPET MILLS
DIRECT**

Tony DellaPietra

Residential & Commercial
Large Selection of Carpet
and Laminate In Stock
Hours: Mon.-Fri. 9-6:30,
Sat. 9-5, Sun. 11-4

4517 Lake Worth Road
Lake Worth, FL 33463
N.W. Corner Military Trail
561-439-1700
Fax: 561-965-8681

BOYNTON GARAGE DOOR

Garage Doors and Door Openers

Sales & Service

Competitive Rates

Call Kenny @ 561-789-1204

Anytime

Lic.# U-21480



**SOUTH FLORIDA
WEB ADVISORS**

WEBSITE AND SOCIAL MEDIA DESIGN HOSTING AND OPTIMIZATION
ABERDEEN

RESIDENT / HOA SPECIAL

Free initial consultation for a new website or a facelift
10% discount on new custom website design



South Florida Web Advisors, Inc.
<http://www.sflwa.net>
aberdeen@sflwa.net | 561-337-7806

Specializing in HOA, Small Business &
Professional Service Websites



PLEASE SUPPORT OUR ADVERTISERS

Dryer Vent Cleaning Special
 2 or More Homes Get **\$10 OFF**
561-577-2828
Air Ducts Cleaning
 Breathe Healthier Air...Call Today For A FREE Estimate
 We Are Licensed and Insured Ask For **Boris**
www.PalmBeachVentCleaning.com

DELRAY BEACH PLAYHOUSE
 YOUR HIDDEN GEM ON LAKE IDA

75TH ANNIVERSARY

We Need You Now More Than Ever
#SaveTheArts



2021-2022 SEASON SNEAK PEEK!

A SPIDER'S WEB: AN AGATHA CHRISTIE PLAY	DEC. 3-19, 2021
RESPECT: A MUSICAL JOURNEY OF WOMEN	JAN. 28 - FEB. 13, 2022
DEATHTRAP: A THRILLER BY IRA LEVIN	MAR. 18 - APR. 3, 2022
SAME TIME, NEXT YEAR: A ROMANTIC BY BERNARD SLAD	APR. 29 - MAY 15, 2022

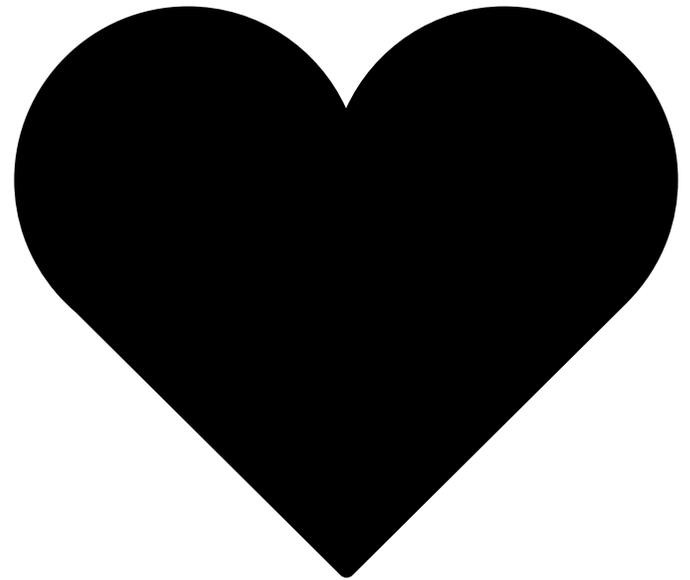
DELRAY BEACH PLAYHOUSE
 Box Office: 561-272-1281 Ext. 5 | delraybeachplayhouse.com

YOUR HEAR ABOUT ESSENTIAL...(continued from page 28)
 diapers, feminine-hygiene products and food. We gathered protective gear, because there's no social distancing when you're a migrant worker.

We drove out, made the drop at a donation center and did a farmworker appreciation parade, honking and waving signs. I felt so emotional. So, I organized the next one. We'll keep doing this as long as there's a need.

"De Colores" is the unofficial anthem of the United Farm Workers. It's traditional to lock arms while singing it. Because of COVID-19, we sing it from 6 feet apart and wave our arms instead. Things change, and you adapt.

Darlene Tenes, 57, is the founder and president of CasaQ, a Hispanic lifestyle company based in San Jose, California.



I've sure gotten old! I've had 2 bypass surgeries, a hip replacement, new knees, fought prostate cancer and diabetes. I'm half blind, can't hear anything quieter than a jet engine, take 40 different medications that make me dizzy, winded, and subject to blackouts. Have bouts with dementia. Have poor circulation; hardly feel my hands and feet anymore. Can't remember if I'm 85 or 92. Have lost all my friends. But, thank God, I still have my driver's license.

LAND &

CALL TODAY

for the best land and cruise packages available and ask for special all-inclusive rates!



CRUISE PLANNERS

YOUR LAND AND CRUISE EXPERTS



CRUISE VACATIONS




PAULA PODRADCHIK

561-498-5461 | 1-877-583-3956

ppodradchik@cruiseplanners.com

www.pcfloridatravel.com

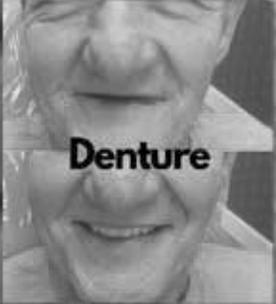
FL ST# 39068 • CST# 2034468-50 • HST# TAR-7058 • WA ST# 603-399-504

Dr. Melissa Bowers

General Dentist



Invisalign



Denture



Veneers



Fillers



9851 S Military Trail Ste I

Boynton Beach, FL 33436

(561) 736-0008

DrMelissaBowers.com

"Our goal is to make your visit as comfortable as possible by greeting you with a smile, listening to your concerns, and providing options for the personalized care you deserve."



DR. MELISSA BOWERS

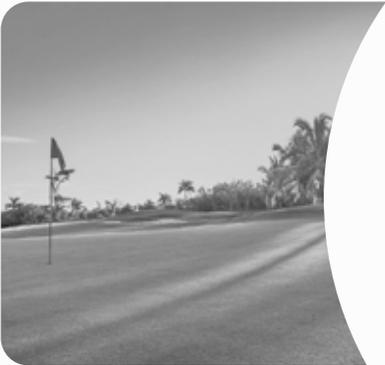
Your Aberdeen Lifestyle Transition Team

SELLING ABERDEEN FOR 10+ YEARS

ABERDEEN GOLF & COUNTRY CLUB

- Work directly with Broker & Owner of Brokerage, No Extra Fees
- Social Media & Print Marketing Experts
Professional Photography-Worldwide Exposure
- Professional Showings-No Lock Boxes
- 30+ Years Team Experience

Representing Sellers and Buyers



An Aberdeen "Success Story"

Adam and Angela were an amazing couple and helped us not only sell our home but find another property that met our requirements. They were always responsive and super helpful in guiding us through the process. They also had a great network to help us with all the processes (title, insurance, inspection, etc). I'd strongly recommend them in a heartbeat. - C & C Ferris

Adam Kogan Broker/President: **561.577.0507**
Dr. Angela Kogan, LLC Realtor®: **561.271.3799**
www.KoganEstateHomes.com

CLHMS
MILLION DOLLAR
GUILD®

INSTITUTE for
LUXURY HOME
MARKETING

MEMBER



Buying or Selling?



Meet Phyllis

201-788-5648

Phyllhof@aol.com

Phyllis Hoffer

Over 25 years Real Estate Experience

24/7 Full Time Agent Aberdeen Resident

FREE Market Analysis, Whether Buying, Selling or Renting

Professional Marketing Of Your Home Including Photography, Brochures & Website Information

Your Home Will Be Listed On Several Websites, Giving You Maximum Exposure



8200 Jog Rd Suite 103, Boynton Beach, FL 33472