



## HAPPY HOLIDAYS



### Aberdeen Country Club News

By: Harry Seaton

How wonderful it is to wake up in the morning to bright sunshine and the warmth of the sun rather than the darkness of night once the clocks were changed back to end Daylight Savings Time. That's what most of us love about being here in south Florida instead of being up north with the gray skies and chilly winds and cold nights. What could be better for us than the casual lifestyle we have here at the Club! It is actually "a quality lifestyle at an outstanding value"! If you don't have a copacetic lifestyle now, you don't know what you are missing!

Members take pleasure in using the impressive facilities of our Fitness, Tennis and Aquatic Center. Lots of work-out equipment ... so many things to do! Not only is exercise so important, but it gives members the opportunity to further their social contacts which are evident by the large number of members sitting, talking and drinking every morning in the refreshment area adjoining the Tennis Viewing Stand. Aerobic sessions are given at the Beach Pool while swimmers make use of the Lap Pool and bathers enjoy the Serenity Pool within the multi-leveled Aquatic area of the Center. There are numerous athletic

*(continued on page 2)*

### Good Debt

By: Dr. Pat Williams (author of the website [profpatt.com](http://profpatt.com)) (Muirhead)

Not all debt is bad. Sometimes debt can be good. I use "good debt" to help me in "times of emergency" or when my investments are doing well and I prefer not to sell them to pay for large purchases (for example, a vacation, a new air conditioner, etc.).

When is debt good? There are three characteristics of good debt:

1. You control the amount and timing of principal payback.
2. The interest rate and/or fees are lower than the current rate you are paying.
3. There is a minimum 12-month payback period. In this way, you can spread your payments out over 12 periods.

Where can you find good debt? If you have a decent credit rating, you probably receive good debt offers in your mail box at least once a week. Credit card companies and banks are constantly issuing "checks" that you can use to payoff existing debt or add a cash deposit to your bank account.

Let's say you want to do some remodeling that will cost \$10,000. You could cash in some of your

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**ABERDEEN COUNTRY CLUB NEWS ...** (continued from page 1)

classes given daily each week, free to all members, at the Exercise Studio with classes available for working members as the Fitness Center is also open late to accommodate them. The staff is friendly and helpful.

Recently, the Club approved a new Resident Non-Member Guest Policy beginning in December, 2016. A member may bring a resident non-member to the Club for lunch or dinner on specific days: Jan. 18, Mar. 5 and one holiday of the member's choice. This new program will be on a trial basis during the 2016/17 membership year. The Club will continue its signature programs, including the Baby Boomer Incentive Program, Lessee Club Amenities Upgrade Program, Friends & Family Program, Non-Resident Membership Program and the Try Golf & Try Tennis Programs. See our Director of Membership if you are interested in any of these programs.

This past month preparation began for another original edition of "Laugh Out Loud" for the spring. The Ladies held their quarterly meet, greet and celebrate Ladies' Birthday Celebration at the Club with dinner, entertainment and dancing for a fabulous evening. Halloween was celebrated with an exciting Elegant Masked Ball. A "Night Under the Stars" evening was scheduled outdoors at the beach entry pool. Thanksgiving would not be the same without

the Thanksgiving Day Dinner Extravaganza. The Club hosted a Fun Day for children in the "Guardian ad Litem" program (county-sponsored) to play tennis, ball and golf events specially designed for them. A real treat! The Ladies and Men golfers held their respective Opening Day Tournaments and Tennis members began the Open Tennis Club Championship rounds of competition. The President's Cup Tournament 3-round event for both Men and Ladies was also played with gross and net winners.

December activities will include the Children's Activity Week, the Holiday Carnival, Christmas Day Brunch Extravaganza, Traditional Chanukah Dinner, Family Bingo Night and the New Year's Celebration. For golfers, the Men's Club Championship and the Ladies' Club Championship matches are scheduled to finish in the Championship Finals during the month. For tennis members the Aberdeen Open Men's and Women's Singles Tournaments will be followed by the Stretch and-Serve-Round Robin.

Clubs and Classics will be meeting again, including AARP Safe Driving Classes, Aberdeen Anglers, Bereavement Workshop, Book Clubs I and II, Cinema Connection, Current Events Club, Love of the Opera Club and the Aberdeen Knitting and Crocheting Club. Save the date of the Aberdeen "Play for Pink" in February which includes golf, tennis, card party and more. For those wanting to experience a great lifestyle, come join us at the Club. Call Rose Cizner, our Director of Membership, at 738-4903, ext. 325 for more information.

**SAVE THE DATE**  
**Monday, March 20, 2017**  
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**Tickets to go on sale the end of**  
**December.**

**GOOD DEBT ...** (continued from page 1)

financial holdings, but you'd rather leave the money invested as you are receiving a good rate of return. A bank sends you checks with the following promotional offer: (1) you can borrow up to \$15,000 at 1.99% annual interest with a payoff date of June 1, 2018, or (2) you can borrow up to \$15,000 at 0% interest for a 3 % fee with a payoff date of February 1, 2018. Since you are borrowing the money for longer than a year (15 months), your effective rate under option two is 2.4%  $[(.03/15) \times 12]$ .

Assume you decide to borrow \$10,000. It is important to completely payoff the debt by the above date-June 1, 2018 for option one, and Feb. 1, 2018, for option two. If you do not, whatever amount remains unpaid is subject to an APR of 22.24% under either option.

To assure your account is zero by that date, it is best to make systematic monthly payments. For example, if you select the second option, your total payment is \$10,000 plus the \$300 fee, or \$10,300. To avoid any interest charges, you must payoff this

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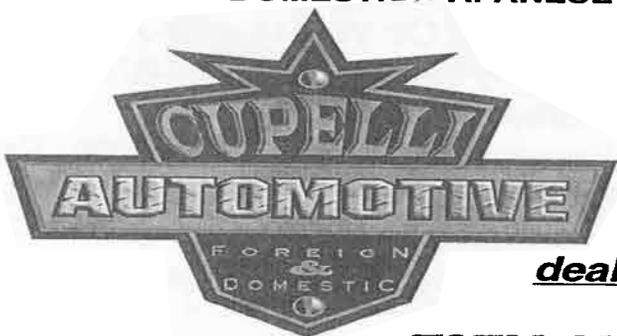


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## As I Age

Submitted By: Sheila Hyman (Sterling)

1. I talk to myself, because sometimes I need expert advice.
2. Sometimes I roll my eyes out load.
3. I don't need anger management. I need people to stop pissing me off.
4. My people skills are just fine. It's my tolerance of idiots that needs work.
5. The biggest lie I tell myself is, "I don't need to write that down, I'll remember it."
6. When I was a child, I thought nap-time was punishment. Now it's like a mini-vacation.
7. The day the world runs out of wine is just too terrible to think about.
8. Even duct tape can't fix stupid, but it can muffle the sound.
9. Wouldn't it be great if we could put ourselves in the dryer for ten minutes; come out wrinkle-free and three sizes smaller. (THIS IS MY FAVORITE.)
10. At my age "Getting Lucky" means walking into a room and remembering what I came in there for.

## GOOD DEBT ... (continued from page 3)

amount before Feb. 1, 2018. If the bank check is dated Nov. 1, you will receive 14 monthly bills before final payment is due. By paying \$736 per statement (\$10,300/14), the loan will be paid off before the final due date.

**A word of caution:** carefully read the terms of the agreement. It makes sense to borrow only if you are receiving a higher return on your investments than on the fees and interest associated with the debt. Additionally, once you've accepted the offer, do not use the credit card again until the loan is paid off. If you do, your new purchases are last in the payoff queue and will be charged interest, as in the example above, of 22.4% until the original loan is paid off.

**Classifieds Ads will be accepted to appear in the Aberdeen Times starting with the January 2017 edition. Ads may be submitted to: John Pagliarini, 561-596-1714, email [jp8230@aol.com](mailto:jp8230@aol.com)**

1. Three (3) lines maximum
  2. A description of the item for sale and a price
  3. The telephone number to call
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 Thursday, December 22, 2016  
 Thursday, January 5, 2017  
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## Sharing With Sheffield

By: Ruth Krawitz

It's that time of the year again, when people are planning what gifts to buy, for whom, and how much to spend! Newspaper articles are written about useless gifts we buy and the exorbitant amounts we spend. The suggestion is, that, instead, we open our hearts rather than our wallets. A few holidays back, I wrote about this in my own column, giving thought to "The Gift of Caring" giving TIME and LOVE and ATTENTION to someone who is in need. The list of suggestions, particularly in Communities in which we give, is endless; but to mention a few ... visiting a shut-in, bringing a meal or a cake or a book, relieving a caregiver for an hour or two, running errands, taking the person shopping or for a ride ... This whole concept was brought to mind so vividly just recently, when we all endured the fright and effort of preparing for Hurricane Matthew. Truth to tell, many of us were alone and feeling useless. Well, in my case, along came Sheffield Good Samaritan, Steve Toback, who called me shortly after arriving from

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**SHARING WITH SHEFFIELD ...** (continued from page 4)

his summer hiatus to make sure I was well and prepared for Matthew. He went out and purchased the updated batteries I needed for my various hurricane-related gadgets, installed them, and then checked the house to make sure it was storm-ready. Afterwards, I learned that he had visited the homes of 2 other neighbors to check their needs. This is the essence of "The Gift of Caring." Steve gave me a gift I will never forget. (If you encountered Good Samaritans during the hurricane crisis, let me know and I will gladly publish your stories.)

In recognition of the holiday season and the giving of gifts that cost nothing and give pleasure, I am giving you "The Gift of Words." They are not my words this time, but those of a very bright columnist who knew how to take the thoughts and feelings of his constituents and turn them into simplistic, meaningful abbreviated language that captured their essence and made us nod and smile in agreement. Andy Rooney from CBS's 60 Minutes, was that guy. He always spoke about what he learned. Listen to him! Learn from him! He was a stellar word master!

**I've Learned ...**

- That when you're in love, it shows.
- That just one person saying to me, 'You've made my day!' makes my day.
- That having a child fall asleep in your arms is one of the most peaceful feelings in the world.
- That being kind is more important than being right.
- That you should never say no to a gift from a child.
- That I can always pray for someone when I don't have the strength to help him in any other way.
- That no matter how serious your life requires you to be, everyone needs a friend to act goofy with.
- That sometimes all a person needs is a hand to hold and a heart to understand.
- That simple walks with my father around the block on summer nights when I was a child did wonders for me as an adult.
- That money doesn't buy class.
- That it's those small daily happenings that make life so spectacular.
- That under everyone's hard shell is someone

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**SHARING WITH SHEFFIELD ...** (continued from page 4)

who wants to be appreciated and loved.

- That to ignore the facts does not change the facts.
- That when you plan to get even with someone, you are only letting that person continue to hurt you.
- That love, not time, heals all wounds.
- That the easiest way for me to grow as a person is to surround myself with people smarter than I am.
- That everyone you meet deserves to be greeted with a smile.
- That life is tough, but I'm tougher.
- That opportunities are never lost; someone will take the ones you miss.
- That when you harbor bitterness, happiness will dock elsewhere.
- That I wish I could have told my mom that I love her one more time before she passed away.
- That one should keep his words both softer and tender, because tomorrow he may have to eat them.
- That a smile is an inexpensive way to improve your looks.
- That when your newly born grandchild holds

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your little finger in his little fist, you're hooked for life.

- That everyone wants to live on top of the mountain, but all the happiness and growth occurs while you're climbing it.
  - That the less time I have to work with, the more things I get done.
- Pithy truisms from a master!
- To all of our readers, a happy, healthy holiday season, and New Year!

**Canterbury Communique**

By: Dee Levy

Greetings from the Canterbury community! Yes, it's December, the month of the Winter Solstice, and the month of festive holidays, including Christmas, Hanukkah, and Kawanzaa.

New Year's Eve, also known as "Sylvester" in both Europe and Israel, will mark the end of what has been a memorable year. A tumultuous U.S. presidential campaign and election, Britain's departure from the European Union, the Syrian refugee crisis, the spread of the Zyka virus, the death of Shimon Peres and Elie Wiesel, the award of the Nobel Prize for literature to Bob Dylan, and Queen Elizabeth's 90th birthday celebration were amongst the notable events of the year. Needless to say, it is our hope that many of the problems encountered in 2016 will be resolved in 2017!

On the local scene, the Canterbury Board of Directors continues to work hard to improve the community. Many thanks to Ellen Nesin, Carol Collins, Lou Levy and GRS Management representative Jose Armstrong for their dedicated service. We also extend Belated Birthday Greetings to Marjorie DeMartino (mother of Carol Collins), who celebrated her 92nd birthday on Oct. 28. It should

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**CANTERBURY ...** (continued from page 8)

be noted that Marjorie is the author of the children's book "Freddie the Turtle", in which she also did all of the illustrations. Sylvia Goode (Suzanne Thaler's mother) also celebrated her birthday in October. At 102, Sylvia, who had always been musically inclined, is still playing the piano and singing. We wish Marjorie and Sylvia a very Happy Birthday!

In getting to know our neighbors, we continue with our plan to spotlight a different Canterbury resident each month. This month, we prevailed upon Joan Lassman to share an interest or life-experience with us. Joan submitted the following narrative:

"Not a day goes by that someone doesn't approach us with that famous question. They'll see us together, do a double take, point, smile and stare. Then they'll ask: 'Are you two sisters or twins?' We can't help but laugh and respond, 'Both.' Being a twin draws a lot of attention.

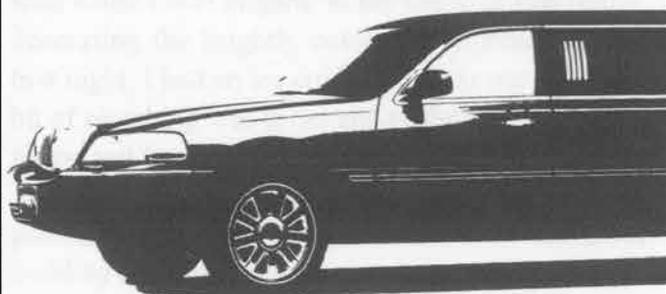
"My twin, Jean and I have come to realize over time that we are part of an amazing subculture based on a bond that's deeper and different than that of any other. An incredible world of 'we' and never 'I.' People ask all the time what's it like to be an identical twin? What's it like to have someone who looks and sounds exactly like you? A double, a clone, a kindred spirit? For me, it's been a wonderful blessing! Being a twin means never being alone or being lonely. A unique camaraderie which connects us both physically and emotionally. Not just having the same face but the harmony of our laughter, the synchronicity of our walk and the communication of a single glance are just a few of the many traits of our common kinship or as we like to call it 'Twinship.'

"Growing up we did all the fun twin things most people ask about. We dressed alike and often switched places, as well as classes in school. We always enjoyed playing tricks and practical jokes on people. Come to think of it, we still do!

"Unlike non-twin siblings, growing older hasn't just brought us closer together it has helped us understand the closeness we've always had. It has also meant, always having an unconditional, best friend. So if you see me and my best friend around the community, please say hello and don't worry about getting our names right, we both always respond to either."

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**TURNBERRY ISLE ...** (continued from page 10)

a hilarious production of "The Sensuous Senator." Though not written for the most recent election climate, it drew laughs for some amazing parallels. Thanks to Joyce Meltz for chairing the event, which was preceded by a lovely lunch at Henry's.

Also in October, we had a demonstration of 3-D art at our monthly meeting. It's an intricate process, but some of our members hope to produce something special with their newfound knowledge.

November found us preparing for our annual philanthropic project -- Christmas for Caridad. We have been supporting this clinic and its educational programs since 1998 and continue to adopt families for the holidays. Caridad's outreach, which began as a medical clinic for the working poor, mainly farm workers, now encompasses the entire community of families which need help. Our own Sheila Van Wyk continues to run the educational program. Recently, she and other Turnberry volunteers have been pleased to see some of our former students who are enrolled in college or serving in the military.

December is on our calendars for the first Turnberry High Tea. Last year, Mary Wexler hosted a tea for PAP that was hailed as a huge success. Now,

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**CANTERBURY ...** (continued from page 9)

In closing, we want to thank Joan for sharing a significant life-experience. She and her twin, Jean, are indeed fortunate to have such a warm and meaningful relationship. We also want to extend Season's Greetings to all our Aberdeen friends and neighbors, and wish everyone a HAPPY, HEALTHY AND SAFE NEW YEAR 2017!

**Turnberry Isle**

By: Sherry Morris

After a busy summer and fall (both days of it), we enter the FL "high season" with many planned activities to keep us busy. We welcomed most of our winter residents back last month. Many asked why it was still in the high 80s when they arrived. Assured by certain groups that there is no such thing as global warming, we year-rounders had no good answer.

But ... we did have answers to the annual question, "What do you have planned for us this year?" The hard working board members of our Turnberry Isle Women's Club had the answer. In September, we met at Rhoda Schwartz's home to reveal our plans. First up was an October trip to the Delray Playhouse to see

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**TURNBERRY ISLE ...** *(continued from page 10)*

Mary has offered to be the hostess for another such tea for TIWC at her home on December 9. We will attend as proper English ladies with gaily adorned hats, which we decorated at our November meeting.

We have postponed our annual Progressive Luncheon until March, as the winter calendar got filled with a January tour of the Caridad Center, a white elephant night and an upcoming yoga demonstration.

Book Club is having another good year. Our last

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selection was Orphan Keeper by Cameron Wright. The book is based on the true story of a young boy kidnapped from his village in India and adopted by an American family. The November meeting was at the home of Anita Ostrow and facilitated by Mitzi Brown. Upcoming for December is our annual holiday party and a discussion of the biography of Abigail Adams by Lynn Withey, titled Dearest Friend.

We wish all our neighbors an active and happy year.

**Harbour Lights**

By: Wendy Latman

Greetings from The Harbours!

It's December in PARADISE! The election is behind us. Thanksgiving is behind us. Now it's time to enjoy the holiday season in beautiful weather that allows you to stroll the many decorated downtowns without the bulk of winter outerwear and shivering cold air.

Of course, December also means many more cars on the road and many more people walking around those charming downtowns. That's why those of us who live here all year round love the summer. It's the

*(continued on page 12)*

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**HARBOURS LIGHTS ...** *(continued from page 11)*

best kept secret in S. FL. Don't tell the snowbirds!

Whatever holiday you celebrate, we hope it brings you cheer and good health. And certainly, we want to take the time to wish everyone a Happy, Healthy New Year.

A Harbours Phenomenon: Dog Buggies throughout the Aberdeen East community; we see people walking their dogs, but in the Harbours, we have a regular group of pet owners who walk their dogs in strollers. They can be seen strolling at various times of the day, spanning the Harbours' roads. This is highly unusual as most people take their pets out for exercise and to relieve themselves. But in this case, the pets are taking their owners out for a stroll.

Carriages are used for many reasons, not the least of which is the dogs are aging just like their owners and need a little help, and some dogs have arthritis or cataracts and find it hard to walk or see on the roads. And I've heard, particularly in the summer, the asphalt can be really hot on their paws.

These pet owners have become great walking buddies, and probably know more people in the Harbours than anyone else. Everyone stops to say hello to the dogs and the petparents.

Get to know your neighbors.

Judith Gordon, a resident of the Harbours for 3 and one half years, has met a lot of wonderful people living here. She originally comes from Brooklyn, NY, moving to Dayton, OH, later going to Ohio State University where she met her husband and moved back to Long Island, NY. She raised 3 children and when thinking of retirement, decided to move to FL 33 years ago. She now has 7 grandchildren, 5 of whom live in Lake Worth and Wellington.

Judith has been active in religious and civic organizations throughout her life and held high offices many times. She continues to work part-time as a Financial Assistant, which she has been doing for 15 years for a school based out of the country. She also works part-time as an interior decorator known as "The Frugal Decorator."

All in all, Judith loves living in Aberdeen and life is enjoyable.

On a not so happy note:

We would like to extend our condolences to Gert Geremia and family, on the passing of her husband Daniel.

A few of our year-round residents have had recent

*(continued on page 14)*

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### **HARBOURS LIGHTS ...** *(continued from page 12)*

surgeries or hospital stays. We hope this newsletter finds you all recuperated and ready for a happy holiday season.

Residents who would like to share their news or let your neighbors know a little bit about your interests, please e-mail your information to Wendy Latman: [wlatman@bellsouth.net](mailto:wlatman@bellsouth.net)

Hospitality Committee of The Harbours @ Aberdeen

### **The Sunny Shores**

By: Estelle Morganstein

Following the annual request for submission of applications for board membership, the Shores HOA annual general meeting was held in November. Since there were no new applicants to run for the board, the following were returned to office by acclamation for the 2016/2017 calendar year and re-elected by your board members to the following positions:

David Littman - President  
 Estelle Morganstein - Vice-President  
 Diane Greenberg - Secretary  
 Pam Breier - Treasurer  
 Barbara Ladd - Member-At-Large  
 Joan Nicolazzo - Member-At-Large

Barbara retains responsibility for our community web site and is chairing the By Law Revision Committee; Joan is in charge of our Pest Control program.

Over the last 5 years, approximately 30% of our community of 106 units has changed ownership. In order to encourage attendance at our Homeowner Association meetings, the board has been holding several evening meetings to accommodate working residents, and is now sending email reminder blasts to everyone. Since each meeting covers the state of

our finances, issues facing the Villages of the East and our Master Association (the POA), and our own community's upkeep and well-being - including road repairs, roof issues, landscaping updates and structural painting and insurance among other concerns - every homeowner has a vested interest in keeping up-to-date with happenings in The Shores. Please make every effort to attend as many meetings as you can.

Our new mailboxes have now been installed in every cul de sac and we have received nothing but compliments on their appearance. Your HOA is now in the process of identifying potential improvements for the coming year and we will keep you advised as decisions are made.

News from your Aberdeen East VOE Board: a new heater in the Isles pool, new annual flowers beds at our main entrance and holiday decorations on display in the Club House. If you are interested in taking the Mature Driving Course (which can bring down your car insurance costs) being offered Feb. 23, from 9-4 PM, please sign up at the clubhouse.

#### **NEIGHBOR NEWS:**

We have recently lost some long-time residents. We would like to offer condolences to the Lewis, Kruger, Goldberg, Gee, Gettes and Jensen families.

On a happier note, welcome to Susan and Matthew Brennan, who recently purchased a unit in Court F, Evelyn and Gary Ambler, who moved into our community this summer and are busy renovating, and Darlene Pfeiffer, who moved up from further south.

A welcome back to all snowbirds and a happy and healthy holiday season to everyone!

### **It's Happening in Dorchester**

By: Carol Baron

They say that time flies when you are having fun. I guess I must be having a ball. This is the Dec. 2016 issue of the Aberdeen Times and I do not know where this year has flown. The good news is that we are here to acknowledge so much that has taken place.

Among the good things was the celebration of Saul LeVine's 80th birthday. He was surrounded by friends and Dorchester neighbors at Benvenuto's Restaurant for an evening filled with fun, music, good

*(continued on page 15)*

**IT'S HAPPENING ...** (continued from page 14)

friends and delicious food. Now that's the way to do it. And then, the Levine's headed for NYC to attend the Balloon Inflation Party in order to view the giant balloons and floats featured at Macy's Thanksgiving Day Parade. All this, with their grandchildren and relatives.

Harvey and I have not been having a fun time. We had a flood from underground pipes that involved our hot water pipes. Yes, the hot water was turned off, so showers happened at the Club. Thank you Aberdeen CC. Then we had to locate where the broken pipe was and relocate the hot water pipe. At last we could take a shower at home. Then ... the contractors had to remove the baseboards and dry out the walls and carpet. OYE! Finally, the contractors had to deal with the insurance company. We are told this should

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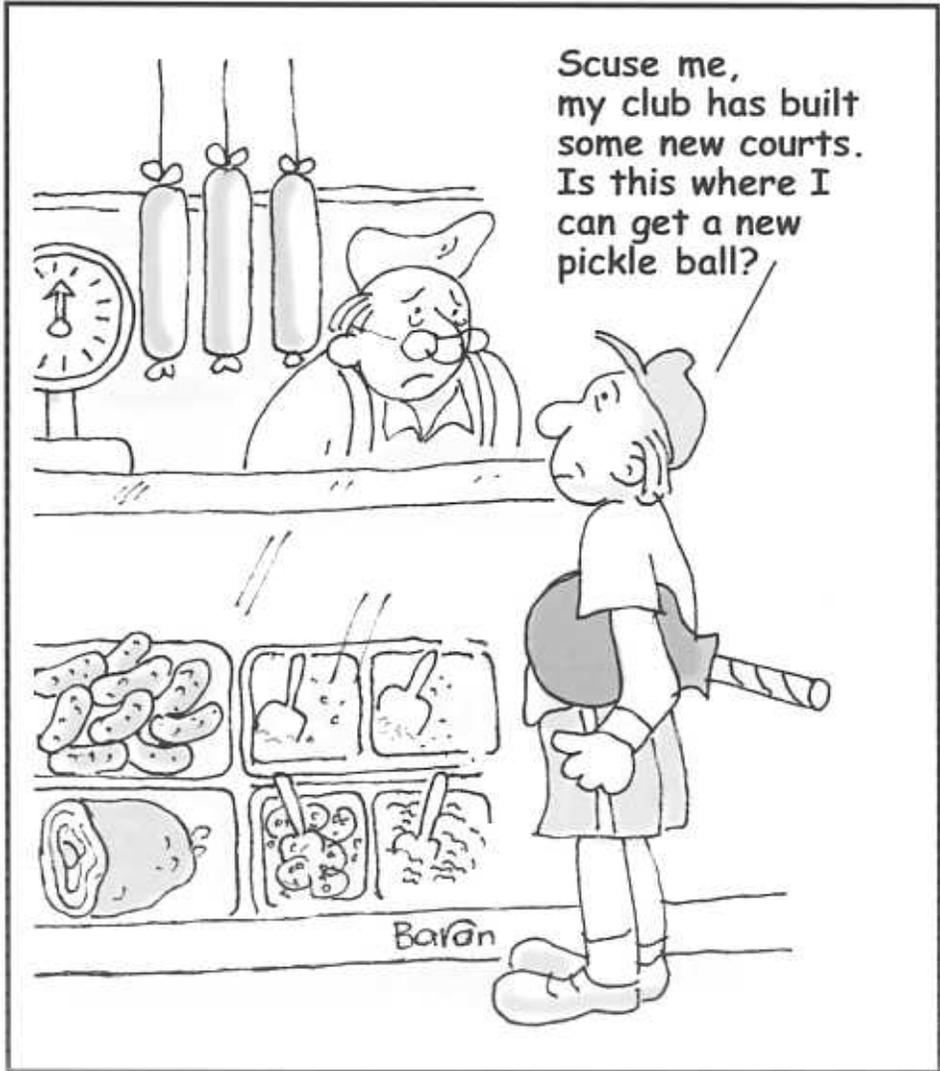
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be completed by the end of this year. SUCH FUN! And now I hear there is another family dealing with a similar problem. They have our empathy. Fortunately, we are all good swimmers.

On a happier note, we are happy to report that Sy Goldstein, who had back surgery recently, is on the mend. Looking forward to seeing him walking Chloe again and maybe even taking his wife, Phyllis, dancing.

**Harvey Baron's Early Bird Special**



Dorchester would like to welcome the Crupi family to our community. They have moved into 7653 Dorchester Road. So happy to have them with us. We missed welcoming another resident, Robert Maniello, who lives at 7773 Dorchester Road. We are delighted to have him with us, as well.

Now that we have all celebrated Thanksgiving, we know that this holiday was more than just food. Hopefully, many of us have made up a list of how we can give back to enrich the lives of those who are not as fortunate as we. You can pick the people, the charity or a person or group that has been there for you, and yes ... give back this year.

Just around the corner before the end of 2016 we wish all our friends and neighbors, who celebrate Channukah and Christmas, a healthy, happy, loving and fun filled holiday and the same for the next 365 days in 2017.

## Circling The Coves

By: Mary Chuzi

Are you wondering where 2016 went? Dr. Seuss poetically exclaimed, "How did it get so late so soon? It's night before it's afternoon. December is here before it's June. My goodness, how the time has flown. How did it get so late so soon?"

Maybe we don't express it so cleverly, but most residents have been in the midst of holiday activities since Halloween, and with Thanksgiving gone and Christmas Day and Hanukkah both on the 25th of this month, it has been one event after another. Aren't we fortunate to live in such an accessible area of FL and in such an active community?

The Coves bid adieu to several residents in October; however, closings were too late to be included in the November column. We said good-bye to Don and Yvette Keegan, who were long-time Coves residents. We are so grateful to Yvette for her many years and expertise on our Board of Directors.

*(continued on page 17)*

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**CIRCLING THE COVES ...** (continued from page 16)

She served as secretary, taking meticulous minutes at each meeting, and authored and facilitated the sending of Coves e-blasts. Also moving away in October were Maryann Cotagno and Lise Demers. We welcome new residents Mark and Debora Tietbohl, Alan and Melissa Binaghi, and Joseph and Patricia Avendano. We hope they are enjoying our friendly community.

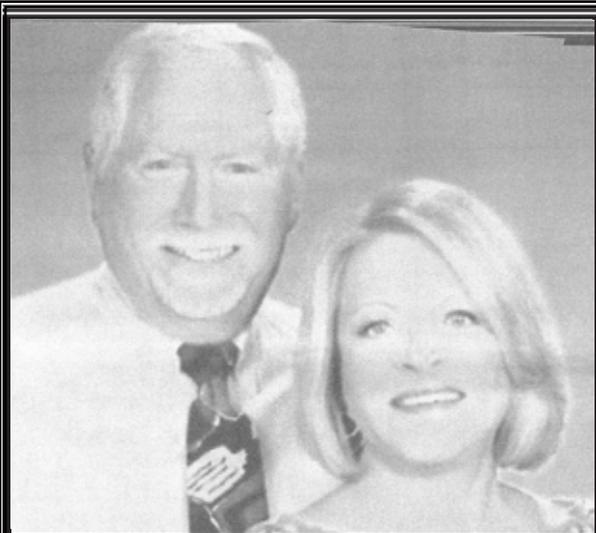
Speaking of new residents, there is another new entity to welcome. As of Dec. 1, 2016, The Coves welcomes a new management company. After months of consideration and interviews, Capital Realty Investors, Inc. of Palm Beach Gardens, has been hired as our new Property Management Company. Mr. Bill Haas is the name of our new Property Manager and you will have a chance to meet him at a Dec. 14th Open House. This Meet & Greet Open House, at which Mr. Haas and the Capital Realty Management team will be introduced and take questions, will be held at the East Clubhouse at 7:00 PM. Light refreshments will be served. Please

(continued on page 18)

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**CIRCLING THE COVES ...** *(continued from page 17)*

plan on joining us for this wonderful opportunity. We thank GRS Mgmt. for over 20 years of service with The Coves. We are quite confident you will be pleased with Mr. Haas "and company."

By now, our walks and stairways have been pressure-washed and are company-ready for the holidays. With the influx of seasonal residents and guests, please remember to leave all guest parking spaces facing the buildings available for GUESTS, and park your second cars in one of the many available spaces facing the East and West berms. Keeping your porch lights on at night will not only create, a safe and welcoming atmosphere, it will help discourage the trespassers and groups of people using the Coves just to "hang out" as they did in late October. A Palm Beach County Sherriff's Deputy sent the 5 cars and their occupants away. Car vandalism in complexes was rampant in early November in the Lake Worth area, so be alert and keep cars locked. It also goes without saying to remember to break down all those gift boxes and shipping cartons that will arrive during the month before disposing of them. Overflowing dumpsters are always an issue during the winter months when our buildings are fully occupied. Just use common sense and courtesy for "the next guy."

I would love to share your holiday happenings in this column. Please submit your entries to [phcmhc@comcast.net](mailto:phcmhc@comcast.net). In the meantime, Merry Christmas and Happy Hanukkah. Winter in S FL is a delightful time of year. Enjoy every moment before it "soon becomes too late."

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**Moorings Matters**

By: Eileen Hahn

Thanksgiving leftovers should be eaten by now and the antacids put back in the drawer. Our residents celebrated without any Native Americans at the table, and the Cleveland Indians had nothing to cheer about; those in N DK are still protesting the pipeline. Many of us traveled: Mitzi Licht and Simon Glastein to Lexington MA to dine with her children, Joe and I to Philadelphia where our granddaughter & her husband hosted their first Thanksgiving, Marilyn and Alfred Lubell and Isabelle and Don Rubenstein flew from NY, tried our delightful weather and got on the plane to return for the holiday with their children. Real travelers are Joan and Vince Marini who vacationed in Destin, went on to Ecu MS, to visit their son, and on to San Antonio to celebrate with family. Our travel experts, Laura and Jon Unger, were going all the way to the Isles.

Visitors have started to test the water and Simon Glastein's family, 18-strong, were in town a few weeks ago, that's 3 generations visiting him. Carol Carleton's

*(continued on page 19)*

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**MOORINGS MATTERS ...** (continued from page 18)

sister came from Seattle and I'm sure she enjoyed our unlimited sunshine. We welcome back Ruth Joseph and Linda and Jim Pagoulatos and wish them speedy recoveries here.

Some more pleasure from adult children - Flora and Jack Miller's son, Marshal, is director of Winding River Productions and was the recipient of the national award for "Reach MD" in NY. Now for the circle of life -- Best wishes to Marilyn and Alfred on the birth of granddaughter, Simone, who will be named Thanksgiving weekend and to Charlotte and Jerry Kahn on the birth of their great-granddaughter, who almost came as a 62nd anniversary present.

We mourn the passing of long-time resident, Betty Jacobs, who had been in Fort Meyers near her son Harvey Wallet, ex-husband of Sally, and brand new owner, Connie Braverman, who never got to enjoy our community.

Our meet and greet Mooring representatives, Charlotte Kahn and Joanne Moustakas planned a get-together recently and new resident invitations went to Carmen Beaverman, Catherine Columbia, Jack and Vivian Ionetta, Judith and Irwin Margolis, Charles and Carmela Nixon, Eileen Ortman, Harriet and Lawrence Rabinowitz, Susan Stein, and Marie Unrah-Baumiller. We wish them many happy years at the Moorings!

**Welcome to Waterford**

By: Cathy Goldenberg

The rabbits are hopping; the birds are chirping and palm trees are swaying! Where, you ask? Why, Waterford At Aberdeen, of course. It's an exciting time in our community. We're energized, renovating and sprucing up. Not just in our community, but in our homes, as well. Our hard-working Board of Directors have been diligently running around installing a new

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digital guard gate, renovating the pool restrooms, painting and pressure cleaning all sidewalks and driveways.

The Waterford Social Committee is also on the move. It meets on a regular basis continuing to plan and host all Waterford social activities. In September, 40 residents participated and enjoyed a poolside Happy Hour. In November, several residents and guests attended the Waterford At The Movies event in Delray Beach. The Annual Waterford Pool Party is scheduled for Jan. 2017.

To further our digital community status, the Waterford website, [waterfordataberdeen.com](http://waterfordataberdeen.com) is in

(continued on page 20)

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**WATERFORD ...** *(continued from page 19)*

continual motion with news and updates. We have added several new pages, including a photo gallery and community events page. Residents are enthused by the capability to keep abreast of the happenings in their community.

As you travel through our hamlet, listen to the wind. It's a gentle breeze echoing the sounds of neighbor greeting neighbor, happy announcements, fun conversations, friends saying "hello" to returning friends and smiles to welcome new residents. We welcome our new neighbors: Walter Doyle, Jr., Denise Toriello, Seth and Dany Lane and Peter Agati.

We extend good health wishes to Steve Ackerman, Marvin Guberman and Roz Klein. On a sad note, we offer heartfelt condolences to Barbara and Howard Weiss on the loss of their son.

So, when you enter Waterford, don't be surprised when someone honks, waves, or stops to say "hello." Even better, come visit us. The coffee is perking; the ice tea is brewing and the conversation is waiting. It is Home!

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**The Hampton**

By: Nancy Rosenstein

Congratulations to Stanley Glazer and his wife, Gerry, on Stanley's 90th birthday. What a milestone! Stanley is a former board member and president. Have a great birthday, Stanley, and if you need help blowing out those candles you know who to call.

We want to welcome our latest new members of the community ... Becky Stauffer and Dale and Mar-

*(continued on page 21)*

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**THE HAMPTONS ...** (continued from page 20)

ty Krulick. Welcome to FL and the Hamptons!

We mourn the passing of Eleanor Mailman and Milton Schertz, significant other of Marian Moskowitz.

Attention readers ... we are starting a Book Club, the first meeting is at Connie Lamendola's at 8224 Cassia Drive on Jan. 1st. The book to read is: "Green on Blue" by Elliot Ackerman.

Get well wishes to Sheila Cherry, Dave Price and Sheryl Rapport.

Thanks again to Ellen Gold and Janet Friedman for being so helpful in contacting me with news for our column.

Congratulations to Harry Rosenstein on being honored by the NY Giants, at Giant Stadium at the Opening Game of the Season. He was celebrated for being a Giant Subscription - Ticket-Holder for 60 years. His picture was on the scoreboard. Harry has 6 Season Tickets. He has given them to our daughter Heather and her family as we are only able to go to a few games since we moved here. You are only allowed to give them to a blood relative; he had to

show his Birth Certificate, my daughter's birth certificate and her marriage license. Really complicated. He also had an article written about him by George Willis a sports writer for the NY Post on Sept. 9, 2014. The NY Post is the "Bible of Sports Fans," and you can see him reading the Post at the Club pool. He has a lending library for his sports fans.

Our son, Michael, from Margate, NJ, was part of the Operation BBQ Relief in NC. They were there for a week feeding 100,000. He was recruited by his friend, Dave Marks, the owner of "Famous Dave" BBQ. I know that at the end of the week he had pizza. Kudos to all the fantastic volunteers.

Holiday times are right around the corner and Barbara and Bill Whitelaw will celebrate with their children for Christmas and New Year's in Costa Rica. Nice change of scenery!!!

By now, we know who our new president of the U.S. is. What a contentious election! I am a Canadian by birth, so I am a convert to American citizenship. Boy, I wouldn't have missed this one for the world.

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**Ashford App**

By: Leah Keitz

My first attempt to write this article in the airport in Rochester NY seems to have been lost in that never-never land of cyber space, so I am writing another.

Neal and I had the pleasure and excitement of watching our 17-year-old granddaughter from AZ play in a women's ice hockey tournament. Her team won the championship and she got one of the goals.

Jane Casden spent the summer months on the beach in South Jersey enjoying the quiet and reading



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lots of books. Her time with her family was precious to her and she looks forward to this every year. Marty Phillips spent some time there also, but had the chance to visit with his children in NY as well.

Laurie Wohl has been busy getting her house in order as she has settled into her new life here in Aberdeen. Just in case she isn't kept busy enough with

the fitness center, the aquatic center and canasta, Laurie is a valued volunteer at a local hospital as well as serving on a special community project with the PB Sheriff's Dept. Oh, by the way, she also is a card-carrying member of The Lion's Club and has been instrumental in rejuvenating that local group. Welcome to Ashford, Laurie. What did we do without you!

Marilyn and Stan Gilman celebrated their 50th anniversary this summer up at the Cape.

We are noticing lots of landscaping projects going on in our community as newer residents create their dream gardens. As you drive through the community, take a look.

At this writing, we have a new president elect. Let's not let this recent political campaign and its results divide us.

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**Sterling Lakers**

By: Sheila Hyman

Well, by now, all you "birds" and "flakes" should be here. We did miss you!

Firstly, I'd like to wish happy birthday to Ellie Newman and Honey Karasyk.

New residents, please let me know your birthday month, so I can add you to our birthday list.

We have another new resident. My goodness, are

*(continued on page 23)*

**STERLING LAKERS ...** (continued from page 22)

we changing our neighbors fast! Welcome to Joel and Judy Lukow.

Get better wishes to Dot Shaker. She is the true bionic woman. Get better wishes also to Ellie Newman. She is running 2nd place to Dot as a bionic woman. And last but not least, good health wishes to our own Stan Cohen.

Just a bit of news from me. I went to the 75th birthday celebration of my high school in Brooklyn, NY., Midwood High! We spent the morning at the school seeing all that was new and old. The chorus sang the old and "new" alma maters. Midwood is still the only HS in NYC that has a program that continues from the past. Students can go to that school by application as well as community residence. Boy, are they growing the girls big and beautiful now! I believe Midwood was the birth of 'SING'. We produced many famous people in the music field as well as in comedy and literature. The evening festivities were held at a hall in Park Slope. 400 people attended, a great turnout! There may be about 10 or more graduates from Midwood living in Aberdeen, but I was the only who went to the celebration.

If you have any news to share, please e-mail it to me; that is how I get the info to put into this article. Also, if you read this article it would be nice to hear from you. I only get comments from non-Sterlingites.

My e-mail is [domino7887@yahoo.com](mailto:domino7887@yahoo.com).

**Addison Green News**

By: Stephanie Baker

We are excited to announce the addition of 10 new families to our 140-home neighborhood and are glad they have chosen to layout their welcome mats here! Jim and I are new to Addison and we are loving our new home and our friendly neighbors. Lexi and Chloe have made many friends too. Snowbirds are returning slowly as evidenced by newspapers and cars in the driveways.

The October Ladies Birthday celebration had 180 attendees and many of our new Addison ladies are among the best dancers and revelers in Aberdeen.

January 2017 will see the start of the house-painting schedule; 30 homes will be repainted at a time, on a rotating basis. Much work is being done on the privacy wall bordering Gateway, with repairs,



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power washing and painting in the plans.

Comcast has begun laying underground cable which will eventually provide faster internet service.

The Addison HOA and homeowners take great pride in the beautification of our community. We even have our own bicycle security peddling throughout our neighborhood, thanks Mr. and Mrs. Vitale.

**Brittany Lakes**

By: Judit Ungar

One of my favorite activities in Aberdeen is sitting in our den, looking out at the palm trees and the lake in our back yard.

We came back home 3 days ago and it is as beautiful as I remember.

Our visit this past summer with family and friends in NY was wonderful, but coming home, it was the icing on the cake. Having our grandson sleep over each weekend, going to the park, and eating pizza at Gino's, was a wonderful routine, but, Jack could not wait to get back to playing Stickball. When we are in Aberdeen we miss our NY friends, and when we are in NY we miss everyone in Aberdeen.

I have to admit, we get to eat a great deal no matter where we are.

Another day in paradise. Sunshine, sitting by the pool, waling under the palm trees, tai chi, book club, opera, movies, more food, political discussions, celebrations, family and friends visits, golf and tennis, afternoon naps, and so much more.

We wish you all good health and happiness and hope you all enjoy your time together. Join our family as we enjoy this amazing way of life.

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(561) 638-7628**“It’s Happening” at the Pap Corp**

By: Marcia Levitz (Muirhead)

One of the best reports we can give at this time about the Pap Corps is that the Sylvester Institute (sponsored by the Pap Corps) is attracting more unique and experienced doctors than ever before. Our goal, of course to find a cure for cancer in our lifetime.

Right now, we have at the Sylvester Comprehensive

Cancer Center of the Miller School of Medicine, U. of Miami, the only pancreatic institute in the entire state of Florida. Our physician researcher, Dr. Ashok Saluja, is Sylvester’s Pancreatic Research’s Inaugural Director. He has not 1 or 2 but was given 5 grants to do Pancreatic Cancer Research. He was at Harvard for 20 years and UMA Medical School’s Professor of surgery. Renowned for his work on the pathogenesis of pancreatic cancer, Dr. Saluja has drawn 25 skilled and able assistant researchers from all over the world to help him in his effort. Sylvester is ranked #1 in the country for studies in this field and we are very proud to have gained the reputation of being a competitive comprehensive cancer facility.

We have a #1 ranked facility here in Deerfield Beach but also have satellites in Miami, Kendall, Plantation, Hollywood, and a new one in Coral Gables. Deerfield’s Sylvester is presently starting to expand its services to include all the areas of research presently being done at Jackson/Miami.

Enabled through donations, Sylvester purchased another building next door and will have 2 pharmacies: one for research and one to take care of all the various treatments that might be needed. The coordinator in this effort is Kathryn Bailey. She is in charge of outreach into communities to bring local doctors to Deerfield at least once a week as well as coordinating second opinions for those patients who would like one. Kathryn is currently the Executive Director of ambulatory oncology.

The statistics for contracting cancer are high, but early detection and the advanced research, which has put our Southern Florida Sylvester Comprehensive Cancer center at the forefront of research and treatment in the country, ranked #4 in the country, and #1 in Florida, places our survival rates as good if not better than other major institutions. With the enlarged center in Deerfield Beach, you will no longer have to travel to Miami to get the help you or your loved ones may need.

For more information, please contact Lisa Weinstein, Aberdeen Pap Chapter President.

**Trivia**

Submitted By: Pat Bergrin (Waterford)

1. Only 14 miles apart, which 2 sports have Halls of Fame in Cooperstown and Oneonta?
2. What famous suffragette said, “Bicycling has done more to emancipate women than anything else in the world”?
3. What sport became part of the Olympics at the 1998 Nagano Games?
4. Who overcame a childhood case of polio to become widely regarded as the greatest golfer of all time?
5. What U.S. city is known as the birthplace of baseball?
6. How many goals does a hockey player have to score for it to be called a “hat trick”?
7. When boxing in the Olympics, how many rounds do competitors go?
8. What is the only Grand Slam tournament played on a clay court?
9. How many games were played in the 2016 World Series and who won?
10. In the U.S., the term Triple Crown usually refers to thoroughbred horse racing, consisting of the Kentucky Derby, the Preakness Stakes and what third race?

*(answers on page 34)***HAPPY  
HOLIDAYS**



## Bridge - Try It, You'll Like It

By: Lew Roth (Sheffield)

Continuing with the theme of having fun this season, I was playing a game of social bridge with my wife, Leslie, our son, David, and his wife Cassi. Cassi and I were partners. David and Cassi are relatively new to bridge, but they both know most of the popular bridge conventions. David is a very disciplined engineer with a solid math background and a very conventional (no pun intended) bridge player, just like his mother. For the most part, he knows, understands, and follows all the rules. Cassi, on the other hand, like me, stretches the rules and takes unconventional (though well thought out) risks from time to time.

So, Cassi picks up this hand:

- ♠ Q 10 4 3
- ♥ K, 9 3 2
- ♦ J 6 5 3
- ♣ 8

I open 1 No Trump. Now Cassi knows full well she needs 8 points or more to bid the Stayman Convention ... but she only has 6. But, being Cassi, she says to herself ... what could go wrong if I bid 2♣? If my partner has 4 Spades, great. If he has 4 Hearts, also great. If either of these is true, he will bid at the 2 level and I will PASS.

But, what if he doesn't have a 4-card major? Well, he is obligated to bid 2♦ ... also great. If he doesn't have a 4 card major, he is likely to have Diamonds. He cannot PASS, so I cannot be left in a terrible 2♣ contract. So, Cassi, without realizing it, re-invents the Garbage Stayman bid. I happen to have 4♥, so I bid 2♥ and Cassie PASSES.

I gave Cassi one of my infamous facial expressions, suggesting that she must have made an error. She knows that I have, on the average, 16 points and she

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must have at least 8, so I'm about to reprimand her for not bidding at least 2 NT or 3♥ to see if there is a game possibility when she puts down her hand.

When I see the hand, instead of reprimanding her, I congratulate her on using the Garbage Stayman convention which, by the way, she never heard of.

So, let's review this convention.

Your partner opens 1 No Trump and the opponent Passes. If you hold 4♠, 4♥, 4♦, and 1♣ or alternatively, 4♠, 4♥ and 5♦ and have 7 points or less, you bid 2♣.

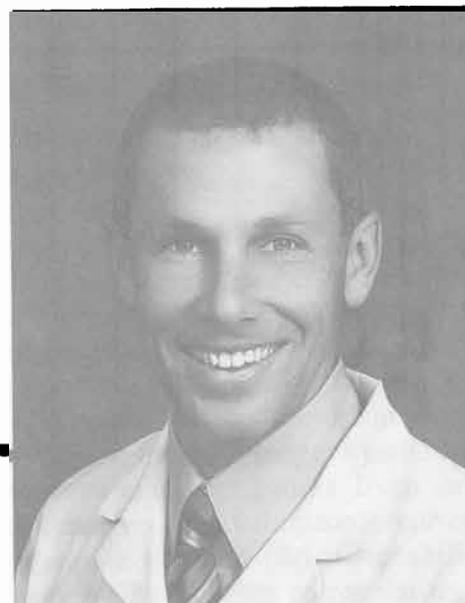
Generally speaking, holding a singleton or a void, you will be better off in a suit contract rather than No Trump. Whatever your partner bids next, you PASS. It's a rare occurrence, but does pop up from time to time.

Let's look at a couple hands that might be suitable for this convention.

- |          |          |          |            |
|----------|----------|----------|------------|
| ♠A 5 4 3 | ♠5 4 3 2 | ♠5 4 3 2 | ♠5 4 3 2   |
| ♥5 4 3 2 | ♥5 4 3 2 | ♥5 4 3 2 | ♥5 4 3 2   |
| ♦5 4 3 2 | ♦5 4 3 2 | ♦5 4 3 2 | ♦6 5 4 3 2 |
| ♣2       | ♣2       | ♣A       | ♣          |

Never use this convention if you have 5♠ or 5♥ since a transfer bid will usually turn out better.

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By: Rob Tanenbaum

With one enormous glass ceiling finally shattered by women last month, it's time to break down the last remaining one: understanding why men love sports so much.

So this is to you, my fair ladies, who have spent your lives sometimes perplexed, sometimes angry and often feeling isolated as your husband/son/father/grandfather spent seemingly every free second of their lives sitting in an easy chair or a couch in front of a TV, watching other men running around chasing, throwing or hitting different shaped balls ... or each other.

The inspiration for this journey, which frankly discloses my own behavior for decades as well as literally hundreds of other men I've known, was the seventh game of last month's World Series, won by the Chicago Cubs over the Cleveland Indians.

The Series didn't evoke strong emotions for me because it was played between 2 teams I neither root for or against. Most of the first 6 games were long and boring. But the 7th game built to a crescendo that captivated and satisfied as the experience spread from

late into the night into early the next morning.

This game had an epic comeback to tie the game by the Indians in a no-hope-at-all situation. Ninth-inning heroics didn't materialize. As the game went into extra innings, as if the fans needed a pause to reset their emotions, heavy rain started falling and the game was delayed. When it restarted, Chicago scored twice and the hero was a mostly anonymous pinch-runner whose smarts and hustle led to 2 runs. The Indians didn't go quietly and pushed a run across before finally dying heroically.

For Chicagoans, it ended a 108-year drought without a World Series title, setting off massive emotional celebrations that you didn't have to be a Cubs fan to understand and appreciate. And thus this event is prototypical of why sports reflects the human spirit and we men sit in the easy chair or on the couch waiting for the next magical moment.

Let me break down the reasons why, so you better understand:

1. It's real. Sports is reality television at its best. It's in real time. No scripts. No directors. The outcome is final and fulfilling.

*(continued on page 27)*

**BLEACHER SEAT ...** (continued from page 26)

2. It's human. The experience of playing sports is universal. While almost all of us cannot compete at that level, we all understand and appreciate the skills on display. We understand the elation of victory and the harshness of defeat. All events include mistakes made by the players, the coaches, the referees and even the announcers.

3. It's our heritage. Most of us religiously root for the teams our parents and grandparents rooted for. Most of us pass that passion down to the next generation. And thus we are connected to the past and the future.

4. It's historic. Few of the events we watch are on the epic level of a World Series 7th game. But collectively, every game we watch can create an emotion or a memory. A seemingly mundane event can turn significant with a fantastic finish, a never-seen-before play or a long-standing record broken.

5. It's exciting. When I watch sports, most often I'm quiet no matter what the situation. If I yell, it's generally at an incompetent referee or TV announcer.

But inside I get insanely nervous. I've been with others who constantly yell at the TV over almost every play. No matter how you display your passion the need to feel passion is addictive and doesn't fade as you age.

6. It's a path to communication. In my experience, women are more likely to connect more quickly, more openly and more easily than men. Sports is one of the simplest ways for men to bond and sometimes the only way.

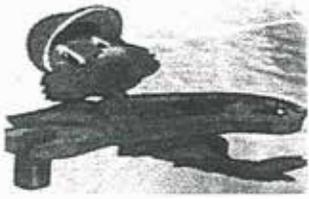
So, the next time you look at a favorite man sitting transfixed on the TV and you know it's a hopeless task to try to reach him, at least you'll know why. But you should ask yourself, would it be so bad to join him?

If you want to give it a try, here's my advice. Just learn the basics. You probably know most of them

(continued on page 28)

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**BLEACHER SEAT ...** (continued from page 27)

already. Don't concern yourself with knowing intricate rules and strategies. You don't have to know the infield fly rule (baseball) or the pick and roll (basketball). You can always learn in the future with his guidance.

Do concern yourself with the human element of sports. Learn about the players and the coaches; knowing their strengths and weaknesses, their back stories, their accomplishments and setbacks and seeing how they perform is what makes each game special.

I used to detest the sport of soccer as boring and repetitive. Seven years ago I started following Inter Milan and became as passionate about the team as any other I've rooted for. I don't like the sport much more than I used to but I watch it regularly. I got to know the players. I can judge when they do well and do poorly. I even care enough to yell at the referees and the announcers.

I just don't know anybody at Aberdeen who'll watch it with me.

But you don't have that problem. You don't need to spend another weekend afternoon alone. Get your own easy chair. Grab a seat on the couch. Yell or don't yell at the TV. Let yourself get nervous. You've already found your passion, so go sit next to him.

**Didja Know**

Submitted By: Pat Bergrin (Waterford)

1. Kenneth Bone, the nerdy undecided voter in a red pullover, who questioned the presidential candidates on their energy policies in the October debate, became an instant internet hero, appeared on Jimmy Kimmel and received an offer to star in a porn film.

2. An Alabama man revealed in a widely shared Facebook post his deep regret for getting a "Feel the Bern" tattoo on his penis to support presidential candidate Bernie Sanders. "It seemed like a good idea at the time," Joshua Hughes said.

3. Iraq's Transport Minister has claimed his country's new airport will be built on the site of a Sumerian spaceport built by aliens 7,000 years ago. At a press conference, Kazern Finjan told journalists that ancient Sumerians were extraterrestrials who interbred with earthlings and used the site in southern Iraq for trips to and from the stars.

(continued on page 29)

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**DIDJA KNOW ...** (continued from page 28)

4. Ancient Roman coins have been discovered in the ruins of a medieval Japanese castle -- and no one knows how they got there. Engraved with a portrait of the 4th-century Roman emperor Constantine the Great, the 5 copper coins were found in Katsuren Castle, which was built on Okinawa in the 13th century.

5. Samsung said that it is ceasing production of its explosion-prone Galaxy Note 7 smartphone just 6 weeks after the device went on sale.

6. "YOLO," an acronym for "you only live once," was officially added to the Oxford English Dictionary. Other new entries include "splendiferous," "gender-bender," and "moobs," used to describe unusually large male breasts.

7. Alabama officials implemented a new policy that will punish borrowers who fail to return library materials with up to 30 days in jail. A library official noted that \$200,000 worth of books and DVDs haven't been returned.

8. Amtrack responded to a passenger who was stuck in one of its elevators 7 months ago. "We're sorry to hear that," the company tweeted to the tweet sent by Amanda Carpenter. "Are you still in the elevator?"

9. A Kansas man allegedly robbed a bank at gunpoint because he preferred being in jail to going home to his wife. Police said that after Larry Ripple, 70, stole \$3,000 from a Kansas City branch, he sat down in the bank's lobby and told a security guard, "I'm the guy you're looking for." He was charged with bank robbery and released; it is not known if he went home to his wife

10. Problem with smelly footwear'? Put a tea bag in your shoe. It's a great way to reduce odor in sneakers and other shoes. The tea bags absorb the moisture and the smell.

**Historic Event: Part IV. Investigation on Sinking of Battleship MAINE: Naval Court of Inquiry**

By: Mickey Gussow (Waterford)

The naval court of inquiry conducted its first meeting on Feb. 21, 1898, on board the light house tender MANGROVE in Havana, to find the cause of the sinking of the MAINE and persons responsible. Captain Sigsbee, commanding officer of the MAINE, prepared his case in carefully qualified statements. He assumed there was little coal in the forward bunkers. All regulations on the stowage of inflammables and paint and the disposal of waste and ashes were strictly enforced. All the fire alarms worked. And he had ordered the placement of guards to safeguard the ship from unwelcomed boarders. From his testimony, the court thought that he was unfamiliar with the engineering complexities of the ship, though it considered him a good seaman and brave man.

There was no doubt that an explosion took place on one or more of the forward magazines of pow-

(continued on page 30)

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**HISTORIC EVENT ...** (continued from page 29)

der charges for the ship's guns. There were 4 logical possibilities: internal accident, internal deliberate act, external accident, or external deliberate act. If the explosion was external, the force from outside the ship had to be strong enough to detonate part of the magazine.

The ship was well-disciplined so there was no reason to think that anyone on board had deliberately destroyed the ship. Divers had found the keys to the magazine in the proper place in Sigsbee's cabin. This meant that no one was in the magazines after they had been properly secured.

If the court accepted the testimony of Sigsbee and his officers, the internal causes for the explosion were ruled out so that only an external force could have set off the magazines. And for this external cause, the wreck itself offered the best evidence. But analyzing the damage was very difficult because diving conditions were poor, visibility was bad, and the water was filthy and almost opaque. Further, the pieces of twisted wreckage were not only difficult to identify, but also capable of cutting life lines and air

hoses.

After consultation with a naval architect and detailed review of the ship's drawings, it became possible to describe the major characteristics of the damage. A most baffling problem was the massive upheaval of the ship about 59 feet from the bow. The keel had been driven upward so that it looked like an inverted V at a location just forward of the magazine that had exploded. The court confronted a key question. Could a magazine explosion alone cause the damage to the keel or could a mine have detonated the magazines? The court believed that a mine likely had set off the explosion.

President McKinley, Secretary of the Navy Long, Congress, and the nation anxiously awaited the findings of the court of inquiry. Captain Sampson, president of the court, was not in a hurry to release the findings. He was holding sessions behind closed doors. Regulations specified that not even McKinley or Long could receive information until the court had completed its findings.

(continued on page 31)

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Heating	Included
Thermostat/Humidistat	Included
Refrigerator	Included
Icemaker	Included
Cold Water/ Ice Dispenser	Included
Oven/Range (includes self-cleaning)	Included
Microwave Oven (built-in)	Included
Garbage Disposal (replacement - 1/2 HP)	Included
Plumbing & Electric (2 Baths)	Included
Extended Plumbing	Included
Dishwasher	Included
Washer/Dryer	Included
Water Heater (up to 40 gallons)	Included

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Freezer (separate)	\$25.00
Trash Compactor	\$15.00
2nd Refrigerator	\$25.00
Instant Hot	\$15.00
2nd Air Conditioner (up to 4 tons)	\$45.00
2nd Air Conditioner - Replacement (each additional - up to 4 tons)	\$45.00
2nd Water Heater (up to 40 gallons - each)	\$20.00
Water Heater - Replacement (up to 40 gallons - each)	\$35.00
Yearly A/C Check-Ups (each)	\$35.00

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**HISTORIC EVENT ...** (continued from page 30)

McKinley could not wait for the court to finish its work before taking steps to prepare the nation for war with Spain. On Mar. 8, he and Long directed Rear Admiral O’Neil to put the Bureau of Ordnance on a war footing. The next day he placed a \$4 million order for ammunition. Congress too was active by unanimously appropriating \$50 million for defense.

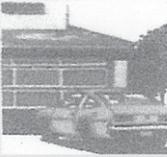
The court held its last session in Havana on Mar. 15. When it finally completed the investigation, the court returned to Key West on Mar. 17.

The court’s findings were written in only a few pages. It concluded there had been 2 explosions. The first one lifted the forward part of the ship and forced the keel into an inverted V. This could have happened, the court wrote, only by the explosion of a mine placed under the bottom of the ship. The second explosion had folded back the main deck and was caused by the magazine. The court was unable to find any evidence blaming the sinking of the MAINE on any person or persons.

On Mar. 28, the report, complete with transcripts

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of the testimony, was sent to Congress and released to the press. The findings of the report were one factor, among many others, that influenced President McKinley and Congress to declare war with Spain.

The next article will describe some theories offered debunking the court’s conclusion that a mine sunk the MAINE.

**Disappointed My Dad**

By: Vincent Marini (Moorings)

Circa 1946, during my sophomore year at Fordham Prep, I told my dad I wanted to leave the Prep. He was devastated. He knew some students were failing and being expelled. When I told him that was not my situation, he requested a meeting with Mr. Muldoon and Mr. Leonard, 2 of my instructors who were on track to the priesthood. They told Dad I was not failing and although not an “A” student, my grades were good. When they asked why I wanted to leave, I used the “pressure is getting to me” excuse. The truth was I had become a pool hall junkie, having fun making a few bucks playing eight ball and did not want to study, a necessity for moving on at the Prep.

The debate continued for the next few weeks

(continued on page 32)



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### **DISAPPOINTED MY DAD ...** *(continued from page 31)*

with my Dad and the 2 Jesuits trying to convince me to stay the course. They lost the battle; the winner would be determined at a much later date. My Dad left the last meeting with a broken heart.

Since I was only 16 and not leaving Fordham to join the workforce, I agreed to complete my high school education at De Witt Clinton. I was certain 2 years at a public high school would be a piece of cake compared to the Prep. I thought if I attended class every day at Clinton, I would not have to study and could continue my extra-curricular activities, which included playing pool, cards and chasing girls.

However, I was not motivated, became lazy and attended class 3 times a week, cutting class the other 2 which gave me even more time for non-scholastic activities. On my cut-days, my buddies and I would travel to NYC from the Bronx to see Live Stage Shows at the Paramount Theatre.

For 55 cents, before 1 PM we could see many of the Big Bands - Tommy Dorsey, Harry James, Benny Goodman - and a movie. I saw Frank Sinatra a couple of times and became a fan for life.

The toughest part of my senior year was keeping my girlfriend, Joan Buttitta, a secret from my family, until I graduated from high school. I did not want her presence to be blamed if I did not get a Diploma.

I graduated from De Witt Clinton in 1948.

What happened after graduation? Stay tuned ...

### **The Family That Runs Together**

(EXERCISE)

Your decision to train for a marathon isn't good just for you; it may also be good for your spouse. New research led by the Johns Hopkins Bloomberg School of Public Health finds that if one spouse improves his or her exercise regimen, the other

spouse is significantly more likely to follow suit. "When it comes to physical fitness, the best peer pressure to get moving could be coming from the person who sits across from you at the breakfast table," says Laura Cobb, co-author of the research. The study's findings suggest a better approach to encourage physical activity might be to counsel married couples together instead of individually. The American Heart Association recommends that adults exercise at a moderate intensity for a minimum of 150 minutes per week, or at a vigorous intensity for at least 75 minutes per week.

### **Screening for a Deadly Foe**

Johns Hopkins Health Review, 2016

(PREVENTIVE CARE)

Lung cancer kills more Americans than colon, breast, and prostate cancers combined. In 2015, the disease claimed more than 150,000 lives in the United States alone. Why so lethal? Lung cancer is resistant to most therapies, and it's typically diagnosed too late. Early detection could save your live - and there's proof.

Using low-dose CT scans to screen high-risk populations for lung cancer cuts the risk of death from the disease by 20 percent, according to an influential study that was published in *The New England Journal of Medicine*.

Lonny Yarmus, director of interventional  
*(continued on page 34)*

### **Questions for Prof Pat**

"Prof Pat is Dr. Patricia Williams, a retired financial accounting professor, who has graciously consented to write a column from time to time, answering questions concerning financial matters. Prof Pat also blogs on her website [www.profpat.com](http://www.profpat.com) on money issues for those in or near retirement. If you have a financial question that you would like answered in this column, please send it to [questions4profpat@gmail.com](mailto:questions4profpat@gmail.com)."

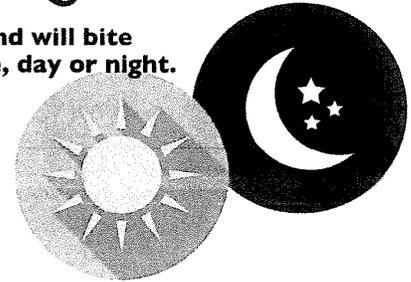
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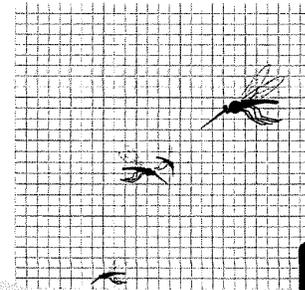
# MOSQUITOES

can live indoors and will bite  
at any time, day or night.



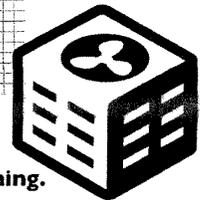
Keep doors and  
windows shut.

Keep mosquitoes **outside**.

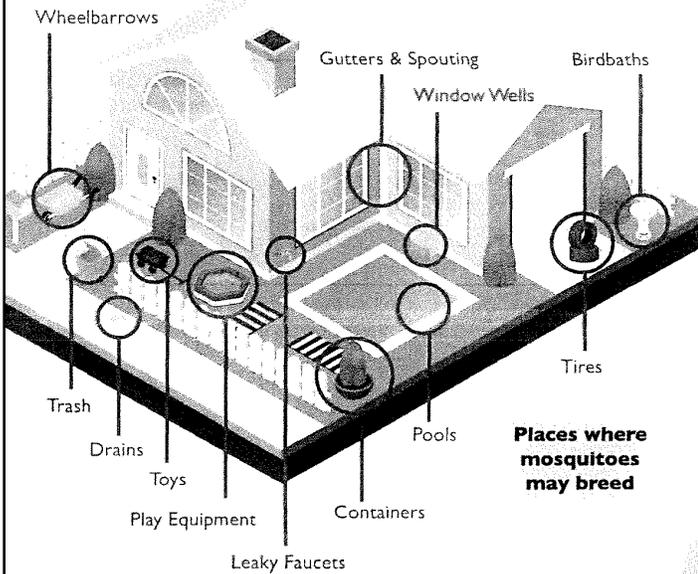


Keep screens  
on all  
windows.

Repair holes  
in screens.



Use air conditioning.



Places where  
mosquitoes  
may breed



**Cover**  
Skin with  
**long-sleeved shirts  
and long pants.**  
**The arms, legs and  
heads of babies and  
small children.**  
**Cribs, strollers or  
baby carriers with  
mosquito netting.**

Preventing the spread of  
mosquito-borne illnesses  
is a two-step approach:

- 1. Protect yourself from getting a mosquito bite** using methods outlined on the right.
- 2. Prevent mosquitoes from breeding** around your house by eliminating sources of water they can live in. Spraying with insecticide does not eliminate "container mosquitoes," the type of mosquito that could carry Zika Virus, Dengue Fever, and Chikungunya.

Use EPA-approved **insect repellents**

- Follow package label instructions.
- Do not use on babies younger than 2 months.
- Do not put on a child's hands, mouth, cut or irritated skin.
- Do not spray onto a child's face—spray repellent onto your hands and then smooth onto the child's face.
- Spray clothes and gear with an EPA-approved insect repellent like permethrin for extra protection.



**Check around your home and yard to remove any standing water that is accumulating in containers.**

**SCREENING ...** (continued from page 32)

pulmonology at Johns Hopkins Bayview Medical Center, says it's not just current smokers ages 50+ who should be screened but anyone over the age of 50 with a history of heavy smoking and other risk factors, such as exposure to radon and a family history of lung cancer.

**Short-Sheeting Sleep**

Johns Hopkins Health Review, Spring-Summer 2016

(SLEEP)

Scientists have confirmed what insomniacs, on-call health care workers, and parents of newborn babies have suspected for years: Night after night of interrupted sleep makes people really grumpy.

In a study by the Johns Hopkins School of Medicine, 62 healthy men and women were randomly assigned to three consecutive nights of either forced awakenings, delayed bedtimes, or uninterrupted sleep. After the second night, those forced to awaken experienced a 31 percent drop in energy levels, sympathy, and friendliness; the delayed bedtime group showed a 12 percent decline.

Patrick Finan, a Johns Hopkins psychologist, says the study shows that interrupted sleep can be cumulative.

The problem is that disrupted dreamers don't get enough "slow-wave sleep" to feel refreshed. "Many individuals with insomnia achieve sleep in fits and starts through-out the night, and they don't have the experience of restorative sleep," Finan says.

To wake up happy, aim for quality over quantity, assuming you have a choice in the matter.

**Florida Code**

Submitted By: Toby Wolberg (Oxford)

We have alligators here in Florida and they WILL bit you. Don't be stupid and try to feed or pet one.

When a hurricane is headed our way, even though you have advance warning and you are told to be prepared, you're not a true Floridian unless you wait until the absolute last minute to go to Home Depot to pick up plywood or to Publix to stock up water, ice, and potato chips.

You know how to spell Okeechobee. There is an Okeechobee Lake, Town, County, Blvd., Street and Avenue.

A true Floridian does NOT own a boat. They make friends with someone who already owns one. That way you don't have to deal with any of the headaches.

You weren't born here. If you were, you're angry that anyone else has moved here.

There's always a Walgreens across the street from a CVS on nearly every corner - with more being built every day.

It's normal to sweat when you are putting up your holiday decorations.

In south Florida the four seasons are summer. Jupiter is a city, not a planet.

Seniors have to do their errands during the weekdays ... not weeknights or weekends ... that's for the working folks.

**Trivia Answers ...** (continued from page 24)

- |                        |                        |
|------------------------|------------------------|
| 1. Baseball and Soccer | 6. 3                   |
| 2. Susan B. Anthony    | 7. 4                   |
| 3. Snowboarding        | 8. French Open         |
| 4. Jack Nicklaus       | 9. Chicago Cubs and 7  |
| 5. Hoboken             | 10. The Belmont Stakes |

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